

Fall 2015

New Parks & Recreation Online Registration Site Coming Soon!

Starting this coming Winter Brochure, you will no longer need your existing Login ID numbers and Account PIN! Set up will be easy! More details will be available in November.



General program registration starts on Wednesday, **August 19**, at 9:00 am.
Swim and evening Water Aerobics registration begins Thursday, **August 20**, 9:00 am.
Don't waste time standing in line! Register with eConnect or Touch-Tone telephone.
Faxed and mailed registrations processed at random. See page 66.



Maple Grove Parks & Recreation Board

www.maplegrovmn.gov 763-494-6500
12951 Weaver Lake Rd, Maple Grove MN 55369



MAPLE GROVE PARKS AND RECREATION BOARD

Parks and Recreation Board office.....	763-494-6500
Chair: Timothy Phenow	763-420-6465
John Ferm	763-464-2757
Ken Helvey.....	763-416-2049
Bill Lewis.....	763-494-4084
Troy Nygaard.....	763-420-0256
Deb Syhre.....	763-420-7258
Terry Sharp	763-420-9374
Council Representative: Phil Leith.....	763-425-1414

PARK BOARD MEETINGS

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

PARKS AND RECREATION BOARD STAFF

Director	Terry Just
Superintendent of Recreation	Mark Saari
Superintendent of Parks and Planning.....	Chuck Stifter
Administrative Supervisor.....	Patty Anderson
Park Supervisor	Scott Roberts
Recreation Program Specialist.....	Michelle DeBace
Recreation Facilities Supervisor	Jeanne Vestal
Special Events & Volunteer Coordinator	Deb Coss
Senior Citizen Coordinator.....	Kris Orluck
Community Center Manager	Lisa Jost
Community Center Operations Supervisor ..	Frank Weber
Community Center Facility Coordinator	Paul Mertes
Community Center Aquatics Supervisor	Lisa Gedker
Community Center Aquatics Coordinator.....	A. Vassar
Youth Outreach Coordinator.....	Tanya Hilger
Playhouse Preschool Teacher	Gayle Selsback

Reduced Fee Recreation Program

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

HOLIDAY CLOSURES

The Parks and Recreation Board office will be closed on the following days:

- Monday, September 7 (Labor Day)
- Wednesday, November 11 (Veterans Day)
- Thursday & Friday, November 26 & 27 (Thanksgiving)
- Friday, December 25 (Christmas)

PHONE NUMBERS

Main number	763-494-6500
Website	www.maplegrovmn.gov
Ballfield Reservations.....	763-494-6560
CC Birthday Party Packages.....	763-494-5966
CC Group Reservations, Room Rentals	763-494-5969
Central Park of Maple Grove.....	763-494-6474
Eagle Lake Bldg Reservations	763-494-6507
Ice Arena Office	763-494-5968
Park Concerns/Questions	763-494-6502
Park Reservations	763-494-6507
Program/Game Status Recording.....	763-494-5959
Sports Dome Reservations.....	763-494-6480
Touch-Tone Telephone Registration	763-420-3662
Town Green Reservations.....	763-494-5969

SEND US YOUR EMAIL ADDRESS

Interested in getting the latest updates on Parks and Recreation programs and activities? All you need to do is send an email with your name, home phone and email address requesting to have your email added to the system. Send information to:

parks@maplegrovmn.gov



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Registration Information

Registration Start Dates

Registration General program registration begins on **Wednesday, August 19** at 9:00 a.m. This includes online, touch-tone telephone (763-420-3662), mail-in, fax and walk-in. Swim and evening Water Aerobics registration begins on **Thursday, August 20** at 9:00 a.m. See [page 66](#).

E Indicates electronic registration is available.

Are you a resident?

Residents are citizens who live or work full-time within the City of Maple Grove boundaries. Some programs do include a \$5.00 per person non-resident fee in addition to the activity fee. See program details. Resident rates apply to only the person who works in the City of Maple Grove. Family members are not included.

General Information

- Each class has a minimum and maximum enrollment. Classes will be cancelled if minimum enrollment is not met.
- If a class is full, call 763-494-6500 to be placed on the waitlist. If an opening comes up, we will call from the waitlist in the order that they were received.
- Instructors are not authorized to accept registration at the activity location.
- **Class fees are not prorated for late registrations.**
- Parks & Recreation will charge a \$30.00 fee for all NSF checks.

Refund Policy

- **Requests for refunds must be received at least three full business days before the first class session.** There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place. In that instance, you need to notify the office of the person replacing you.
- Full refunds will be issued for all classes or trips cancelled by Parks and Recreation.

Corrections and Updates

Staff makes every effort to ensure each issue of the brochure is free from errors, however there are times when errors or revisions in program details do occur. We appreciate your patience and understanding when these situations do occur.

Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.



Youth Athletic Associations

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.



BASEBALL/FASTPITCH SOFTBALL

Organization: OMGAA - Osseo Maple Grove Athletic Association
Program: House Leagues - BB/FP Ages 9-18
Traveling Teams - BB Ages 10-15 & FP ages 9-18
Information: at www.omgaa.org

BASKETBALL

Organization: OMGBA - Osseo Maple Grove Basketball Association
Program: House Leagues - Grades K-12
Traveling Teams - Grades 5-8
information: www.omgba.net

HOCKEY

Organization: OMGHA - Osseo Maple Grove Hockey Association
Program: House Leagues - Ages 4-15 (4 by 7/1/15)
Traveling Teams - Ages 9-17
Information: www.omgha.com

SOCCER

Organization: Maplebrook Soccer Association
Program: Traveling Teams - Ages 19 & under
Information: www.maplebrooksoccer.com

FOOTBALL

Organization: OFA - Osseo Football Assn
MGYFA - Maple Grove Youth Football Assn
Program: House Leagues - Grades 2 - 8
Information: www.osseofootball.org
www.mgyfa.com

SWIMMING

Organization: NHCP Swim Club
Program: Competitive Swimming - Ages 6 - 18
Information: www.teamunify.com/mnnhcp

WRESTLING

Organization: Osseo Area Youth Wrestling
Program: Pre-Kindergarten - grade 6
Information: www.osseoyouthwrestling.org

TENNIS

Organization: Maple Grove Crimson Tennis Assn. Inc.
Program: Youth, ages 14 and older
Information: mgcrimsontennis@yahoo.com

LACROSSE

Organization: Maple Grove Lacrosse Association
Program: Youth, grades 3 - 8 traveling
Contact: www.mglax.com
www.opcgirlslacrosse.com
MG Girls Lacrosse (contact Haley Corradi)
corr0205@umn.edu



OSSEO MAPLE GROVE HOCKEY ASSOCIATION

2015-2016 REGISTRATION

The Osseo-Maple Grove Hockey Association provides an organized youth hockey program for boys and girls living or attending school within the Maple Grove and Osseo High School boundaries. The Osseo-Maple Grove Hockey Association is designed to teach basics through advanced skating and hockey skills and to develop teamwork and sportsmanship.

*Players must be 4 years old as of July 1, 2015 to participate in OMGHA.

All new players must provide a copy of their government-issued birth certificate and/or school enrollment documentation for those living outside District 279 before their registration will be complete.

On-line registration will be available through OMGHA starting August 15, 2015 for all new and returning players.

Walk-in registration - check www.omgha.com for details.

See the www.omgha.com website for all your registration questions.



OSSEO MAPLE GROVE BASKETBALL ASSOCIATION

2015-2016 REGISTRATION

Boys and girls in grades K - 12 and live in the Osseo High School or Maple Grove High School attendance area. Registration is done online at OMGBA website, www.omgba.net at the online registration link. For further information regarding these programs, season dates and fees, check the OMGBA website, www.omgba.net.

Maple Grove Community Center MEMBERSHIP SALE

November 1-10

SAVE 15%

Save an **ADDITIONAL \$10 OFF**
when you register on-line!

ALL-BUILDING MEMBERSHIP

- The Grove Cove Aquatic Center features an indoor leisure pool with a zero-depth beach area, water spray activities, tot slide and 130 ft waterslide.
- The indoor lap pool features a 25-yard lap pool with five lanes, volleyball net, rope swing and climbing wall open during scheduled times.
- The outdoor leisure pool features a zero-depth beach area, lazy river, tumble buckets, water walk, tot slide and interactive water sprays.
- The Maple MAZE Indoor Playground has four levels of climbing with 28 features for kids to slide down, crawl over and through. A larger toddler area for ages three and under with activity panels, molded animals and a tot slide.
- The gymnasium is scheduled primarily for open basketball and open pickle ball.
- Open ice skating, adult open hockey, low test figure skating and dead ice.

NEW! Pickleball Membership.
See page 37 for details.

All Building Membership	RESIDENTS		NON-RESIDENTS		Course Codes
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$175	\$148.75 / \$12.40	\$195	\$165.75 / \$13.81	#52113 All Building Individual
Adult	\$195	\$165.75 / \$13.81	\$235	\$199.75 / \$16.65	#52113 All Building Individual
Family	\$375	\$318.75 / \$26.56	\$475	\$403.75 / \$33.65	#52111 All Building Family



POOL MEMBERSHIP

Access to the Grove Cove Aquatic Center featuring the indoor and outdoor pools as described above.

Pool Membership	RESIDENTS		NON-RESIDENTS		Course Codes
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$135	\$114.75 / \$ 9.56	\$160	\$136.00 / \$11.33	#52112 Pool Individual
Adult	\$160	\$136.00 / \$11.33	\$185	\$157.25 / \$13.10	#52112 Pool Individual
Family	\$325	\$276.25 / \$23.02	\$375	\$318.75 / \$26.56	#52110 Pool Family

Sign up on-line. It's quick and easy.

- An **account PIN# and Login ID#** is required to purchase a membership online. To set up new account to get a PIN # and Login ID or for questions call 763-494-6500 or 763-494-6508.
- Open our website at www.maplegrovecommunitycenter.org then click on "Memberships"
- Click "eConnect"
- Click "Activities"
- Enter the **course code** listed above.
- Membership information will be displayed. Add the course to your basket and make payment. Payment is made in full with a VISA, Mastercard or Discover card.

AUTOMATIC RENEWAL is available when using the direct payment plan through a checking account. This payment plan requires patrons to register at the pool desk and bring a voided check with you.

A cancellation fee of \$25 fee applies in the first year of the membership.

Town Green - 'Summer's Not Over Yet'



Mondays at 7:00 pm - Usher in the Week

August 10 Dirty Shorts Brass Band

New Orleans style jazz

August 17 The Gordon Lightfoot Tribute

Wednesdays at 7:00 pm - Find the Joy

August 12 The Rockin' Hollywoods

rock n' roll 50s-80s

August 19 Salsabrosa

salsa music and free dance lessons at 6:30 pm

7991 Main St N
Maple Grove MN
763-494-6500

www.maplegrovern.gov



Thursdays at 11:00 am - Celebrate the Family

August 13 Kidpower with Rachael
music & live animal show

August 20 Tricia and the Toonies
fun family music

Fridays at Sunset - Movies by Moonlight

August 14 *The Croods*, rated PG

August 21 *101 Dalmations (1961)*, rated G

August 28 *Guardians of the Galaxy*, rated PG-13
co-presented with MarcDaniel Salon

Sept. 4 *Big Hero 6*, rated PG

co-presented with Chick-fil-A

Sept. 11 *The Birds (Alfred Hitchcock)*, rated PG-13

Sept. 18 *King Kong (1933)*, unrated

Rainout announcements 763-494-5959 and on Facebook.

Events are subject to change.

Look for us on Facebook!

No smoking. No alcohol.

**Information about renting the Town Green for family
or business events, call 763-494-5969.**

'Your Recreation Destination'

Birthday Parties



**Come celebrate your child's birthday at the
Maple Grove Community Center**

The Basic Party Package Includes:

- A decorated party room for 90 minutes
- Paper products (cups, sporks, plates & napkins)
- Beverages (soda or juice boxes)
- Place settings for five adults
- A t-shirt for the guest of honor
- Choose 1 or 2 activities in one of the following areas: the indoor playground (the Maple MAZE), Grove Cove Aquatic Center pools or ice skating.

The fee is \$100 for up to 10 youth and \$5.00 for each additional child.

Other Party Packages to check out:

Princess Party

Superhero Party

Check out page 62 for more information on birthday party packages.

Community Happenings

COMMUNITY CENTER FALL HIGHLIGHTS 2015

- Thursdays through October 22 - **Farmers Market** 3:00-7:00 p.m. for Sept. and 3:00-6:00 p.m. for October
- September 19 - **Taste of Maple Grove.** Sample food from 18 restaurants, check out the silent auction and entertainment. Pre-sale tickets available. Sponsored by MGHS Dance Team. www.tasteofmaplegrove.com
- September 26 - **Fall Frenzy Craft Show.** Watch for details.
- October 10 - **Fall Festival Craft Show & Sale** 9:00 - 4:00 p.m. Free. Sponsored by the Women of Today. Contact WOT at mgwomenoftoday@gmail.com.
- October 24 - **Carousel Craft Show** 9:30 a.m. - 4:00 p.m. www.ccshows.com
- November 1 - **Maple Grove Lions Waffle Breakfast** 8:00 a.m. - 1:00 p.m. www.maplegrovelions.org
- November 7 - **"It's All About You" women's expo.** 10:00 a.m. - 4:00 p.m. www.itsallaboutyou.today
- November 14 - **Holiday Boutique Craft Sale** 9:00 a.m. - 4:00 p.m. Sponsored by Maple Grove Lions, Dande-lions and Senior Volunteers. 763-420-5745
- November 21 - **Home Improvement Expo** 10:00 a.m. - 5:00 p.m. www.mediamaxevents.com
- November 23 - **American Red Cross Blood Drive** 2:00 - 8:00 p.m. Sign up at www.americanredcross.org
- November 28 - **Holiday Craft Show by the Cadybeth Shows** 9:00 - 3:00 p.m. www.cadybethshows.com or 612-224-4907
- Saturday, December 5 - **Breakfast or Lunch with Santa.** Sponsored by Maple Grove Community Organization. Pre-registration required. www.maplegrovedays.com



HALLOWEEN FAMILY FUN

Children aged 8 and younger and their parents or guardians

Get ready for some silly, spooky fun this fall at Maple Grove Community Organization's annual **Happy Halloween Family Fun** event on Saturday, October 17. Following the tradition of MGCO's other community events (Breakfast with Santa and Maple Grove Days), the children are sure to have a fun and safe afternoon. Wear your costume and bring your parents!

The natural setting of Weaver Lake Park is the perfect backdrop as children follow a map to 20+ stations of fun and games. All games, tricks, treats and rides are included in the cost. Additional refreshments are available for a fee.

Online registration ONLY at www.maplegrovedays.org begins October 1. Register early, the event sold out last year! For more information visit www.maplegrovedays.org, or call the MGCO voicemail line at 763-494-5985. If your business would like to host a game booth, please contact 763-494-5985.

Weaver Lake park, 8401 Dunkirk Lane

Saturday, October 17

1:00 - 4:00 p.m.

\$5 per child (ages 3-8)
*adults are free.

BREAKFAST AND LUNCH WITH SANTA

With the cooler weather approaching, thoughts turn to the holidays and the fun they bring. Kids won't want to miss out on their annual visit with Santa! This MGCO sponsored event takes place on Saturday, December 5. Included are breakfast (pastries, fruit, juice or milk) or lunch (pizza, pop, cookies), photo opportunities with Santa, face painting, crafts and fun, fun, fun! Pre-registration is required and space is limited for this sell out event. On-line registration only, visit www.maplegrovedays.org to register, registration begins November 1. Space is LIMITED, so sign up early, last year the event sold out! **Bring your camera!**

Maple Grove Community Center
Saturday, December 5

8:30 - 10:00 a.m.

\$4 (per person)

Breakfast

11:00 - 1:00 p.m.

\$6 (per person)

Lunch

SLEIGH BELLS & SPARKLE PARADE

The perfect kick off to the holiday season and another new tradition to gather family and friends together.

Join MGCO, Arbor Lakes Business Assn and other Maple Grove businesses as we bring the holiday season off to a grand start on December 5 with the Hometown Holiday on Main Street and Sleigh Bells & Sparkle Parade at 5:00 p.m. Come see the parade units sparkle as the lights twinkle in the night sky along Main Street. Culminating the procession will be the sound of Jolly Ole Saint Nick's sleigh bells, as he magically brings sparkle & lights to the holiday tree at the Maple Grove Government Center, signifying the start of a 'Wonderful Holiday Season' in Maple Grove. For more information and to register your sparkling unit in the parade visit www.maplegrovedays.org or call 763-494-5985.

Main Street Maple Grove

Saturday, December 5 5:00 p.m.

ANGEL OF HOPE CANDLELIGHT MEMORIAL

Every year on December 6th at 7:00 p.m. a candlelight memorial is held at the Angel of Hope Statue in Maple Grove. The Angel of Hope is one of many Christmas Box Angels throughout the United States that are replicates of a statue commissioned by Richard Paul Evans, author of The Christmas Box, in response to reports that mourning parents were seeking a place to grieve and heal. The public is invited to attend this short, simple ceremony. Attendees are invited to bring a white flower to leave at the base of the statue in memory of loved ones. Candles will be provided. The Angel of Hope statue is located in the Maple Grove Arboretum, 9400 Fernbrook Lane. For more information, call 763-494-6535 or email, dcoss@maplegrovern.gov

SANTA'S MAILBOX

Santa's mailbox is a special box where letters will be delivered directly to the North Pole. Children can drop off their letters in the Santa mailbox located in the Maple Grove Community Center, 12951 Weaver Lake Road. Letters to 'Santa' can be dropped off between December 1 - December 14. Santa's elves will pick up letters each evening to bring to the North Pole. Mr. and Mrs. Claus request that each letter include the **full name and address** of each child so that Santa and his elves can use their computer to answer each one.



Volunteer Opportunities - 'We Need You'

MAPLE GROVE HISTORY CENTER

The Maple Grove Historic Preservation Society meets the third Thursday of every month at 7:00 p.m. in the Maple Grove History Museum, 9030 Forestview Lane (Public Works Building). Come and help us discover Maple Grove's past. Everyone is welcome. For more information, call 763-494-5983.

MAPLE GROVE AMBASSADOR SCHOLARSHIP PROGRAM

For sixteen years, the Ambassador program has excelled in providing young women ages 17 - 21 the opportunity to grow personally and professionally through involvement in community and civic events locally and across the greater Twin Cities. With support from local businesses and organizations, the program has awarded more than \$100,000 in educational scholarships to alumnae Ambassadors. Like us on Facebook at www.facebook.com/MGAmbassadors and visit www.maplegroveambassadors.com for more information.

MAPLE GROVE COMMUNITY ORGANIZATION (MGCO)



Did you enjoy Maple Grove Days this year? Are you looking for a way to become involved in your community? MGCO is a dedicated, fun group of volunteers who plan Maple Grove Days, Family Fun Halloween Event, Breakfast with Santa and Sleigh Bells and Sparkle Parade. Volunteers and new members are always welcome as we work together to celebrate Maple Grove.

Meetings are the 4th Tuesday of each month at 7:00 p.m. at the Community Center, please join us. For more information, visit www.maplegrovedays.org. Everyone is welcome!

ICE ARENA SKATING GUARDS

Looking for a great way to stay in shape this fall? You can skate for free! Adults (age 20 and up) are needed to help monitor open skating hours at the indoor skating rink at the Maple Grove Community Center. You must be able to skate and be willing to supervise children, teens and adults. Free skating and skates will be provided. Hours available include Fridays, 7:15 p.m. – 8:45 p.m., Saturdays, 1:00 p.m. – 2:30 p.m. and Sundays, 1:00 p.m. – 2:30 p.m. Call Frank at 763-494-6465 or email fweber@maplegrovern.gov for more information.

MAPLE GROVE JAZZ ENSEMBLE

The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 - 9:00 p.m. at Osseo Junior High under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at PTMANO@q.com or call him at 763-566-5150. The Jazz Ensemble performs 10 concerts per year and invited requests for appearances by organizations throughout the Twin Cities area.



ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park, please call 763-494-6535 or email dcoss@maplegrovern.gov. Thanks to the following individuals and organizations who have adopted parks and trails. All who use these areas appreciate your help.

Basswood Elementary 5th grade classes, BMO Harris Bank Maple Grove, Bob Peterson, BSA Troop 211, Boy Scout Troop 584, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 684, Eagle Lake Preservation Association, Fish Lake Woods Home Owners Association, Girl Scout Troop 13589, Girl Scout Troop 17215, Great River Energy, Henning family, Jatko family, LDS Church – Maple Grove Ward 247, LDS Cub Scout Pack 742, Lindley family, Lonesky family, Lord of Life Lutheran Church, Maple Grove North Super Target Team Members, Maple Grove TAG, Maple Grove Junior High WEB, MOMS Club of Maple Grove/Fish Lake, MOMS Club of Maple Grove/Rush Creek, Norman family, Northwest Hennepin County Rotary Club, Oak View Elementary Student Council, Pam and Jim Crenna, Pruhs family, Rush Creek Elementary, Sam's Club, Sandy and Jessica Rocheleau, Seeling family, Spark! Kids, The Jonquil Group, Timur's family, Weber family, Yousef M and Elizabeth K families and many anonymous volunteers.

DONATION OPPORTUNITIES

Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email panderson@maplegrovern.gov for more information.



FUN AT THE FARMERS MARKET

Thursdays, June 11 – October 22 Rain or Shine!
3:00 – 7:00 p.m. (June–Sept) & 3:00 – 6:00 p.m. (October)
Maple Grove Community Center parking lot

Thursdays, November 5 & 19, December 3 & 17, January 14,
February 11 and March 10
3:00 – 6:00 p.m.

Maple Grove Community Center lobby

Come to the market! More than 45 vendors will offer farm fresh fruits and vegetables, flowers, plants, eggs, honey, dairy, canned/pickled products, meat, artisan breads, baked goods, preserves, handmade soaps, flax and much more. Visit www.maplegrovefarmersmarket.com or call 763-494-5955 for information about upcoming special market events, vendor information and directions.

Nourishing the community for 10+ years.



PLAYHOUSE PRESCHOOL

The Playhouse Preschool is located in the Maple Grove Community Center at 12951 Weaver Lake Road. This is a State licensed program for children 3, 4 and 5 years of age. Through our curriculum we try to involve the children in a wide variety of experiences in order to arouse their curiosity, challenge their physical and intellectual abilities and encourage self-expression. This Kindergarten Readiness program is designed with the individual child's development in mind. Your child must be 3 by Sept. 1, 2015 to participate in the 2015 – 2016 program. If you are interested in sending your child to Playhouse Preschool in the fall of 2016, 2017 or 2018, please contact Jody at the Maple Grove Parks and Recreation Board office at 763-494-6505. Your child's name will be placed on a waiting list. You will be contacted sometime beginning in early January. If you are interested in sending your child for fall 2015, contact Jody to check availability.

PLAYHOUSE PRESCHOOL OPEN HOUSE FOR FUTURE STUDENTS

Come visit the facility, meet the teachers, and pick up program information. Bring your child and a friend!
Maple Grove Community Center, 12951 Weaver Lake Road
Monday, November 23
10:00 – 11:00 a.m. and 6:00 – 7:00 p.m.



AFTER SCHOOL RECREATIONAL ACTIVITIES

As a cooperative venture between the Maple Grove Parks and Recreation Department and District 279 Schools, after school activities are offered to elementary aged children at eight local elementary schools. The schools include: Cedar Island, Elm Creek, Fernbrook, Oak View, Weaver Lake, Rice Lake, Rush Creek and Basswood. The programs are designed to be fun activities for children to explore new and exciting interests in a wide variety of areas such as, sports, arts, crafts, theatre, babysitting and much more. Programs generally start 5 minutes after school is dismissed.

We continue to recruit individuals who are interested, and have experience working with youth, to instruct After School Programs. We are open to all program suggestions. If you are interested, please contact Michelle at 763-494-6516.

Check your child's Wednesday envelope for ½ sheet After School Program flyers. All registration is taken through the Maple Grove Parks and Recreation Department.



EAGLE LAKE COMMUNITY BUILDING

This facility is a fully remodeled and air conditioned WWII Fort Snelling Army barracks. The building located at 6259 Eagle Lake Dr. has one large room with tables and chairs for 47 people, restroom and kitchenette. A deck with picnic tables overlooks Eagle Lake, a small playground and ballfield/skating rink. The lakeside setting with many mature trees is a great place for community groups, family gatherings, office retreats and more. Daily rental permit fees are \$25 for Maple Grove residents and \$200 for non-residents. For reservations or more information, please call 763-494-6507.

Special Interest

ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort between the cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency which serves individuals with developmental disabilities and their families in Hennepin County. Services include information, Adaptive Recreation, independent living support, and counseling. For information and registration procedures, call 952-200-3030. NOTE: For persons not living in one of the above communities, you are considered a "non-resident" and need to add \$8.00 to your registration fee.

Participants must PRE-register with REACH.

ADULT ACTIVITIES

Fit N' Fun Sampler – Keep your body moving and enjoy the community! (Monday evenings, location & hours vary) \$30 Res. \$38 Non-Res.

Wednesday Night Social – Various metro locations (Wednesdays, 6:30-8:30 p.m.) \$45 Res \$53 Non-Res

Bowling – Doyle's in Crystal (Saturdays 12:00-2:00 p.m. & 2:00-4:00 p.m.) \$40 Res, \$48 Non-Res with an additional \$3.50 each week

On the Town I – Ages 18 + (Friday evening) Call REACH for additional information.

On the Town II – Ages 18 + (Saturday Nights) Call REACH for additional information.

Yoga – Get into shape while gaining flexibility. St Louis Park Rec. Center (Tuesday evenings, 7:00-8:00 p.m.) \$42 Res, \$50 Non-Res

Zumba – Get into shape while learning popular dance moves. St Louis Park Rec. Center (Monday evenings, 6:30-7:30 p.m.) \$55 Res, \$63 Non-Res

Health Club – Focus on healthy living, yoga, hiking, making healthy meals and More! Various metro locations (Thursday evenings, 6:30-8:00 p.m.) \$40 Res, \$48 Non-Res

Non-Competitive Kickball – Brooklyn Center Youth Rec Center (Thursday evenings, 6:30-8:00 pm) \$30 res, \$38 non-res



TEEN ACTIVITIES

Bowling – Doyle's in Crystal (Saturdays 12:00-2:00 p.m. & 2:00-4:00 p.m.) \$40 Res, \$48 Non-Res with an additional \$3.50 each week

Social Seekers – This is a program for teens that have Asperger's Syndrome. Program meets once a week for fun and social interaction. Groups are available for varying age levels. Please call Kirsten for more information at 952-200-3030.

Teen Explorers – Meet new friends, movies, games, dining, art, community events and more. Various metro locations (Tuesday evenings, 6:30-8:30 pm) \$45 Res, \$53 Non-Res

YOUTH ACTIVITIES

Bowling – Doyle's in Crystal (Saturdays 12:00-2:00 p.m. & 2:00-4:00 p.m.) \$40 Res, \$48 Non-Res with an additional \$3.50 each week

Family Yoga – This class is designed for children that have a disability and their parents. Siblings are welcome too! St Louis Park Rec. Center (Tues. evenings 7:00-8:00 p.m.) \$52 parent/child pair, \$20 for each additional family member.



SPECIAL EVENTS

Ghostly Gala – Join our annual spooky celebration! Games, prizes, food, music, dancing and fun. October 31st – Brooklyn Park Community Center 5:00-7:00 p.m. Cost \$10

Dances for All – Join your friends & groove to all the latest hits! (St Louis Park High School- Oct16- Nov. 20 & Dec 18) (Waconia Safari Island – Nov 13) (Brooklyn Park Com. Center- Nov. 6) Fee: \$5 at the door, All dances are from 7:00-9:00 p.m.

Weekend Ventures – Camp Courage, Maple Lake, MN. This is a weekend respite program for ages 16 and older (Sept 4 – 6) Fee \$400

Holiday Jamboree – Join your friends for some Holiday fun! (Brooklyn Park Community Activity Center. Dec. 11 6:30-8:00 p.m.) Fee \$5

Bingo – (Brooklyn Park Community Activity Center. Fri. Oct 2, 6:30-8:00 p.m.) Fee \$7 Pre-Registration is required

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.



Learn To Skate

MAPLE GROVE SKATING SCHOOL LEARN TO SKATE PROGRAM

An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena

The Maple Grove Skating School Learn To Skate Program is an indoor ice skating program for all ages, 3 through Adult, designed by U.S. Figure Skating as the Basic Skills Program which provides a simple but progressive method of group ice skating instruction. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registrations. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. You MUST bring your Class Registration receipt to the first day of class to verify your registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov with any questions.

SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings and a hockey/bike helmet.

***NEW* ON-ICE HARNESS AND OFF-ICE HARNESS**

The Maple Grove Skating School and the City of Maple Grove are proud to announce that an on-ice harness and off-ice harness are now available for use by Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that will assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School Learn To Skate Program information contains all information regarding the new "JUMP TO NEW HEIGHTS" off-ice harness class and the existing classes that will now utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!

16TH ANNUAL ICE SHOW (AGES 3 – ADULT)

Any participant registered CONTINUOUSLY in the Maple Grove Skating School Learn To Skate Program at the Maple Grove Community Center Ice Arena, from October 2015 through April 2016, is eligible to participate in the 2016 Maple Grove Ice Show. The Ice Show is scheduled for April 16, 2016. Further information will be distributed during classes. Registration for the 16th Annual Ice Show will take place in mid-November 2015. All ages, 3 – Adult, and all abilities are welcome to participate!

MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to present the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Orders take place twice a year: June and November. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov for information regarding the sizing chart, prices and order form.

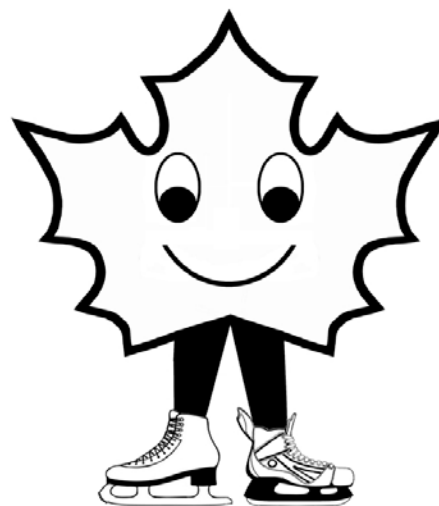


Like us on Facebook!

[www.facebook.com/
grovecoveskating school](http://www.facebook.com/grovecoveskating school)

MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today.



**Maple Grove
Skating School**



Learn To Skate

SNOWPLOW SAM ☎ E

(Snowplow Sam 1 – 3) Ages 3 – 5

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Ages 3 – 5

Wednesdays, September 9 – October 7

6:00 – 6:30 p.m. \$66, \$71 NR (5 ses) 53959
6:30 – 7:00 p.m. practice time

Ages 3 – 5

Wednesdays, September 9 – October 7

6:30 – 7:00 p.m. \$66, \$71 NR (5 ses) 53960
6:00 – 6:30 p.m. practice time

Ages 3 – 5

Wednesdays, October 21 – December 9 (ex Nov 25)

6:00 – 6:30 p.m. \$89, \$94 NR (7 ses) 53961
6:30 – 7:00 p.m. practice time

Ages 3 – 5

Wednesdays, October 21 – December 9 (ex Nov 25)

6:30 – 7:00 p.m. \$89, \$94 NR (7 ses) 53962
6:00 – 6:30 p.m. practice time

Ages 3 – 5

Saturdays, September 12 – October 10

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses) 53953
11:15 – 11:45 a.m. practice time

Ages 3 – 5

Saturdays, September 12 – October 10

11:15 – 11:45 a.m. \$66, \$71 NR (5 ses) 53954
10:45 – 11:15 a.m. practice time

Ages 3 – 5

Saturdays, September 12 – October 10

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses) 53955
11:15 – 11:45 a.m. practice time

Ages 3 – 5

Saturdays, October 31 – December 5 (ex Nov 28)

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses) 53956
11:15 – 11:45 a.m. practice time

Ages 3 – 5

Saturdays, October 31 – December 5 (ex Nov 28)

11:15 – 11:45 a.m. \$66, \$71 NR (5 ses) 53957
10:45 – 11:15 a.m. practice time

Ages 3 – 5

Saturdays, October 31 – December 5 (ex Nov 28)

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses) 53958
11:15 – 11:45 a.m. practice time

SKATING SCHOOL (Basic 1 – 3) ☎ E

Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Basic 1 – 3

Wednesdays, September 9 – October 7

7:00 – 7:30 p.m. \$66, \$71 NR (5 ses) 53980
7:30 – 8:00 p.m. practice time

Basic 1 – 3

Wednesdays, October 21 – December 9 (ex Nov 25)

7:00 – 7:30 p.m. \$89, \$94 NR (7 ses) 53981
7:30 – 8:00 p.m. practice time

Basic 1

Saturdays, September 12 – October 10

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses) 53974
11:15 – 11:45 a.m. practice time

Basic 2 – 3

Saturdays, September 12 – October 10

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses) 53975
11:45 – 12:15 p.m. practice time

Basic 1

Saturdays, October 31 – December 5 (ex Nov 28)

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses) 53976
11:15 – 11:45 a.m. practice time

Basic 2 – 3

Saturdays, October 31 – December 5 (ex Nov 28)

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses) 53977
11:45 – 12:15 p.m. practice time



Learn To Skate

HOCKEY SKATING DEVELOPMENT ☎ E

(Hockey 1 – 4)

Ages 6 – 12 or passed Snowplow Sam 3

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. There are four levels for this hockey program: Hockey 1 – 4. This program is endorsed by USA Hockey. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 9 – October 7

6:00 – 6:30 p.m. \$66, \$71 NR (5 ses) 53951

6:30 – 7:00 p.m. practice time

Wednesdays, October 21 – December 9 (ex Nov 25)

6:00 – 6:30 p.m. \$89, \$94 NR (7 ses) 53952

6:30 – 7:00 p.m. practice time

Saturdays, September 12 – October 10

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses) 53949

11:15 – 11:45 a.m. practice time

Saturdays, October 31 – December 5 (ex Nov 28)

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses) 53950

11:15 – 11:45 a.m. practice time

DAYTIME SKATING SCHOOL (Basic 1 – 3) ☎ E

Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class

Maple Grove Community Center Ice Arena

Thursdays, September 10 – October 8

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses) 54023

10:15 – 10:45 a.m. practice time

Thursdays, October 22 – December 10 (ex Nov 26)

10:45 – 11:15 a.m. \$89, \$94 NR (7 ses) 54024

10:15 – 10:45 a.m. practice time



DAYTIME SNOWPLOW SAM ☎ E

(Snowplow Sam 1 – 3)

Ages 3 – 5

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

*A helmet (hockey/bike) is highly recommended

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class

Maple Grove Community Center Ice Arena

Ages 3 – 4

Tuesdays, September 15 – October 6

10:15 – 10:45 a.m. \$54, \$59 NR (4 ses) 54017

10:45 – 11:15 a.m. practice time

Ages 4 – 5

Tuesdays, September 15 – October 6

10:45 – 11:15 a.m. \$54, \$59 NR (4 ses) 54018

10:15 – 10:45 a.m. practice time

Ages 3 – 4

Tuesdays, October 20 – December 8 (ex Nov 24)

10:15 – 10:45 a.m. \$89, \$94 NR (7 ses) 54019

10:45 – 11:15 a.m. practice time

Ages 4 – 5

Tuesdays, October 20 – December 8 (ex Nov 24)

10:45 – 11:15 a.m. \$89, \$94 NR (7 ses) 54020

10:15 – 10:45 a.m. practice time

Ages 3 – 5

Thursdays, September 10 – October 8

10:15 – 10:45 a.m. \$66, \$71 NR (5 ses) 54021

10:45 – 11:15 a.m. practice time

Ages 3 – 5

Thursdays, October 22 – December 10 (ex Nov 26)

10:15 – 10:45 a.m. \$89, \$94 NR (7 ses) 54022

10:45 – 11:15 a.m. practice time

Learn To Skate

ADULT SKATE (Adult 1 – 6) ☎ E

Ages 13 – Adult

Adult teaches the U.S. Figure Skating Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 9 – October 7

7:00 – 7:30 p.m. \$66, \$71 NR (5 ses) 53982

7:30 – 8:00 p.m. practice time

Wednesdays, October 21 – December 9 (ex Nov 25)

7:00 – 7:30 p.m. \$89, \$94 NR (7 ses) 53983

7:30 – 8:00 p.m. practice time

Saturdays, September 12 – October 10

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses) 53984

11:45 – 12:15 p.m. practice time

Saturdays, October 31 – December 5 (ex Nov 28)

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses) 53985

11:45 – 12:15 p.m. practice time

ADVANCED SKATING SCHOOL (Basic 4 – 6) ☎ E

Participants who have passed Basic 3

Advanced Skating School teaches the U.S. Figure Skating Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 9 – October 7

7:30 – 8:15 p.m. \$71, \$76 NR (5 ses) 53989

6:30 – 7:30 p.m. practice time

Wednesdays, October 21 – December 9 (ex Nov 25)

7:30 – 8:15 p.m. \$95, \$100 NR (7 ses) 53990

6:30 – 7:30 p.m. practice time

Saturdays, September 12 – October 10

9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 53987

10:45 – 11:45 a.m. practice time

Saturdays, October 31 – December 5 (ex Nov 28)

9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 53988

10:45 – 11:45 a.m. practice time

JUNIOR CLUB 1 (Basic 7 – 8) ☎ E

Participants who have passed Basic 6

Junior Club 1 teaches the U.S. Figure Skating Basic 7 – 8 levels. Examples of elements taught include: mohawks, moving three turns, pivots, beginning one foot spins, ballet jumps, etc. Each class consists of a 60 minute group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 12 – October 10

8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 53991

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 31 – December 5 (ex Nov 28)

8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 53992

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)



JUNIOR CLUB 2 (Free Skate 1 – 3) ☎ E

Participants who have passed Basic 8

Junior Club 2 teaches the U.S. Figure Skating Free Skate 1 – 3 levels. Examples of elements taught include: forward/backward edges on an axis, forward/backward scratch spins, waltz jumps, toe loops, etc. Each class consists of a 60 minute group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 12 – October 10

8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 53993

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 31 – December 5 (ex Nov 28)

8:45 – 9:45 a.m. \$74, \$79 NR (5 ses) 53994

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Learn To Skate

SENIOR CLUB (Free Skate 4 – 6) 📞 E

Participants who have passed Free Skate 3

Senior Club teaches the U.S. Figure Skating Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, spiral sequences, camel spins, loop jumps, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 15 minute break, 30 minute off-ice group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 12 – October 10

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 53995

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 31 – December 5 (ex Nov 28)

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 53996

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

BRIDGE BEYOND THE BASICS 📞 E

*Participants who are ALSO registered for
Free Skate 1 – 6*

Elements in Free Skate 1 – 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1 – 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1 – 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Free Skate 1 – 6. Participants must continue to be registered for Free Skate 1 – 6 in order to participate in Bridge Beyond The Basics.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

*If a participant is registered for Bridge Beyond The Basics, his/her Junior Club 2/Senior Club practice time will be changed from 9:45 – 11:00 a.m. to 10:45 – 11:45 a.m. on Saturdays.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 9 – October 7

7:30 – 8:15 p.m. \$71, \$76 NR (5 ses) 53999

Wednesdays, October 21 – December 9 (ex Nov 25)

7:30 – 8:15 p.m. \$95, \$100 NR (7 ses) 53998

Saturdays, September 12 – October 10

9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 53997

Saturdays, October 31 – December 5 (ex Nov 28)

9:45 – 10:30 a.m. \$71, \$76 NR (5 ses) 54000



HIGH BRIDGE BEYOND THE BASICS 📞 E

Participants who have passed Free Skate 6

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute on-ice session, 15 minute break, 30 minute off-ice group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

*Please arrive at the arena 20 minutes prior to the on-ice session on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 12 – October 10

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 54001

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 31 – December 5 (ex Nov 28)

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses) 54002

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)



Learn To Skate

NEW JUMP TO NEW HEIGHTS E

Off-Ice Harness Class

Participants who are ALSO registered for Junior Club 1, Junior Club 2, Senior Club, or High Bridge Beyond The Basics

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

Maple Grove Community Center Ice Arena

Sundays, September 6 – October 18 (ex Sept 27 & Oct 11)

9:00 – 9:15 a.m. \$20, \$25 NR (5 ses) 54003

9:15 – 9:30 a.m. \$20, \$25 NR (5 ses) 54004

Sundays, November 1 – December 6

9:00 – 9:15 a.m. \$24, \$29 NR (6 ses) 54005

9:15 – 9:30 a.m. \$24, \$29 NR (6 ses) 54006

Wednesdays, September 9 – October 7

7:40 – 7:55 p.m. \$20, \$25 NR (5 ses) 54007

7:55 – 8:10 p.m. \$20, \$25 NR (5 ses) 54008

Wednesdays, October 21 – December 9 (ex Nov 25)

7:40 – 7:55 p.m. \$28, \$33 NR (7 ses) 54009

7:55 – 8:10 p.m. \$28, \$33 NR (7 ses) 54010

Saturdays, September 12 – October 10

8:25 – 8:40 a.m. \$20, \$25 NR (5 ses) 54011

9:35 – 9:50 a.m. \$20, \$25 NR (5 ses) 54012

9:50 – 10:05 a.m. \$20, \$25 NR (5 ses) 54013

Saturdays, October 31 – December 5 (ex Nov 28)

8:25 – 8:40 a.m. \$20, \$25 NR (5 ses) 54014

9:35 – 9:50 a.m. \$20, \$25 NR (5 ses) 54015

9:50 – 10:05 a.m. \$20, \$25 NR (5 ses) 54016



OPEN FREESTYLE E

Participants who have passed Basic 6

Open Freestyle is a 45 minute or 60 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov with any questions.

Note: If a participant does not pre-register for Open Freestyle, the fee for each 45 minute session will be \$9.75 and payable to the Maple Grove Ice Arena Attendant before the session begins.

Note: If a participant does not pre-register for Open Freestyle, the fee for each 60 minute session will be \$13.00 and payable to the Maple Grove Ice Arena Attendant before the session begins.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in. (Example: Figure Skating dress, t-shirt, tights/leggings, athletic wear, etc.)

Maple Grove Community Center Ice Arena

Wednesdays, September 9 – October 7

5:15 – 6:00 p.m. \$41.25 (5 ses) 54025

Wednesdays, September 9 – October 7

8:15 – 9:15 p.m. \$55 (5 ses) 54026

Wednesdays, October 21 – December 9 (ex Nov 25)

5:15 – 6:00 p.m. \$57.75 (7 ses) 54027

Wednesdays, October 21 – December 9 (ex Nov 25)

8:15 – 9:15 p.m. \$77 (7 ses) 54028



Family Fun Events

NITRO CIRCUS LIVE

Returns to Mpls. in October, after a monster sell-out show at Target Center in 2014.

Come see forty of the world's greatest action sports stars in freestyle motocross, BMX and skate, including the legend himself, **TRAVIS PASTRANA**, on the dirt bike for the first time ever in the Twin Cities! Plus a ridiculous array of brand new, outrageous contraptions set to be launched from the one-of-a-kind, **50 FOOT HIGH NITRO GIGANT –A-RAMP!**

Please arrive at least ½ hour early for performance. Children under the age of 23 months do not need a ticket, they sit on your lap. Indicate this on the registration form. All registration accepted immediately. Please indicate on your registration form if you want to sit with another family. (not guaranteed) You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, October 9 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Saturday, October 24

7:30 p.m.

\$42 (lower level)

53621



ALVIN & THE CHIPMUNKS: LIVE ON STAGE

Minneapolis Target Center

For the first time ever, **Alvin & The Chipmunks** will hit the road on a nationwide tour. *Alvin & The Chipmunks Live On Stage* is an interactive experience - featuring world-class production, music, special effects, and immersive interactivity to encourage audience participation. Expect a pop concert and theater event show in one. The concert-filled show will feature the Chipmunks and the Chipettes performing classics, original songs, and pop hits - including music by *One Direction*, *Maroon 5*, *Carly Rae Jepsen*, *Elvis Presley* and more. **ALVIN AND THE CHIPMUNKS: LIVE ON STAGE!** is a dynamic, engaging, fun-filled show that's sure to delight fans of all ages and delivers an authentic ALVIN AND THE CHIPMUNKS live theatre experience with memories to last a lifetime.

Please arrive at least ½ hour early for performance. Children under the age of 11 months do not need a ticket, they sit on your lap. Indicate this on the registration form. All registration accepted immediately. Please indicate on your registration form if you want to sit with another family. (not guaranteed) You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, November 6 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

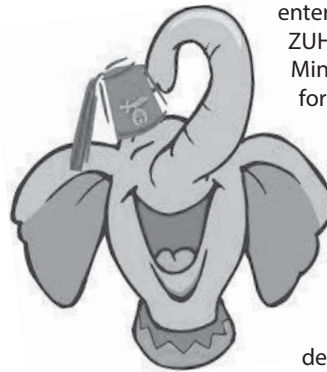
Sunday, November 22

2:00 p.m.

\$22 (lower level sides/ends)

53620

MINNEAPOLIS SHRINE CIRCUS



Presenting the ultimate in exciting entertainment, the 2015 MINNEAPOLIS ZUHRAH SHRINE CIRCUS rolls into Minneapolis with an all-new show for one thrilling three-day weekend. Target Center roars to life with tantalizing tigers, enchanting elephants and dramatic daredevils. Passionate performers from 15 countries will dazzle circus fans with new, amazing feats in the biggest and best Shrine Circus ever. From the delightful antics of the Shriner clowns to the spellbinding feats of the acrobats, you won't want to miss one exciting moment

of this magical family show.

Please arrive at least ½ hour early for performance. Children under the age of 23 months do not need a ticket, they sit on your lap. Indicate this on the registration form. All registration accepted immediately. Please indicate on your registration form if you want to sit with another family. (not guaranteed) You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, November 13 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Saturday, November 28

10:30 a.m.

\$17 (lower level)

53623

Here's a Sneak Peak at 2016



DISNEY ON ICE PRESENTS "LET'S CELEBRATE!"

It's one colossal party on ice, with all your favorite Disney friends at *Disney On Ice presents Let's Celebrate!* Presented by Stonyfield YoKids. Join Mickey Mouse and Minnie Mouse as they celebrate a magical medley of holidays, celebrations and festivities from around the globe. Come join the party when *Disney On Ice* skates into Target Center! **Specific show dates, times and ticket sales begin with the distribution of our winter brochure.**

Target Center, 600 First Ave N, Minneapolis

Wednesday, February 25 – Saturday, February 28

Music for Everyone

MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional non-resident fee per program. **Electronic registration is not available for Music for Everyone,**



PRIVATE LESSONS

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, if space is available, fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make up the lesson or a refund will be issued at the request of the participant. Lessons are held at the Maple Grove Community Center and the Lakeview knolls Community Building.

- The fall session begins the week of Sept 14. A variety of days and times are offered. **Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.** (non-resident fees are charged to participants not living in a member city)
- \$262.00 residents, \$272.00 non-residents *12 lessons
- All students must bring their receipt to their first private lesson.
- For time arrangements and program content, Call Alyssa at 763-509-5224.
- Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. **Electronic registration is not available.**

PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

53905

PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

53907



PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your own performing skills. If you are just starting, in the middle, or even an advanced player - just sign up! You will study technique, musicianship, sight reading and interpretation.

53909

PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

53911

PRIVATE BRASS

Develop a rich and beautiful tone, improve your site-reading, expand your range, play classical and jazz styles. Beginners to advanced students welcome on trumpet, trombone and baritone.

53913



PRIVATE WOODWINDS

Learn new skills or improve those you already have, on flute, clarinet, and saxophone. Develop your tone, rhythm, and reading skills. Enjoy a variety of musical styles.

53914

PRIVATE HARP

Individual lessons on folk and lever harp will teach you beginning to intermediate techniques, sight-reading, note-reading, rhythm, and give you an introduction to literature.

53916

Music for Everyone - Group

PIANO FOR LITTLE MOZARTS

Ages 4 - 6

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners' lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. The Little Mozarts piano lesson book is used for home practice between lessons and is included in the program fee. All registration accepted immediately. **Electronic registration is not available.**

Lakeview Knolls Village Hall, 9391 Fernbrook Lane
(behind Arbor View)

Session 1

Mondays, Sept 14 – Oct 26 (ex Oct 12)

11:15 a.m. – 11:45 a.m. \$80(R), \$92(NR) 53921

11:45 a.m. – 12:15 p.m. \$80(R), \$92(NR) 53922

Session 2

Mondays, Nov 2 – Dec 14 (ex Nov 9)

11:15 a.m. – 11:45 a.m. \$80(R), \$92(NR) 53923

11:45 a.m. – 12:15 p.m. \$80(R), \$92(NR) 53924



FIRST STEPS IN MUSICLAND

Ages 18 months - 3 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately. **Electronic registration is not available.**

Lakeview Knolls Village Hall, 9391 Fernbrook Lane
(behind Arbor View)

Session 1

Mondays, Sept 14 – Oct 26 (ex Oct 12)

9:30 – 10:15 a.m. \$57(R), \$66(NR) 53917

10:20 – 11:05 a.m. \$57(R), \$66(NR) 53918

Session 2

Mondays, Nov 2 – Dec 14 (ex Nov 9)

9:30 – 10:15 a.m. \$57(R), \$66(NR) 53919

10:20 – 11:05 a.m. \$57(R), \$66(NR) 53920

Cheerleading Clinics

OSSEO CHEERLEADING CLINIC ☎ E

Grades K – 12

Come join Osseo Senior High cheerleading for a fall clinic and halftime performance at the Varsity Football game on Friday, October 16. **The clinic will begin at 5:00 p.m. and we will keep the little leaders in our care until after their halftime performance!** The clinic will consist of learning chants, cheers and a dance that will be performed at the game. Pizza, t-shirt and pom poms are provided. **Indicate shirt size at the time of registration. Youth sizes (small, medium or large) and adult sizes (small - large).**

Osseo Middle School, cafeteria

Friday, October 2

5:00 – 7:40 p.m.

\$30

54054

CRIMSON 'I WANNA CHEER' CAMP ☎ E

Ages 4 – 12

Come experience an exciting cheerleading clinic with the *Maple Grove Senior High Cheerleaders!* During the *I Wanna Cheer Camp*, we will work with the Crimson Cheerleaders and learn jumps, cheers and a dance during this exciting clinic. Please visit crimsoncheercoach@gmail.com for more information. Indicate shirt size when registering. Youth small (6-8), youth medium (10-12), youth large (14-16) or adult small. **All registration taken immediately due to time frame!**

Maple Grove Middle School, Gym

Ages 4 - 6

Monday – Wednesday, August 10 - 12

9:00 – 12:00 noon CANCELLED

Ages 7 – 12

Monday – Friday, August 10 – 14

9:00 – 12:00 noon CANCELLED

MAPLE GROVE ELEMENTARY CHEER PROGRAM ☎ E

Grades 2 - 5

This is an elementary competitive cheer program which includes high level instruction in tumbling, dance, stunting, cheer and performance skills. Choreography combining all of these facets will be taught to create a competitive routine. Each team will compete their fun and action-packed routine in at least three local cheer competitions, including the MN State Competition. Program costs cover four months of coaching instruction, competition fees to at least three local events, a practice uniform and a competition uniform. Shoes, socks and hair bow are not included.

Session 1

Maple Grove Middle School, Gym C

Practices, Tuesdays September 22 - January 26

(Ex Oct 13, Nov 24 & Dec 22, 29)

6:30 – 8:00 p.m.

\$315

54059

Session 2

Maple Grove Middle School, Cafeteria

Practices, Wednesdays, September 23 – January 27

(Ex Oct 14, Nov 25 & Dec 23, 30)

Practice also on Tuesday, October 20

6:30 – 8:00 p.m.

\$315

54060

Kids World - Active Kids

TOTS IN MOTION ☎ E

Ages 2½ - 4 with a parent

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. *Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager.* Students should wear comfortable clothing and tennis shoes.

Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, September 17 – November 12 (ex Oct 15)

9:30 - 10:15 a.m. \$48 (8 ses) 53885

KIDS IN MOTION ☎ E

Ages 3½ - 6

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. *Child must be 3½ by the time class begins.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, September 17 – November 12 (ex Oct 15)

10:30 - 11:15 a.m. \$48 (8 ses) 53886



TINY TOT GYMNASTICS ☎ E

Ages 2 & 3 with a parent

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym

Wednesdays, September 16 – November 4

5:30 - 6:05 p.m. \$45 (8 ses) 53878

6:15 - 6:50 p.m. \$45 (8 ses) 53879

Saturdays, September 19 - November 14 (ex Oct 17)

9:00 - 9:35 a.m. \$45 (8 ses) 53880

9:45 - 10:20 a.m. \$45 (8 ses) 53881

10:30 - 11:05 a.m. \$45 (8 ses) 53882

TINY TOT GYMNASTICS ☎ E

Ages 3½ - 4

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. **Parent viewing first and last lesson only.** Child must be 3½ years of age by the start of class. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym

Wednesdays, September 16 – November 4

7:00 - 7:45 p.m. \$45 (8 ses) 53883

Saturdays, September 19 - November 14 (ex Oct 17)

11:15 - 12:00 p.m. \$45 (8 ses) 53884

PRE-SCHOOL GYMNASTICS ☎ E

Ages 4½ - Kindergarten

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Maple Grove Middle School, Auxiliary Gym

Tuesdays, September 15 – November 10 (ex Oct 13)

6:00 - 6:45 p.m. \$45 (8 ses) 53875

7:00 - 7:45 p.m. \$45 (8 ses) 53876

Thursdays, September 17 – November 12 (ex Oct 15)

6:00 - 6:45 p.m. \$45 (8 ses) 53877



ELEMENTARY GYMNASTICS ☎ E

Grades 1 - 6

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.* Instructor, Jodi Hartwig.

•**Beginner 1** - No previous experience or limited instruction.

•**Beginner 2** - Completed Beginner 1 or tested to verify ability.

•**Intermediate** - Completed Beginner 2 or tested to verify ability.

Maple Grove Middle School, Auxiliary Gym

Mondays, September 14 – November 2

6:00 - 7:00 p.m. • **Beg 1** \$48 (8 ses) 53872

7:05 - 8:05 p.m. • **Beg 2/Int** \$48 (8 ses) 53873

Thursdays, September 17 – November 12 (ex Oct 15)

7:00 - 8:00 p.m. • **Beg 1** \$48 (8 ses) 53874

Kids World - Active Kids (Dance)

DANCE FANTASIA ☎ E

Ages 3 - 5

Little ones get ready to move! This introduction to creative movement and ballet will focus on having fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! *Parent viewing is first and last lesson only.*

Fernbrook Elementary School, Cafeteria
Wednesdays, September 16 – November 4

6:00 – 6:45 p.m. • Age 3 \$44 (8 ses)
7:00 - 7:45 p.m. • Ages 4 & 5 \$44 (8 ses)

53887
53888



TODDLER & ME DANCE CLASS ☎ E

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. **Great intro to dance!**

Maple Grove Middle School, Community Gym
Mondays, September 14 - November 2

9:15 – 10:00 a.m. \$88 (8 ses) 53891

BALLET, TAP & JAZZ COMBO ☎ E

Ages 2 - 3½

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Tap shoes are required.*

Maple Grove Middle School, Community Gym
Mondays, September 14 - November 2

10:15 – 11:00 a.m. \$88 (8 ses) 53892

BALLET, TAP & JAZZ COMBO ☎ E

Ages 3 - 5

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Tap shoes are required.*

Maple Grove Middle School, Community Gym
Mondays, September 14 - November 2

10:15 – 11:00 a.m. \$88 (8 ses) 53893



INTRODUCTION TO JAZZ, TAP & BALLET ☎ E

Ages 4 - 8

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun.

Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required.

Please wear comfortable clothing.

Cedar Island Elementary School, Cafeteria
Mondays, September 14– November 2

6:00 – 6:50 p.m. • Ages 4 & 5 \$48 (8 ses) 53889
7:00 – 7:50 p.m. • Ages 6 - 8 \$48 (8 ses) 53890

Kids World - Once Upon a Star Party

ONCE UPON A STAR PARTY ☎ E

'LET IT GO WITH QUEEN ELSA'

Ages 2 ½ - 8 with a parent

You are invited to 'Queen Elsa's FROZEN SNOW party'. Come help Elsa make magic snow and build an Olaf Snowman. You will play Frozen fun games, make an ice craft and even get a sparkly snowflake painted on your cheek! Sing along and dance to 'Let It Go'.

Bring your camera; kids will have a special photo opportunity with Queen Elsa!

Maple Grove Community Center, Room 127
Friday, Oct 23

10:00 - 11:00 am \$17 53903



Kids World - Active Kids

LITTLE DRAGONS ☎ E

Karate for ages 3 & 4

Little Dragons is a program designed for children ages 3 and 4. The classes will cover basic Taekwondo skills, balance, coordination, self control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but may be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts.

Maple Grove World Taekwondo Academy

6463 Sycamore Court N, Maple Grove, 763-559-7091

Tuesdays, September 8 – October 13

10:30 – 11:00 a.m. \$50 (6 ses) 54043

Tuesdays, October 20 – November 24

10:30 – 11:00 a.m. \$50 (6 ses) 54044



KARATE FOR CHILDREN ☎ E

Ages 5 – 12

A program taught by professional black belts structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms may be purchased at the school, but are not required. Loose fitting clothing is acceptable.

Maple Grove World Taekwondo Academy

6463 Sycamore Court N, Maple Grove, 763-559-7091

Mondays, September 14– October 19

5:30 - 6:15 p.m. \$50 (6 ses) 54037

Mondays, October 26– November 30

5:30 - 6:15 p.m. \$50 (6 ses) 54038

Osseo World Taekwondo Academy

10401 93rd Ave, Osseo, 763-315-4491

Saturdays, September 12 – October 17

12:00 – 12:45 p.m. \$50 (6 ses) 54041

Saturdays, October 24 – December 5 (ex Nov 28)

12:00 – 12:45 p.m. \$50 (6 ses) 54042

ZUMBA KIDS JR. ☎ E

Ages 3 - 5

Come dance, play, bounce and shake at Zumba kids! Each class incorporates music from around the world and one dance Rhythm from a specific reason. We also have a great time playing music and movement related games and even doing some art! This class is all about getting kids moving while having a great time! Kids should wear clothes and shoes that allow them to move and play!

Basswood Elementary School, Gym

Tuesdays, Sept 15 – Nov 10 (ex Oct 13)

6:00 – 6:45 p.m. \$56 (8 ses) 53602

FENCING FOR YOUTH ☎ E

Ages 7 – 13

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the entire family. We provide everything needed to fence (mask, jacket, glove and weapon). *The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.*

Maple Grove Community Center, Gymnasium

Saturdays, Sept 12 – Oct 17

10:00 – 11:00 a.m. \$72 (6 ses) 53941

Saturdays, Nov 7 – Dec 19 (ex Nov 28)

10:00 – 11:00 a.m. \$72 (6 ses) 53942

HORSE BACK RIDING LESSONS ☎ E

Ages 6 – 11

For those of you who want to try riding for the first time and experience the thrill of being astride a beautiful horse, or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena for your comfort. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 763-295-5250. Long pants and tennis shoes are required. Attention Parents: A waiver needs to be signed by a parent prior to lessons. If you need a copy of the waiver prior to lessons, you can access that at www.caillefarms.com click on camps. Please bring a bag lunch. Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

9:00 a.m. – 3:00 p.m.

Thursday, Oct 15 \$70 53525

Friday, Oct 16 \$70 53526

Friday, Oct 26 \$70 53527

Friday, Nov 27 \$70 53528

Friday, Dec 4 \$70 53529

Tuesday, Dec 22 \$70 53530

Wednesday, Dec 30 \$70 53531

Kids World - Creative Kids

PRESCHOOL ADVENTURES ☎ E

Ages 3½ - 5 (without a parent)



"A" IS FOR APPLE

A is for Apple! Apples are our favorite fall treat! How many different kinds can you name? During this class we will discover how apples grow and different things we can make from apples. We will have a yummy apple snack and create a "A+" project! Instructor, Barb Hiltner.

Maple Grove Community Center
Monday, September 21

9:30 – 11:30 a.m.	\$13	53894
12:00 – 2:00 p.m.	\$13	53895

PUMPKIN FACES

What fun we will have with fall pumpkins! Come find out what's inside a pumpkin as we investigate by carving a pumpkin. We will paint a fun festive project and we will enjoy making faces on our special pumpkin treat! If you like pumpkins, then this class is especially for you! Instructor, Barb Hiltner.

Maple Grove Community Center
Monday, October 19

9:30 – 11:30 a.m.	\$13	53896
12:00 – 2:00 p.m.	\$13	53897

HAY! HAY! HAY!

What fun we can have at the farm! The farm can be a busy place in the fall. We will explore the different animals and sounds found on the farm. Then, let's continue 'moo-ving' through the barnyard while creating a November farm friend and enjoying a harvest snack. Instructor, Barb Hiltner.

Maple Grove Community Center
Monday, November 16

9:30 – 11:30 a.m.	\$13	53898
12:00 – 2:00 p.m.	\$13	53899

BUNDLES OF BOXES

Isn't it fun to guess what is hidden in a special box? It could be a treasure box or a wrapped present! Let's have fun decoration a gift box, complete with a treat, to keep or give as a special gift. Our snack will be in a box, too. Come and be surprised! Instructor, Barb Hiltner.

Maple Grove Community Center
Monday, December 7

9:30 – 11:30 a.m.	\$13	53900
12:00 – 2:00 p.m.	\$13	53901

Kids World - Kidcreate Art



KIDCREATE STUDIO ☎ E

Kidcreate Studio launches children into the incredible world of art. Our energized classes, camps and birthday parties offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the Web site at www.kidcreatestudio.com

Village Hall at Lakeview Knolls, 9401 Fernbrook Lane

ONCE UPON A TIME ART CLASS

Ages 18 months - 6 years with parent

Silly monkeys, colorful fish and alphabet filled coconut trees. This class is part art class and part book club! Your child will be inspired by outstanding children's literature. We'll read fantastic books like *Chicka Chicka Boom Boom*, *Rainbow Fish* and *Five Little Monkeys Jumping on the Bed*. Then, we'll create our own masterpieces using the books as our inspiration. Together we'll learn about art, get a little messy and develop a love of reading! Come and create right along with your child in these hands on classes!

Thursdays, September 10 – October 1

9:30 - 10:30 a.m.	\$56	53930
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SUESSOLOGY ART CLASS

Ages 18 months - 6 years with parent

Do you like green crayons and paint? Would you, could you with my friend Nate? Or maybe just at Kidcreate? Come and focus on the fun, imaginative writings and illustrations of the great Dr. Seuss. Each week we will explore a classic Dr. Seuss tale and create wild, wacky and colorful art inspired by that book. Get ready to use a variety of art materials and techniques to create these wonderful whimsical works. Come and create right along with your child in these hands on classes!

Thursdays, October 8 – 29

9:30 – 10:30 a.m.	\$56	53931
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Kids World - Creative Kids (Kidcreate Studio)

KEEPSAKE ART

Ages 18 months - 6 years with parent

Make memories together to cherish for a lifetime to come! In this class, you will work together with your child to make precious masterpieces to display at home or give as very special gifts. Use plaster of Paris, paint, clay and other creative materials to make an array of cute keepsakes! Get artistic with your little one as the two of you make a finger-painting on a real canvas, a keepsake box, cast a life-sized plaster hand print and so much more! Come and create right along with your child in these hands on classes!

Thursdays, Nov 12 - Dec 10 (ex Nov 26)

9:30 – 10:30 a.m.

\$56

53932



HAPPILY EVER AFTER ART

Ages 3 - 6

Once upon a time, there was an art class where all the young children of the land got to imagine themselves living in a castle as a royal prince or princess. In this class, we will use a variety of painting techniques to create a castle scene complete with a fire breathing dragon. How does class end? With everyone living happily ever after, of course! *Please pack a nut free snack and drink for your child.*

Saturday, October 17

9:00 – 12:00 p.m.

\$33

53933

STAR WARS-R2D2 ART

Ages 4 - 9

Obi Wan Kenobi and Anakin would be proud of the Star War masterpiece your young Jedi will create in this class. The kids will be constructing their own mini R2D2 out of Model Magic clay. Leave the light sabers at home – our creativity will be our weapon of choice. May the force be with you! The new Star Wars movie is due out in theaters mid-December! *Please pack a nut free snack and drink for your child.*

Saturday, September 19

9:00 – 12:00 p.m.

\$33

53934

OLAF BOBBLE HEAD ART

Ages 4 - 9

Your kids will love this project! We'll create Olaf bobble heads out of Model Magic® clay. Sign up early for this one; it's going to fill up fast! *Please pack a nut free snack and drink for your child.*

Friday, October 16

9:00 – 12:00 p.m.

\$33

53935



CANDY CRAFTS

Ages 4 - 9

The holidays are a magical and candy-filled time. Come and join us as we create art out of candy and other sweet art supplies! The art materials of choice will be frosting, gummy bears, gumdrops, marshmallows and other candy treats along with clay and paint. We will create a candy kaleidoscope, winter wonderland scene, a jumbo piece of candy and more in this extremely yummy class. *Please pack a nut free snack and drink for your child.*

Monday & Tuesday, Dec 21 & 22

1:00 – 4:00 p.m.

\$67

53937

LEGO, MINECRAFT ART

Ages 5 - 12

LEGO and Minecraft what an amazing combination! In this class, the kids will create multiple projects inspired by Creepers, the popular Minecraft characters. We will use air-dry clay, paint and LEGO bricks to create these explosive masterpieces. *Please pack a nut free snack and drink for your child.*

Monday, Oct 26

9:00 – 12:00 p.m.

\$33

53938



PAINTING ON CANVAS, REINDEER GAMES

Ages 5 - 12

Who's the most famous reindeer of all time? Rudolph, of course! During this popular class your child will learn how to paint Rudolph the Red-Nosed Reindeer step-by-step as they create on a real canvas board. *Please pack a nut free snack and drink for your child.*

Saturday, Dec 12

1:00 – 4:00 p.m.

\$33

53929

Kids World - Creative Kids (Artistic Moments)

ARTISTIC MOMENTS - PRESCHOOL ☎ E

Ages 3 - 5 with a parent

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. Fees include all supplies. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor.



HALLOWEEN CERAMICS, MOM (OR DAD) & ME

Calling all ghosts and goblins! Halloween is creeping up on us, so it's time to raise the spirits and let the haunting begin! Ghosts, spiders, pumpkins and more are choices you have in this fun-filled class. The ceramics (greenware) is fired in a kiln and cleaned prior to class. Acrylic paints are used to complete the project, so *remember to bring a paint shirt!* All artistic abilities welcome!

Maple Grove Middle School, Room 137

Saturday, October 24

9:00 - 10:30 a.m.

\$18

53925

CREATIVE THANKSGIVING CUPCAKES, MOM (OR DAD) & ME

You will want to gobble up these creative Thanksgiving cupcakes! Learn the basic skills of cupcake decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cupcakes to take home. All artistic abilities welcome!

Maple Grove Senior High, Room 277

Saturday, November 21

9:00 - 10:30 a.m.

\$18

54029

WINTER WONDERLAND LEGO ART, MOM (OR DAD) & ME

If you like Lego's, join us for this fun and creative 3D class as we explore the world of Legos! Use your imagination to design your very own winter-themed sculpture that you can display throughout the snowy season! Choose from a variety of colors to create your keepsake- the sky is the limit. All artistic abilities welcome!

Maple Grove Senior High, Room 277

Saturday, December 5

9:00 - 10:30 a.m.

\$18

53927



ARTISTIC MOMENTS - ELEMENTARY ☎ E

Grades K - 4

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor. Supplies are included; bring a paint shirt.

HALLOWEEN CERAMICS

Calling all ghosts and goblins! Halloween is creeping up on us, so it's time to raise the spirits and let the haunting begin! Ghosts, spiders, pumpkins and more are choices you have in this fun-filled class. The ceramics (greenware) is fired in a kiln and cleaned prior to class. Acrylic paints are used to complete the project, so *remember to bring a paint shirt!* All artistic abilities welcome!

Maple Grove Middle School, Room 137

Saturday, October 24

10:45 - 12:15 p.m.

\$18

53926



CREATIVE THANKSGIVING CUPCAKES

You will want to gobble up these creative Thanksgiving cupcakes! Learn the basic skills of cupcake decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cupcakes to take home. All artistic abilities welcome!

Maple Grove Senior High, Room 277

Saturday, November 21

10:45 - 12:15 a.m.

\$18

54030



WINTER WONDERLAND LEGO ART

If you like Lego's, join us for this fun and creative 3D class as we explore the world of Legos! Use your imagination to design your very own winter-themed sculpture that you can display throughout the snowy season! Choose from a variety of colors to create your keepsake- the sky is the limit. All artistic abilities welcome!

Maple Grove Senior High, Room 277

Saturday, December 5

10:45 - 12:15 p.m.

\$18

53928

Kids World - 'Inquisitive Minds'



SCIENCE EXPLORERS – PRESCHOOL ☎ E

Ages 3½ - 6

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee include all supplies.

Maple Grove Community Center



SILLY, SLOPPY, SLIMES!

Are you ready for some gooey, sloppy experiments? Then slide into this exciting, hands-on lab as we experiment with gooey, silly and slimy mixtures. Be sure to dress so you can get messy as we learn why mixtures act the way they do.

Tuesday, September 22

9:30 - 11:00 a.m. \$15 53943

FALL INTO SCIENCE

Join Science Explorers as we discover this wonderful time of year. As fall comes to Minnesota, we will learn how nature responds to the changes happening all around us through migration, hibernation and adaption. Topics will also include leaves, weather, animals, along with other changes that take place during this very special time of year.

Tuesdays, October 6 – 27

9:30 - 11:00 a.m. \$54 (4 ses) 53944



STARS, PLANETS AND STORIES

Blast off with Science Explorers for a fun filled trip to the stars. Upon our departure, we will learn about gravity and how it affects us here on earth. As we soar past the moon, we will stop to investigate the planets of our solar system and how they orbit the sun. As we reach the end of our trip, we will look to the constellations and learn their stories. Come and join us on our journey as we create art projects, play games and more!

Tuesdays, November 3 – 24

9:30 - 11:00 a.m. \$54 (4 ses) 53945

A POLAR ADVENTURE



Bundle up as we journey to the ends of the earth. On our journey, we will learn how the sun and the earth's rotation have created these wintry environments. We will also discover how the animals have adapted to living with frigid conditions. As we travel from the North Pole to the South, we will learn if these icy climates have more

than one season and how the poles are different from each other. Please join us for this fun and frosty class.

Tuesdays, December 1 – 15

9:30 - 11:00 a.m. \$41 (3 ses) 53946

SCIENCE EXPLORERS – ELEMENTARY ☎ E

Grades 1 - 5



These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee include all supplies.

Maple Grove Community Center

CRAZY CATAPULTS

Grades 1 - 5

The kingdom needs you! The royal family has appointed you as their royal master engineer to determine the best castle construction to protect their walls against a marshmallow catapult. You will build your own simple catapults to test your castle walls and to practice your skills of trajectory and accuracy.

Thursday, October 15

1:00 - 3:30 p.m. \$23 53947



THE MECHANICS OF GIZMOS AND GADGETS

Grades 1 - 5

How did toys work before batteries? They relied on physics. Put science to work as you explore the how and whys of energy, gravity and motion by experimenting and building gadgets that really work.

Tuesday, December 29

9:30 - 11:30 a.m. \$19 53948

Kids World - Safety Programs



SAFE ON MY OWN ☎ E

Ages 7 - 10

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

Maple Grove Community Center

Saturday, November 7

9:00 - 10:30 a.m.

\$16

54035

HOME ALONE - FOR PARENTS & CHILDREN

Youth & Adults

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. **Registration may be done in person during Parks & Recreation hours, by fax or by mail. Unfortunately, we are unable to process this registration electronically due to the fee structure.** Instructors, Sheryl Nefstead & Maple Grove Police Officer.

Maple Grove Middle School

Wednesday, October 21

6:30 - 8:00 p.m.

\$19.00/adult-child pair

53902

\$5.00/additional adult

\$5.00/additional child

BABYSITTING WORKSHOP ☎ E

Ages 11 - 15

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. **Children 10 years of age may take the course, however, they will not receive the certification.* Students should bring a bag lunch.

Maple Grove Community Center

Saturday, September 26

9:00 - 4:30 p.m.

\$79

54031

Saturday, October 24

9:00 - 4:30 p.m.

\$79

54032

Saturday, November 14

9:00 - 4:30 p.m.

\$79


54033

Saturday, December 19


9:00 - 4:30 p.m.

\$79

54034



American Red Cross



Jumpstart your teen's first business.

SIGN UP FOR BABYSITTER'S TRAINING TODAY.

REGISTER NOW

Teen Happenings

MAPLE GROVE TEEN CENTER

If you are a teen then this place is for you! We have computers for homework, to play games and access the internet. The center is also a great place to hang out with friends, listen to music and play video games. The teen center has a jukebox, pool tables, video games, a projection screen TV, lounge area, Xbox 360 and more! The Teen Center is located inside the Community Center with access to the gym, Grove Cove Aquatic Center, ice arena, skate plaza and concessions.

*Student I.D. is recommended when entering Community Center property. *Student I.D. can be made at the Community Center lower concessions with a proof of residency and parent/guardian signature. Hours of operation may be restricted due to special events. Teen Center is not open to teens during regular school hours.

HOURS OF OPERATION

School year

Monday - Thursday 3:00 p.m. - 9:00 p.m.
Friday 3:00 p.m. - 10:00 p.m.
Saturday 10:00 a.m. - 10:00 p.m.
Sunday 12:00 p.m. - 6:00 p.m.

Non-school days (student vacation days)

Monday - Thursday 10:00 a.m. - 9:00 p.m.
Friday 10:00 a.m. - 10:00 p.m.



TEEN CENTER BIRTHDAY PARTIES

Grades 6 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables and the Xbox 360. You can watch your favorite movie, listen to your favorite music on the juke box and so much more. Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation.

\$85.00 *Teen Center will be open to the public
\$90.00 *Private Teen Parties are available on Sunday evenings starting at 6:00 pm. You will have exclusive use of the Teen Center for 2 hours.

TEEN CENTER AND GYM PARTY OPTION

For the active party goers you may want to rent out our gymnasium, play a game of basketball, volleyball or your choice of indoor activity. You will get exclusive use of the Teen Center and the Gymnasium for 2 hours.

\$130.00 *You will have exclusive use of the Teen Center for 2 hours & the gym for 1 hour. Includes a roll of quarters for the arcade games.

TEEN CENTER RENTAL INFORMATION

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. For information call the Rental Coordinator, 763-494-5969

MAPLE GROVE TEEN ADVISORY GROUP MG-TAG

Calling all Maple Grove Teens!

The Maple Grove Teen Center wants your input. We are an all youth advisory group that provides feedback on programs and operations of the Maple Grove Teen Center. Our goal is to enhance the quality of teen programming in Maple Grove. We want to hear your voice. All members are in grades 6 - 12. Some of the events we will participate in are Maple Grove Days, Adopt-A-Park, Parents Night Out, Random Adventures, Sparkle Parade and Club Night.



Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:00 pm. in the Teen Center. Our fall meetings are: September 17, October 1 & 15 & November 5 & 19.

Sign up today! MG-TAG Registration Form available at www.maplegrovern.gov on the Teen Center page.



MAPLE GROVE TEEN ADVISORY GROUP ADOPT-A-PARK FALL CLEAN UP DAY

MG-TAG will be cleaning our park, North Arbor Lake Trail; we invite all teens to join us to clean the trail and around the lake. Come out and enjoy the weather, meet new friends and learn what MG-TAG is all about. Meet at the Maple Grove Teen Center at 4:00 p.m. After the work is done, we will enjoy conversation and snacks at the Teen Center.

Thursday, September 17
4:00 - 6:30 p.m.

FREE PIZZA FRIDAYS IN NOVEMBER

Join us Fridays in the Teen Center for the month of November! Enjoy pizza and hanging with friends.

Fridays, November 6, 13 & 20
Pizza served at 6:00 p.m.

MAPLE GROVE SKATE PLAZA

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. It is open daily during park hours from 6:00 a.m. - 10:00 p.m. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear is strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility. Use the facility with safety in mind!

Teen Happenings

TEEN EVENTS & ACTIVITIES

Join us this fall for two great events. Our DJ's have new music, videos and give-aways. Maple Grove Parks and Recreation welcomes all students attending Maple Grove Junior High and Osseo Junior High to participate in our teen events.

October – Costume Dance & Haunted House

Maple Grove Community Center

Friday, October 30

7:00 - 10:00 p.m.

\$5.00 or

\$4.00 in costume,

payable at the door

December - Ugly Sweater Dance

Osseo Middle School

Friday, December 18

7:00 - 9:00 p.m.

\$7.00 payable at the door.

Please bring correct admission.



HALLOWEEN COSTUME EXCHANGE & DONATION

Do you have Halloween Costumes that are cluttering up your closet? The Maple Grove Teen Advisory Group is hosting a costume exchange. You can help out other families in need and give new life to a gently used costume at the same time. MGTAG has set up a Halloween Costume Exchange that allows you to exchange or donate your kids' used costumes and choose a "new" costume for your child for this season or provide a costume for a kid in need in Maple Grove.

Costume Drop Off: Drop off your clean and gently used costumes at the Teen Center anytime between 8:00 a.m. - 9:00 p.m. from now until Friday, October 16.

Costume Pick Up: Pick up a "new" costume starting Thursday, October 15 through Friday, October 23 from 10:00 a.m. - 9:00 p.m. at the Maple Grove Teen Center. Contact Tanya Hilger, thilger@maplegrovern.gov



HALLOWEEN CAKE WARS ☎ E

Ages 10 – 17

Just like the popular TV show Cupcake Wars; but this time you and your team will have an entire cake to decorate! You and your teammate(s) will brainstorm Halloween designs and then decorate your team's cake. You will use colorful bags of icing and a variety of decorating metal tips to create your masterpiece. Compete against the other teams and produce the most creative and uniquely designed cake. Judges will determine a winner at the end of class. All supplies will be provided and all participants will take home a piece of their cake! Sign Up Now!!

Maple Grove Community Center

Saturday, October 24

1:30 - 3:30 p.m.

\$30

53595

MAGIC WIZARD WORKSHOP ☎ E

Ages 10 - 17



In the tradition of Houdini, now you can learn Trick's, Illusion's & Escapes with this hands on class. Get an inside look into the mystical world of magic. Students are invited to bring and share some of their tricks if they like. The class will cover many topics including some history of Magic, Houdini, Stage presence, magic with everyday objects, and how the psychology of magic can benefit your everyday life. Class is taught by magician -escape artist Karl Achilles.

Maple Grove Community Center, Teen Center

Thursday, October 15

11:00 - 12:30 p.m.

\$10

53596

GHOST HUNTERS ☎ E

Ages 10 - 17

Do you believe in Ghosts? Could it be true? This class offers an insight into the paranormal. A great beginner's class if you are looking to get into this ever popular field. Learn techniques, the in's & out's, the do's & don'ts. Topics include EVP's, EMF's, Ouija Boards, Ectoplasm & more. Bring your stories & questions to this unique class taught by magician Karl Achilles who has used his knowledge of magic to prove or debunk the world of the mysterious.

Eagle Lake Community Building

Friday, October 16

6:00 - 7:30pm

\$10

53597

Teen Happenings

HOLIDAY COOKIE BAKE AND TAKE ☎ E

Ages 11 – 17



Delight your family with homemade treats. Use pre-made dough to make classic favorites such as peanut butter stars and colorful sugar cookies. Also, try out some new recipes and surprise your family. All bakers will take home approximately five dozen treats. *Bring two cookie sheets, a dish cloth & towel and containers.*

Maple Grove Middle School,
Food Lab

Saturday, December 19

9:30 a.m. – 12:00 p.m.

\$25

53601

MINNESOTA VIKINGS

VIKING FOOTBALL GAMES

on the big screen

Come and enjoy the Vikings Games with us at the Teen Center. If they are playing, we are watching! Free popcorn during the game!

<u>Date and Time</u>	<u>Opponent</u>
Sun. Sept. 20 12:00 p.m.	Detroit Lions
Sun. Sept. 27 12:00 p.m.	San Diego Chargers
Sun. Oct. 4 3:25 p.m.	at Denver Broncos
Sun. Oct. 18 12:00 p.m.	Kansas City Chiefs
Sun. Oct 25 12:00 p.m.	at Detroit Lions
Sun. Nov. 1 12:00 p.m.	at Chicago Bears
Sun. Nov. 8 12:00 p.m.	St. Louis Rams
Sun. Nov. 15 3:05 p.m.	at Oakland Raiders
Sun. Nov. 22 12:00 p.m.	Green Bay Packers
Sun. Nov. 29 12:00 p.m.	at Atlanta Falcons
Sun. Dec. 6 12:00 p.m.	Seattle Seahawks
Sun. Dec. 20 12:00 p.m.	Chicago Bears
Sun. Dec. 27 12:00 p.m.	New York Giants
Sun. Jan. 3 12:00 p.m.	at Green Bay Packers

GAMING REALM – TRADING CARD GAMES ☎ E

Ages 11 - 17

Yu-Gi-Oh, Magic The Gathering, Pokemon and more...join us weekly to challenge yourself and your friends in exciting games that will challenge your imagination. Trading card games are unique games that encourage interaction and socialization between players. Come and learn a new game, new strategies or perfect your skills in a battle against an opponent and their deck. A variety of games will be played; participants should have a starter deck to begin.

Maple Grove Teen Center

Saturday, September 19 – December 19

10:00 – 12:00 p.m.

\$40

53598

MINECRAFT CODING COMPUTER CRAFT ☎ E

Ages 10 - 16

The next level of our Minecraft program is here! Are you tired of having to mine the "boring" stuff? Did you know you can create and program Minecraft ROBOTS to do your mining for you? Learn how to code using the Minecraft ComputerCraft Mod and put those robots to work. Working with a partner you'll start out programming with a graphical interface and then evolve to text-based coding as you learn to program with Lua. Soon you'll be able to focus on mining what YOU want!

Maple Grove Teen Center

Thursday & Friday, October 15 & 16

9:00 – 12:00 p.m.

\$80

53599



HEALTH, NUTRITION AND FITNESS

'EMPOWER ME 4LIFE' ☎ E

Ages 11 - 17

A fun and practical 8 session healthy living course equipping youth with new attitudes, skills and knowledge about eating better and moving more – for life. Learn important skills about eating healthy and physical activities in fun and interesting ways. We will cover topics such as benefits of physical activity, barriers and solutions, how to read food labels and even visit a grocery store and the Maple Grove Farmer's Market. Each participant will receive a certificate of completion and a Healthy Living Attitude.

Maple Grove Teen Center

Tuesdays, September 22 – November 10

4:30 -5:30 p.m.

\$40

53600

Adult Sport Leagues

ADULT CO-REC VOLLEYBALL LEAGUE ☎ E

Power Volleyball for Adults, 18+

Online and in-person registration is accepted immediately. Registration deadline is Friday, September 11. Teams must provide an email address. All correspondence will be by email only. Questions may be directed to Katie Lallier, klallier@maplegrovern.gov or by calling 763-494-6511.

Maple Grove Middle School, 7000 Hemlock Lane
Wednesday, September 30 – December 16

6:15, 7:15, 8:15 & 9:15 p.m. game times

Upper Division	\$350	54049
Middle Division	\$350	54050
Lower Division	\$350	54051

WOMEN'S UNOFFICIATED VOLLEYBALL ☎ E

Adults, 18+

Women's Volleyball is unofficial and recreational. Power volleyball rules are not used. All registration accepted immediately. The registration deadline is Wednesday, September 9 or until spaces fill. Registration is available beginning Thursday, July, 30. Questions may be directed to Katie Lallier, klallier@maplegrovern.gov or by calling 763-494-6511.

Oak View Elementary, 6710 East Fish Lake Rd

Mondays, September 14 – December 7

6:15, 7:20, 8:25 and 9:30 p.m. game times

Spiking League	\$100 per team	54052
Non-Spiking League	\$100 per team	54053

3 PERSON BASKETBALL ☎ E

Adults, 18+

This is a half court unofficial league. All registration accepted immediately. The registration deadline is Tuesday, September 1 or until spaces fill. Questions may be directed to Katie Lallier at klallier@maplegrovern.gov or by calling 763-494-6511.

Maple Grove Middle School, 7000 Hemlock Lane

Tuesdays, September 22 – December 15

Game times of 7:00, 8:00 & 9:00 p.m.

Open Division	\$90 per team	54047
Over 30 Division	\$90 per team	54048

ADULT OPEN GYM

Adults, 18+

Offered for those interested in playing basketball. This is an adult activity. Children are not allowed in the gym at this time. Child Care is not available.

Identification will be checked.

Osseo Middle School

Mondays, October 12 – December 14

8:15 - 10:00 p.m.

\$5.00 per person, payable each night



Adult Fitness

STRENGTH TRAINING AND TONING ☎ E

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. *Wear comfortable clothing and bring a mat for floor exercises.*

Rice Lake Elementary School, Gymnasium

Mondays, Sept 14 – Dec 14 (ex Sept 28 & Nov 2, 23)

7:30 – 8:20 p.m. \$77 (11 ses) 53608

Wednesdays, Sept 23 – Dec 16 (ex Sept 30 & Nov 4, 25)

6:30 – 7:20 p.m. \$70 (10 ses) 53609



50/50 COMBO FITNESS ☎ E

Half cardio, half strength, 100% Fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A Great total body workout. Please wear appropriate workout shoes and clothes. *Bring a mat for the cool down segment.* Instructor, Renae Cole.

Rice Lake Elementary, Gymnasium

Wednesdays, Sept 23 – Dec 16 (ex Sept 30 & Nov 4, 25)

7:30 - 8:20 p.m. \$70 (10 ses) 53610

FIT FUSION ☎ E

Join us for a group fitness class that combines pilates, dance, yoga, and sculpting movements. Using predominantly bodyweight, this class challenges the whole body, especially the muscles of the legs, butt and core in a completely new way to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet effective, workout experience. This class is designed for healthy individuals with no previous dance experience. *Please bring a mat to class.* Instructor: Kristie Walker

Oak View Elementary School, Cafeteria

Thursdays, Sept 17 – Dec 10 (ex Oct 29 & Nov 26)

7:10 – 8:10 p.m. \$77 (11 ses) 53618

Adult Fitness

BEGINNING YOGA ☎ E

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. *Bring a mat for floor work.*

Weaver Lake Elementary School, Cafeteria

Mondays, Sept 14 – Dec 7 (ex Nov 2)

6:00 - 7:00 p.m. \$84 (12 ses) 53614

Wednesdays, Sept 16 – Dec 9 (ex Nov 25)

6:00 – 7:00 p.m. \$84 (12 ses) 53615

VINYASA FLOW YOGA ☎ E

Intermediate/Advanced

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work.*

Weaver Lake Elementary School, Cafeteria

Mondays, Sept 14 – Dec 7 (ex Nov 2)

7:10 - 8:10 p.m. \$84 (12 ses) 53616



PRENATAL YOGA ☎ E

Join Blooma certified Prenatal Yoga Instructor Sarah Auna for 75 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome - *bring a yoga mat* - props, tea and aromatherapy provided. This is a class for women only.

Eagle Lake Community Building (6259 Eagle Lake Dr.)

Thursdays, Sept 10 – Dec 3 (ex. Oct 15 & Nov 26)

6:30 - 7:45 p.m. \$77 (11 ses) 53607

YOGILATES ☎ E

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include Yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work.*

Instructor, Kristie Walker

Oakview Elementary School, Cafeteria

Thursdays, Sept 17 – Dec 10 (ex Oct 29 & Nov 26)

6:00 – 7:00 p.m. \$77 (11 ses) 53617



ALL-LEVELS YOGA ☎ E

**New Morning Class Offered*

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for floor work.*

Maple Grove Junior High, Community Gyms

Wednesdays, Sept 16 – Dec 9 (ex Nov 25)

9:30 - 10:30 a.m. \$84 (12 ses) 53613

T'AI CHI EXERCISE ☎ E

T'ai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole", it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold T'ai Chi group, Elaine Schrade, head instructor.

Weaver Lake Elementary School, Cafeteria

Tuesdays, Sept 15 – Dec 8 (ex Nov 10)

7:05 – 8:05 p.m. \$84 (12 ses) 53606

Adult Fitness



KETTLEBELL FITNESS ☎ E

**New Morning Class Added*

The Russian Kettlebell has forever altered the landscape of American fitness, with the breakthrough system for achieving astonishingly rapid yet consistent gains in muscle strength, explosive power, energy and functional performance with a single, simple tool. The kettlebell is now becoming the favored fitness training for busy men, women, elite athletes and those simply wishing to attain their highest possible level of physical excellence.

Certified Kettlebell Instructor Roxanne Altmeyer RKC & EMT, gives you a perfect mix of follow-along kettlebell workouts to rapidly burn off unwanted pounds! This workout is done in bare feet or flat soled shoes. *Wear loose-fitting clothing, bring water and your own bells if you have them!* If pre-existing health conditions or injuries exist, please check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

Maple Grove Junior High School, Cafeteria

Tuesdays, Sept 15 – Dec 8 (ex Oct 13)
6:00 - 7:00 p.m. \$84 (12 ses) 53603

Saturdays, Sept 12 – Dec 5 (ex Nov 7 & 28)
8:30 - 9:30 a.m. \$77 (11 ses) 53604

Maple Grove Junior High School, Community Gym

Thursdays, Sept 17 – Dec 10 (ex Nov 26)
9:00 - 10:00 a.m. \$84 (12 ses) 53605



XA BEAT FITNESS ☎ E

XaBeat Fitness is a dance-fitness program that provides high intensity cardio and toning in a party-like atmosphere. The routines are easy and simple to follow allowing participants to concentrate on getting a better workout! Xabeat participants burn calories without realizing they are working out! Top rated, highly energetic American music is used so participants can relate. The music sets the mood and creates an environment that leaves participants wanting more!

Weaver Lake Elementary School, Cafeteria

Tuesdays, Sept 15 – Dec 8 (ex Nov 10)
6:00 - 7:00 p.m. \$84 (12 ses) 53611

ZUMBA FITNESS ☎ E

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No Previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel.*



Basswood Elementary School, Gymnasium

Mondays, Sept 14 – Dec 14 (ex Oct 12 & Nov 16)
6:30 - 7:30 p.m. \$84 (12 ses) 53532

Tuesdays, Sept 15 – Dec 15 (ex Oct 13 & Nov 17)
7:00 - 8:00 p.m. \$84 (12 ses) 53533

Wednesdays, Sept 16 – Dec 9 (ex Nov 25)
6:30 - 7:30 p.m. \$84 (12 ses) 53534

Osseo Senior High, Cafeteria

Saturdays, Sept 12 – Nov 21 (ex Oct 3 & Nov 7)
8:30 - 9:30 a.m. \$63 (9 ses) 53535

ZUMBA FITNESS PUNCH CARD ☎ E

Can't decide what Zumba class to attend. Schedule too busy to commit to a certain night? Why not try a quarterly punch card? Ten punches for \$70.00. You may attend any Fall Zumba class that is listed in the brochure. Specialized classes such as Strength Training & Toning, 50/50 Combo Fitness, T'ai Chi, Kettlebell Fitness, Tabata, Xa Fitness, Fit Fusion or Yoga are not included.

- Times not used are not transferable to another quarter.
- Refunds are not issued for punch cards.
- Registration begins on Wednesday, August 19 at 9:00 a.m.
- Punch cards and a calendar will be sent in the mail.

Questions? Call Michelle DeBace at 763-494-6516.

\$70.00 for 10 punches 53536



Adult Fitness and Dance

TABATA FITNESS ☎ E

**New morning class offered*

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells.*

Fernbrook Elementary School, Cafeteria

Mondays, Sept 14 – Dec 7 (ex Oct 12 & 19)

6:00 - 7:00 p.m. \$77 (11 ses) 53939

Maple Grove Junior High, Community Gym

Wednesdays, Sept 16 – Dec 9 (ex Oct 14 & Nov 25)

8:20 - 9:20 a.m. \$77 (11 ses) 53940

SWING & SOCIAL BALLROOM DANCE FOR BEGINNERS

Ages 16 - adult

(Children welcome if dancing with adult partner)



Learn several basic steps in the most popular ballroom dances, including Waltz, Foxtrot, Swing, Hustle, Cha Cha, Salsa, & Polka!

This is the perfect course to get you started and to help gain confidence on the dance floor. Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? Classes are fun and easy! You'll be glad you tried them! Instructor offers free repeat & make up classes at other locations. The Constantine family has been offering quality ballroom dance instruction in the Twin Cities for over 50 years! Deanna Constantine provides simple instruction intended for the brand new, beginning level dancer. Everyone

who attends will be successful learning to dance! To reserve your spot in class, or if you have questions, please call Deanna @ 612-240-8329 or visit www.ConstantineDance.com. *No advanced payment required. Reservations recommended. Payable by cash or check to the instructor!*

Maple Grove Junior High, Cafeteria

Sundays, October 4 - 25 (4 ses)

6:30 - 8:00 p.m. \$55 per person

THE 'ABC' OF SQUARE DANCE

Ages 6 - Adult

Have you ever given a thought to trying dancing for healthy fun exercise? If so, this is your chance. Singles, couples, families - anyone from 6 (accompanied by a parent) to 80 can come for one, two or three of the evenings. No experience necessary. You will be dancing and enjoying yourself within minutes. For more information, please call 763-425-1661 or 612-801-6064 or visit us at www.squaredancemaplegrove.com.

Oak View Elementary School, Cafeteria

Wednesdays, September 16 – 30

7:00 - 9:00 p.m. \$4 per night pay at the door

MODERN AMERICAN SQUARE DANCING ☎ E

Ages 6 - Adult

People of all ages, come join Maple Grove's Square Dance Club for some great exercise and lots of fun! This class is designed for beginners of all ages and will teach calls from the mainstream level of American square dancing. Couples, singles, young or old are welcome and encouraged to come and meet new friends while dancing to lively music in a safe, enjoyable environment. For more information, please call 763-425-1661 or 612-801-6064 or visit us at www.squaredancemaplegrove.com.

Oakview Elementary School, Cafeteria

Wednesdays, October 7 – December 16 (ex Nov 4 & 25)

7:00 – 9:00 p.m. \$36 (9 ses) 53619



SQUARE DANCES

Ages 6 – Adult

Square dancers of all ages, join the *Single Circles Square Dance Club* at monthly dances. Callers from around the state will be working the dances. Anyone who has completed Modern Square Dance lessons is invited to join us for a swinging good time. Children must be accompanied by a paying adult.

Oak View Elementary School, Cafeteria

Fridays, Sept 18, Oct 16, Nov 20 & Dec 18

**7:30 - 10:00 p.m. \$6 per Adult (pay at door)
\$3 under 18 (pay at door)**

Adult/Senior Fitness & Health

STRENGTH & BALANCE TRAINING ☎ E

Age 50 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring weights to class.* Instructor, Cyndy Long.

Crosswinds United Methodist Church

Wednesdays, September 9 – December 16 (ex Nov 25)

9:00 – 9:55 a.m.	\$56 (14 ses)	53537
10:00 – 10:55 a.m.	\$56 (14 ses)	53538



CHAIR YOGA ☎ E

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Cyndy Long.

Crosswinds United Methodist Church

Wednesdays, September 9 – December 16 (ex Nov 25)

11:00 – Noon	\$56 (14 ses)	53547
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FOUNDATION FITNESS ☎ E

LifeTime Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you.

Life Time Fitness Center, Aerobics Room

Mondays, August 31 - October 19

10:40 – 11:40 a.m.	\$32 (8 ses)	53548
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Wednesdays, September 2 – October 21

10:40 – 11:40 a.m.	\$32 (8 ses)	53549
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Fridays, September 4 – October 23

10:40 – 11:40 a.m.	\$32 (8 ses)	53550
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Monday, October 26 – December 14

10:40 – 11:40 a.m.	\$32 (8 ses)	53551
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Wednesday, October 28 – December 16

10:40 – 11:40 a.m.	\$32 (8 ses)	53552
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Friday, October 30 – December 18

10:40 – 11:40 a.m.	\$32 (8 ses)	53553
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EASY, BEGINNING YOGA ☎ E

Join this class to reduce stress, increase flexibility and strength and restore a healthy balance to your body. This class is recommended for those interested in a slower paced class. Come, give Yoga a try and see the benefits of this form of exercise! Must be able to move to and from the floor. Instructor, Dee James.

K Hovnanian's Four Seasons at Rush Creek,
Community Clubhouse Ballroom

7550 Ranier La N, Maple Grove MN 55311

Tuesdays, September 2 – October 21

9:00 – 10:00 a.m.	\$32 (8 ses)	53539
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10:15 – 11:15 a.m.	\$32 (8 ses)	53540
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Thursdays, September 10– October 29

9:00 – 10:00 a.m.	\$32 (8 ses)	53541
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10:15 – 11:15 a.m.	\$32 (8 ses)	53542
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Tuesdays, November 3 – December 15

9:00 – 10:00 a.m.	\$28 (7 ses)	53543
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10:15 – 11:15 a.m.	\$28 (7 ses)	53544
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Thursdays, November 5 – December 17 (ex Nov 26)

9:00 – 10:00 a.m.	\$24 (6 ses)	53545
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10:15 – 11:15 a.m.	\$24 (6 ses)	53546
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FITNESS WALKING

Maple Grove residents, aged 62 & older

Don't let the rain, clouds or snow stop your walking program. LifeTime Fitness and Maple Grove Parks and Recreation invite you to join the Fitness Walking program. Using the Athletic Club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. For additional information, call Kris at 763-494-6514. *All registrations will be handled at LifeTime Fitness, Membership Services.*

LifeTime Fitness walking track

Monday – Friday, ongoing

9:00 – 11:00 a.m. & 1:00 – 3:00 p.m.

\$10 (monthly)

Adult/Senior Fitness & Health

SHIBASHI TAI CHI ☎ E

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand, and Indonesia. Weather permitting we will hold class outside, moving inside as needed/desired. Instructor, Karine Platt.

Town Green Meeting Room

Thursdays, September 10– October 29

4:00 – 5:00 p.m. \$48 (8 ses) 53567

Thursdays, November 5 - December 17 (ex Nov 26)

4:00 – 5:00 p.m. \$36 (6 ses) 53568



TAI CHI ☎ E

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well-being, increased flexibility and muscle strength; it can improve balance, increase relaxation, reduce stress, and help manage health concerns such as high blood pressure, diabetes and arthritis. Instructor, Karine Platt.

Lakeview Knolls Village Hall, 9391 Fernbrook Lane

Beginning Tai Chi – teaches basic tai chi movements combined from the Sun and Yang style forms by Dr. Paul Lam of Australia

Tuesdays, September 8 – October 27

8:30 - 9:30 a.m. \$48 (8 ses) 53561

Tuesdays, November 3 – December 15

8:30 - 9:30 a.m. \$42 (7 ses) 53562

Tai Chi II - For those who are moving beyond the beginning level in Tai Chi and want to learn more about Tai Chi movement.

Tuesdays, September 8 – October 27

11:00 - 12:00 noon \$48 (8 ses) 53563

Tuesdays, November 3 – December 15

11:00 - 12:00 noon \$42 (7 ses) 53564

Continuing Tai Chi - For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, September 8 – October 27

9:45 – 10:45 a.m. \$48 (8 ses) 53565

Tuesdays, November 3 – December 15

9:45 – 10:45 a.m. \$42 (7 ses) 53566

ARTHRITIS FOUNDATION AQUATIC EXERCISE PROGRAM ☎ E

The Arthritis Foundation's Aquatic Program is a water exercise program designed for people with arthritis. This class is taught by a volunteer trained through the Arthritis Foundation, and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. The program is a recreational program that does not replace a prescribed regimen of therapeutic exercises. Instructor, Carol Zemke.

Maple Grove Community Center Leisure Pool

Mondays & Fridays, Sept 21 – Dec 18 (ex Nov 27)

8:00 – 9:00 a.m. \$93 (25 ses) 53554

Tuesdays & Thursdays, Sept 22 – Dec 18 (ex Nov 26)

9:00 – 9:45 a.m. \$93 (25 ses) 53555



SWIM FITNESS ☎ E

Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. Class is held in the lap swim pool. A great form of exercise for people with arthritis or water lovers. Instructor, Jean Holub.

Maple Grove Community Center Pool

Tuesdays, Sept 22 – Dec 15, Aerobics

8:00 - 9:00 a.m. \$52 (13 ses) 53556

Wednesdays, Sept 23 – Dec 16, Strengthening

8:00 - 9:00 a.m. \$52 (13 ses) 53557

Thursdays, Sept 24 – Dec 17 (ex Nov 26), Aerobics

8:00 - 9:00 a.m. \$48 (12 ses) 53558

Mondays, Sept 21 – Dec 14 (ex Oct 26)

**Aerobics/Strengthening
1:00 – 2:00 p.m. \$48 (12 ses) 53559**

Wednesdays, Sept 23 – Dec 16 (ex Nov 25)

**Aerobics/Strengthening
1:00 – 2:00 p.m. \$48 (12 ses) 53560**

Adult/Senior Fitness & Health

PICKLEBALL – INDOORS

(Mixed Levels)

This exciting game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball.

OPEN GYM PICKLEBALL

Ongoing open games. Join the fun!! Pickleball Memberships, Coupon Book or Gym Fees apply.

Maple Grove Community Center

Wednesday 7:30 – 10:00 p.m.

Saturday 7:00 – 9:00 a.m.

Sunday 6:00 – 8:00 p.m.

Maple Grove Middle School, Community Gyms (starting Sept. 8)

Tuesday, Thursday, Friday: 7:00 a.m. – Noon

Monday, Wednesday: 7:00 – 9:00 a.m. & 11:30 a.m. – 2:30 p.m.

INTRO LESSONS

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given Monthly as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. *These lessons are free, but you must call Kris at 763-494-6514 to participate.*

Maple Grove Middle School, Community Gyms

1st Wednesdays monthly starting October 7

1:00 – 3:00 p.m.



PICKLEBALL - OUTDOORS

Outdoor courts have been lined for Pickleball, and we welcome you to enjoy the game outside this summer. You will find multiple courts at Kerber Park (4 courts) and Lakeview Knolls (6 courts) as well as single courts integrated into tennis courts at the following parks: Elm Creek School, East Fish Lake, and Teal Lake. Play on your own, or join in the scheduled play as noted. There is no fee.

Lakeview Knolls Park Courts

Monday – Saturday mornings weather permitting

8:00 – 11:30 a.m.

Monday, Wednesday & Sunday evenings weather permitting

6:00 p.m. - Darkness

PICKLEBALL FEES

Play Pickleball in Maple Grove and enjoy a variety of payment options!

Annual Dual Membership includes both:

(MG Community Center & MG Middle School Community Gyms)

\$175 resident, \$195 non-resident

Coupon Books

(MG Community Center & MG Middle School Community Gyms)

\$35 for 10 pass coupon book

Daily Fees

\$4 - \$7 (MG Community Center)

\$5 (MG Middle School Community Gyms)

NORDIC WALKING WALKERS

Join Sher Monfore, and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calories, do this and more while enjoying a walk in nature. Available for Active and now, for Lesiure walkers as well. A limited number of poles are available to borrow, or bring your own. *Contact Kris to get the park meeting places and/or to borrow poles 763-494-6514.*

Wednesdays ongoing as weather allows.

8:00 – 9:30 a.m. Nordic Walking Active Walkers
(Consist of 2 miles plus)

10:00 – 10:45 a.m. Nordic Walking Leisure Walkers
(Consist of approximately 1 mile)



NORDIC WALKING WALKERS INDOORS ☎ E

Join Sher Monfore to do some indoor exercises and walking to keep in shape when the weather turns too nasty to be out on the trails. You'll try some innovative moves using your poles to keep you moving and enjoying the comrades you have made through walking.

Maple Grove Middle School, Community Gyms

Wednesdays, December 2 – February 24

8:00 – 9:00 a.m.

\$10 (13 ses)

53569



LINE DANCING ☎ E

This is a fun, motion filled way to get some great exercise. Using a variety of music, from big band to pop, you'll learn the basic steps of line dancing and meet some friends at the same time! We welcome folks new to line dance! Don't be shy, join in the fun! Instructor Pamela Anne Reinert.

Maple Grove Community Center

Tuesdays, August 25 – September 29

10:00 – 11:00 a.m. Beginners \$24 (6 ses)

53570

11:00 a.m. – Noon Beginner + \$24 (6 ses)

53571

HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, a service of Happy Helpers, Inc., provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center

Second Thursday, Fourth Monday monthly

9:00 a.m. – 2:00p.m., appointments required

\$34.00 per visit, call 763-560-5136, Happy Helpers Inc. for an appointment.

Classes, Conversations and More...

MAKE UP BOOT CAMP FOR WOMEN 40 AND BETTER ☎ E

When is the last time you updated your make-up and beauty regime? Has your skin changed over time? What about your hair color? Join this "boot camp" to update your look with tips and techniques for ageless beauty. Learn about a variety of products; some may be completely new to you, application, and the latest trends in makeup and skin care. Julie Sherman is a makeup artist with 20 years of experience. Now is the time to put a little holiday sparkle in your life! No products or services will be sold!

Maple Grove Community Center

Tuesday, October 20

7:00 – 9:00 pm

\$29

53507

HEALTH INSURANCE HELP



Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal?

Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one on one information session. *Appointment required by calling Kris at 763-494-6514 at least a week in advance.*

Maple Grove Community Center

2nd Thursday monthly

By appointment, starting at 12:30 p.m.



NAVIGATING MEDICARE ☎ E

Thinking or getting ready to retire? Family member or a caregiver to someone that has Medicare coverage? Already have Medicare and just want to know what is going on with Medicare? This class is a chance for anyone to learn about Medicare. Spend the evening learning about the Medicare Adventure. We will discuss Medicare Parts A, B, C and D coverages, supplement types and Part D plans. The class is an educational opportunity and not a sales pitch; it is offered in cooperation with SCS (Senior Community Services), a non-profit agency. A nominal \$10 dollar fee is collected for materials.

Maple Grove Community Center

Wednesday, October 7

6:30 – 8:30 p.m.

\$10

53505

Thursday, December 10

6:30 – 8:30 p.m.

\$10

53506

SENIOR MATTERS ☎ E

Join longtime journalist Karen Gaskell as she presents the results of her in-depth research on topics of interest to older adults. Karen will explore the "Aging Brain" and the sometimes subtle differences between age-related memory, senility, forgetfulness and Dementia. Other intriguing and informative topics include "Is 100 the New 80?", "Senior Sleep Problems", "Mixing and Mingling With Gen X, Y and Millennials", "Aging Gracefully" --Developing a Positive Partnership with Mother Nature, and "Health Screenings" --Can Some do More Harm Than Good? Karen will sprinkle (sometimes humorous) personal anecdotes and encourage class discussion throughout the series.

Maple Grove Community Center

Thursdays, September 10 – October 15

9:30 – 10:30 a.m.

\$36 (6 ses)

53511

THE AGING EYE

Vision change occur naturally with age. Some are treated with glasses or contacts, some medications, and some require surgery. Some are vision threatening and early detection is important to preserve sight. Learn about the most common aging changes to vision and how they are detected and treated. Presented by Dr. Jordan Keith of Maple Grove's Eye Care Center. *No fee, but RSVP required to Kris at 763-494-6514.*

Maple Grove Community Center

Thursday, September 3

9:30 – 10:30 a.m.

AGE RELATED MACULAR DEGENERATION

Age-Related Macular Degeneration (ARMD) is the leading cause of severe vision loss in adults over the age of 50. Learn why ARMD happens, how it is diagnosed, and what we can do to treat it. Presented by Dr. Jordan Keith of Maple Grove's Eye Care Center. *No fee, but RSVP required to Kris at 763-494-6514.*

Maple Grove Community Center

Thursday, October 1

9:30 – 10:30 a.m.

VERTIGO: WHEN YOUR WORLD IS SPINNING

Presenter: Kristi Feriancek, PT, DPT, CKTP

Dizziness is the 2nd most common health complaint in the United States, affecting more than 15 million people annually. Vertigo is one of the symptoms a person can experience when a probable exists within the vestibular system and can significantly limit an individual's ability to carry out their daily activities. Although vertigo cannot be prevented, it can be managed through vestibular treatment and rehabilitations. During this session, we will look at the vestibular system, some of the most common problems of the vestibular system, the diagnostic process, and what to expect in vestibular rehabilitation. *There is no charge for this program but you must RSVP to Kris at 763-494-6514.*

Maple Grove Community Center

Wednesday, October 28

1:30 – 3:00 p.m.

Classes, Conversations and More...

SAVVY SOCIAL SECURITY PLANNING ☎ E

Presented By Mike Miller, of Integrashield Financial Group

Find out what you need to know to make the most of your retirement benefits. Baby Boomers are realizing that it will soon be their turn to collect social security. But the decisions they make now can have a tremendous impact on the total amount of benefits they stand to receive over their lifetime. Baby Boomers are asking: Will social security be there for me? How much can I expect to receive? When should I apply for Social Security? How Can I maximize my benefits? Will social security be enough to live on in retirement? To help you better understand the social security system, this course will cover: 1) five factors to consider when deciding when to apply for benefits. 2) When it makes sense to delay benefits – and when it does not. 3) Why you should always check your earnings record for accuracy. 4) How to estimate your benefits. 5) How to coordinate benefits with your spouse. 6) How to minimize taxes on social security benefits. 7) How to coordinate social security with your other sources of income.

Maple Grove Community Center

Tuesday, September 22

7:00 - 8:30 p.m. \$10 individual or couple 53503

Tuesday, November 10

7:00 - 8:30 p.m. \$10 individual or couple 53504

SOCIAL SECURITY PLANNING: A DISCUSSION

Please join Thrivent Financial Representatives, Michael Coughlin and Michelle Nisbet for a discussion on how to be savvy with your social security. This educational session covers the basics of Social Security and reveals strategies for maximizing your benefits, including: the five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, how to coordinate Social Security with your other sources of retirement income. **Classes are free, but you must RSVP to Kris at 763-494-6514.**

Maple Grove Community Center

Tuesday, September 15 or

Tuesday, October 13

6:30 – 8:00 p.m.

SOCIAL SECURITY SEMINAR

Social Security may not be a straightforward decision for everyone. Did you know that once you choose your Social Security Retirement benefit, after the first year it cannot be changed? Come for this light hearted and brief, one hour format to have your questions answered. We will address...What is the current status of Social Security? When may be the best time for you to start drawing your benefits? How to potentially optimize your benefits for both you and your spouse. How can you coordinate your Social Security benefits along with your other retirement vehicles, which may include annuities, to create your Retirement Income Strategy? Jim Bear of J. Alan Financial, provides financial advice and investment services to clients throughout the Twin Cities. Jim has been interviewed by the Minneapolis Star Tribune and is a popular speaker on employment and financial topics. **Registration required by calling Kris at 763-494-6514.**

Maple Grove Community Center

Tuesday, September 29 or

Tuesday, October 27

7:00 – 8:00 p.m.

"THE 5 DEADLY MISTAKES MOST PEOPLE MAKE WITH THEIR 401(K)S & IRAS- AND HOW TO AVOID THEM"

Did you know that 53% of Americans have saved less than \$25,000 toward retirement? Too many people find themselves in trouble when it's time to retire, because they have insufficient savings to carry them through old age. In this presentation, from Jim Bear, you'll learn how to avoid 5 mistakes that can wreck the most-important investment you'll ever make -- your retirement account. Why you may be over-paying the government on taxes and court expenses (and robbing yourself of money you thought you saved). How to keep your children and grandchildren from fighting in probate court. The easy way to make sure your retirement accounts match your financial needs. And how to avoid letting past employers "steal" your retirement savings Jim Bear of J. Alan Financial, provides financial advice and investment services to clients throughout the Twin Cities. Jim has been interviewed by the Minneapolis Star Tribune and is a popular speaker on employment and financial topics. **Classes are free, but you must RSVP to Kris at 763-494-6514.**

Maple Grove Community Center

Wednesday, October 14 or

Tuesday, November 17

6:00 – 7:00 p.m.



HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Help is Around the Corner! Senior Community Services is a nonprofit that helps older adults and caregivers navigate aging to maintain independence and quality of life. We work with trusted professionals and volunteers in your community who are ready to stop and listen to your unique needs, helping you take care of the place you call home. Through our Household & Outside Maintenance for Elderly (HOME) program, we now provide free Home Health and Safety Assessments. For more information, please call 952-746-4046 or visit our website www.seniorcommunity.org For help with projects around your house, our core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. CALL: 952-746-4046

Classes, Conversations and More...

ESTATE PLANNING ESSENTIALS

This educational class discusses an easy-to-understand approach to three estate basics:

- Wills. What they will and won't do.
- Durable/Financial power of attorney: What it does and why it pays to have one.
- Advance medical directive: What you do now can make it easier for your loved ones in the future.

Hosted by Michelle Nisbet, Financial Representative, Thrivent Financial and Steven Antolak, Antolak Law. ***This class is free, but you must RSVP to Kris at 763-494-6514.***

Maple Grove Community Center

Wednesday, November 4 10:00 – 11:30 a.m.



PLANNING YOUR MOVE ☎ E

Whether you're thinking about selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local REALTOR, GRI Renee Miller of Keller Williams Classic Realty she'll touch on understanding home values, timing your move, market statistics and how realtors market your home. Joe Van Orsdol, Chief Home Inspector and Owner at Right Home Inspections will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move are important steps to consider as well. Sort, Pack, Toss a move management company will share their expertise to round out your day. Guaranteed to get you inspired and organized for your "next steps".

Maple Grove Community Center

Thursday, September 24

10:00 a.m. - Noon

\$5

53508

"HEART TO PEN" REFLECTIONS, RESOLUTIONS, REVIVAL ☎ E

This mentally stimulating and emotionally cleansing writing class is intended to help older adults get in touch with and releasing their innermost feelings that can help clear the path to living life to the fullest. Journalist and researcher Karen Gaskell will share her personal writing journey that allowed her most suppressed sentiments to rise to the surface. Karen will guide class participants to do the same -- with utmost respect for privacy with regard to their work -- during this 1 hour, 6 session course.

Maple Grove Community Center

Thursdays, September 10 - October 15

10:45 – 11:45 a.m.

\$36 (6 ses)

53512

LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbojumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy, and still have plenty of time for individual questions and answers. Need an evening option? Or, bring along a family member(s) to listen and learn. ***There is no fee, but pre-registration is required by calling Kris at 763-494-6514.***

Maple Grove Community Center

Wednesday, October 14

10:00 – 11:00 a.m. OR

Monday, December 21

6:30 – 7:30 p.m.



CREATIVE STRATEGIES FOR NURTURING "GRANDS" ☎ E

Teaching, tutoring, loving, and working with young children, neighborhood children, and grandchildren.

'The secret to genius is to carry the spirit of the child into old age' -- Aldous Huxley. The other secret to genius is for adults to transmit knowledge and experience to the young -- Delores Topliff. Parenting, grandparenting, mentoring and life involves creating an atmosphere for relationships and learning to happen; these are rich opportunities to transmit life experience. If they are not taken, they are opportunities missed. Make times with children count. Today more grandparents and older adults are involved in childcare than before. Some use endless, often unsupervised television to occupy children as a TV babysitter or electronic parent. This course helps you utilize rich resources you probably already have to transform time together into quality time that produces meaningful skills and experience that will carry children forward in life, and also reward you with wonderful memories. Make a list of YOUR personal valuable skills, hobbies, and attributes to preserve and pass on (and other simple discussions like this).

Maple Grove Community Center

Wednesdays, October 7 – November 11

6:30 – 8:00 p.m.

\$45 (6 ses)

53510

Classes, Conversations and More...

BOOKS, BOOKS, BOOKS! ☎ E

Do you love to read, and want to share and discuss the book? Maple Grove Park and Recreation is pleased to provide a book club. It is a continuous program (meeting monthly), reading and discussing a variety of books, perhaps a movie based on a book previously discussed. The books will be selected from the Book Kits offered by the Hennepin County Library System; other books will be selected as needed. Please call Kris at 763-494-6514.

Maple Grove Community Center, Senior Center

The first Wednesday of every month

9:30 – 11:30 a.m. \$10 (yearly) 53509

GREAT TOPICS/GREAT DISCUSSIONS/ GREAT DECISIONS ☎ E

This wonderful program, co-sponsored by the Minnesota International Center, will bring world topics to discover and discuss right here in Maple Grove. Hear all the 'hot' topics of the time, from local events to world dilemmas; there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to help us learn additional information and then time to discuss that which we have learned. Each topic will be covered in a single lesson. Register for any that interest you. Topic books are available for purchase, if desired (\$15.00 for all topics), for an additional fee. (See Kris Orluck for the topic books)

Maple Grove Community Center

SYRIA'S REFUGEE CRISIS

Syrians have for a century welcomed over a million refugees from Armenia, Palestine, Iraq and other countries around the region. Now, thanks to a multiyear civil war, they are on track to become the source of the world's largest refugee population in a matter of months. As Jordan, Lebanon, Turkey and other neighbors strive to accommodate the millions of Syrians, the risk of allowing Syrians to become dependent on emergency aid and forming a "lost generation" remains. Ultimately, though, the safety of displaced Syrians rests with the whole international community.

Wednesday, September 16

9:30 – 11:30 a.m. \$8 53513

HUMAN TRAFFICKING IN THE 21ST CENTURY

Human trafficking represents a multibillion in international trade per annum and continues to be one of the fastest growing criminal industries. While undeniably a global phenomenon, the U.S., as one of the world's leading human trafficking importers, bears a special responsibility to combat this practice. The U.S. and the international community have adopted various treaties and laws to prevent trafficking, but to truly understand and combat the issue they must find the root causes enabling traffickers to exploit millions of victims.

Wednesday, October 21

9:30 – 11:30 a.m. \$8 53514

BRAZIL'S METAMORPHOSIS

Brazil — it's the "B" in the acronym BRICS, five emerging economies once seen as soon-to-be superpowers. After economic troubles in the 1990s, Brazil has risen to new global prominence; it's drawing in more investment, working on global issues ranging from climate change to peacekeeping, and even hosting the 2016 Olympics. But some of Brazil's trickiest problems; deep divisions over how to tackle serious income inequality, weak civic institutions and poor regional leadership have held it back.

Wednesday, November 18

9:30 – 11:30 a.m. \$8 53515

Adult Defensive Driving

AARP 55 SMART DRIVER COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. **\$17.00 for AARP members, \$22.00 for non-members – Must present your membership card at registration for the discount!** Electronic registration is not available for this program. Checks, cash or credit card accepted at the time of registration. Checks should be written to MGPR.

Maple Grove Community Center

8 Hour Driver Safety Course: This 2 session class is for those who have never taken a course.

Wednesday & Friday, September 23 & 25

5:30 - 9:30 p.m. \$17/\$22 53497

Saturday, November 21

9:00 a.m. – 5:00 p.m. \$17/\$22 53498

4 Hour Refresher Course: This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Tuesday, September 8

5:30 – 9:30 p.m. \$17/\$22 53499

Wednesday, October 7

9:00 a.m. - 1:00 p.m. \$17/\$22 53500

Tuesday, November 3

12:30 – 4:30 p.m. \$17/\$22 53501

Tuesday, December 8

9:00 a.m. – 1:00 p.m. \$17/\$22 53502

MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. **The 8-Hour class fee is \$24.00; the 4 hour class fee is \$20.00.**

8-Hour Full Course: This 2 session class is for those who have never taken a course.

Mon. & Tues., November 9 & 10 5:30 – 9:30 p.m.

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Tuesday, Sept. 15 12:30 – 4:30 p.m.

Monday, Sept. 21 8:30 – 12:30 p.m.

Tuesday, Sept. 29 5:30 – 9:30 p.m.

Monday, Oct. 5 8:30 – 12:30 p.m.

Tuesday, Oct. 13 5:30 – 9:30 p.m.

Tuesday, Oct. 27 12:30 – 4:30 p.m.

Thursday, Nov. 12 8:30 – 12:30 p.m.

Wednesday, Nov. 18 12:30 – 4:30 p.m.

Tuesday, Dec. 1 12:30 – 4:30 p.m.

Wednesday, Dec. 9 12:30 – 4:30 p.m.

Adult Computer Education

COMPUTER EDUCATION ☎ E

on Windows 10 Systems!

Would you like to learn new computer skills? The Maple Grove Computer learning Center offers courses to adults who want to use computers for fun and profit. The computer lab, which is located in the Senior Center, can accommodate six learners. Our volunteer instructors and coaches pace classroom and individualized instruction to learners' needs. *Learning Center volunteers provide additional support and time to practice new skills during open lab every Wednesday from 11:30 to 2:00.* We use Microsoft Windows 10, Office 365, Adobe Family Tree Maker, and Photoshop Elements software. Class fees include instruction materials and a "flash drive" with your work and files for home use. Call Kris 763-494-6514 with questions. The Classes offered are:



INTRODUCTION TO COMPUTERS & MICROSOFT OFFICE 2013

This course is intended for beginner level users, or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight 2½ hour weekly lessons using Microsoft Office. *Proficiency with the mouse is helpful for this class.*

Maple Grove Community Center, Senior Center
Mondays, September 21 – November 9

9:00 – 11:30 a.m. \$60 (8 ses) 53485

WORD PROCESSING, MICROSOFT WORD

Word Processing is the most commonly used software on your computer. We use it to type a memo, send an e-mail, save a recipe, or write a book. Whatever your use of the computer is, you are surely going to benefit by understanding more about word processing! This course provides an introduction to Microsoft Word's Word Processing for Windows. Learn how to write letters, format a newsletter, type minutes for your meetings, or send a letter to your whole holiday list, whatever needs writing! Cut, paste, insert, text box, graphics, labels and more are planned for this 8-week class. **Prerequisite:** *Introduction to Computers, or equivalent experience.*

Maple Grove Community Center, Senior Center
Thursdays, September 24 – November 12

1:00 – 3:00 p.m. \$60 (8 ses) 53486

GENEALOGY & FAMILY TREE MAKER

Come learn the program *Family Tree Maker*, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. If you have always wanted to get started with the search on your family or are currently involved in a search and would like a great format to put it in, here is the class for you! **Prerequisite:** *Introduction to Computers.*

Maple Grove Community Center, Senior Center
Wednesdays, September 23 – November 11

9:00 – 11:30 a.m. \$60 (8 ses) 53487

WINDOWS 10 OPERATING SYSTEM AND FILE MANAGEMENT

Have you ventured into Windows 10? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand apps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement. Learn to use Windows Explorer to find, save, move, copy and delete files and folders. Also, learn to rename files, back-up files, use system restore and do basic preventative maintenance on the computer.

Maple Grove Community Center, Senior Center
Fridays, September 25 – November 13

9:00 - 11:00 a.m. \$60 (8 ses) 53488



GOOGLE CHROME

Search the internet the fast and easy way with Google Chrome's free web browser. Google Chrome works on the Personal Computers, Max Computers and Mobile devices. Using Google Chrome, on a **personal computer**, you will search the internet using **voice recognition**, create and organize bookmarks into folders, do tab browsing, set the homepage, view your history and learn about the privacy features in Google Chrome. Other features covered are creating a Google account, setting up the account, and **sync** your bookmarks to your other computers and Mobile Devices.

Tuesdays, September 22 & 29

9:00 – 11:30 a.m. \$15 (2ses) 53489

Tuesdays, October 20 & 27

9:00 – 11:30 a.m. \$15 (2ses) 53490

Adult Computer Education

G-MAIL

Gmail is a popular web-based email service provided by Google that works on Personal Computers, Mac Computers, and most Mobile devices. Working on a Personal Computer learn how to compose, send, and respond to emails, then explore Gmail's features for managing your email. Some of the features covered are setting up a G-mail account, sending attachments, forwarding, creating contacts, setting privacy rules, organizing email, creating an e-mail signature and creating web and email links.

Tuesdays, October 6 & 13

9:00 – 11:30 a.m. \$15 (2ses) 53491

Tuesdays, November 3 & 10

9:00 – 11:30 a.m. \$15 (2ses) 53492



INTRO TO INTERNET I

Learn the basics of using the Internet. What is an ISP, how to use links and search and find your favorite web sites. This basic class introduces you to the Internet and much of what it has to offer.

Thursday, September 24

9:00 – 11:30 a.m. \$7 (1 ses) 53493

THE INTERNET II

Learn beyond the basics of the internet using Internet Explorer 11. Download files, windows apps, your favorite wallpaper or pictures on your desktop, create favorites and store in folders, search with different browsers, comparison shop efficiently and securely, and check out some great sites. This and more can be accomplished and made simple on your PC. Go beyond the basics and really dig into the Internet.

Thursdays, October 1 – 15

9:00 – 11:30 a.m. \$22 (3 ses) 53481

E-MAIL, WINDOWS LIVE ON WINDOWS 10

Just need to perfect your understanding of e-mail? Using the free Windows Live Email program, learn the Basics of sending and receiving e-mail, including using fonts and color in your message. Also, learn how to create an address book for an individual and group, attach an image and forward a joke. This and more will be taught in this 2 week class.

Thursdays, October 22 & 29

9:00 – 11:30 a.m. \$15 (2 ses) 53482

FACEBOOK

Wondering what all the conversation is about? Just starting or wanting to learn how to do more with your Facebook account? We will cover starting a Facebook account, security measures to take, settings and notifications, finding friends, posting comments, adding pictures, creating an event and inviting family.

Thursday, November 5

9:00 – 11:30 a.m. \$7 (1 ses) 53483

SKYPE

Call anywhere in the world through your computer for FREE. Using your Internet connection, Skype software a computer camera and microphone you can visit with far flung friends and family. Read that bedtime story with your grandchild, watch them at a recital, or just visit and see eye to eye that all is well.

Thursday, November 12

9:00 – 11:30 a.m. \$7 (1 ses) 53494

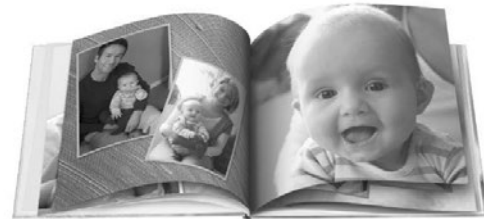
EXCEL SPREADSHEETS, MICROSOFT OFFICE 2013

Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. This class will help you understand formulas, creating sequences and worksheets, format cells, design a spreadsheet, and more!

Prerequisite: *Introduction to Computers, or equivalent experience.*

Monday, September 21 – November 9

1:00 – 3:30 p.m. \$60 (8 ses) 53484



PHOTOSHOP ELEMENTS

Step-by-step, learn the basics of PhotoShop Elements software (Version 13). Transfer photos to the classroom computer from your own digital camera or a flash drive. Tag, move, organize, find, and improve selected photos. Experience the satisfaction of learning how to straighten and crop, repair damaged and faded photos, move an object from one photo to another, and create a high-quality print. Our on-screen demos, clear instructions, and knowledgeable coaches provide the support you need. This course is challenging. Expect to practice the lessons on your home computer. **Prerequisite:** *Fun with Graphics* or previous photo-editing experience.

Fridays, September 25 – November 13

1:00 – 4:00 p.m. \$60 (8 ses) 53495

FUN WITH GRAPHICS

Learn to use the many capabilities of the surprisingly powerful PrintArtist software, (Version 24 or 25). Learn with our on-screen demonstrations of computer graphics techniques, our step-by-step instructions, and volunteer coaches Every week, get a printed lesson for learning in the computer lab and on your home computer. Enjoy the experience of designing personalized greeting cards, labels, business cards, bookmarks, and album pages. Use a fast, touchscreen computer and a color laser printer for a professional finish to your graphic creations. **Prerequisite:** *Introduction to Using Your Computer*, a basic understanding of computer files management, and accuracy in using a mouse.

Tuesdays, September 22 – November 10

1:00 – 4:00 p.m. \$60 (8 ses) 53496

OPEN LAB ON COMPUTERS

Maple Grove Community Center, Senior Center

Wednesdays 11:30 – 2:00 p.m.

There is no fee for current students, but pre-registration is required by calling Kris at 763-494-6514.

Adult Trips & Adventures

ADULT TRIPS ☎ E

TRIP REGISTRATION AND CANCELLATION POLICY

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. **All registration is accepted immediately.** Participants may cancel trips with refund prior to the registration deadline date. (A \$5.00 processing fee is charged) If you need to cancel after the registration deadline, a refund will be given *only* if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.

Bus transportation leaves and returns from the Community Center unless otherwise stated in the trip write-up. Return times for all trips are approximations, and may be adjusted due to weather, traffic or scheduling conflicts.



BREWERY TOURS ☎ E

Sit back, relax and enjoy an afternoon of touring and tasting at a couple of great Minneapolis brew houses. We start our afternoon at Fulton where we will get a behind the scenes tour of beer making. Along with enjoying a sampling of Fulton's delicious beer we'll have a pizza and salad lunch to ready us for our next stops. After we've experienced, explored and enjoyed at Fulton, we move on to Sisyphus and Boom Island breweries. Have a meet and greet with their brew masters and enjoy a few more tastes before we head back to Maple Grove. Last day to register or cancel is September 2.

Wednesday, September 16

Noon – 5:00 p.m. \$48 53080



101 MARKET LUNCHEON ☎ E

You are invited to join us for lunch and time to shop in "The Season's Best", a true family owned and operated business since 1997. Started in a pole building with a temporary greenhouse and then transformed into this beautiful facility on 101 in Otsego. Plan to savor a four-course menu which will include unlimited pots of fresh brewed coffee, a warm scone, delicious soup du jour, chef's choice sandwich or entry and delectable dessert all served on vintage china with fine linens. Consider joining us for this relaxing lunch and social gathering among the beautiful harvest of the season! Last day to register/cancel is August 25.

Tuesday, September 22

11:00 – 2:30 p.m. \$35 53081

TREASURE ISLAND & SPIRIT OF THE WATER ☎ E



Enjoy some time gaming at Treasure Island Casino, and then sit back and enjoy a leisurely cruise and delicious lunch as the autumn colors surround you. Come aboard the Spirit of the Water and enjoy a unique experience cruising the beautiful Mississippi

River! Enjoy a buffet luncheon including grilled flank steak, roasted chicken, salad, potatoes, and cookies. Register early, it fills fast! NOTE: walking required to the boat landing. Fee includes buffet, cruise and bus. **Special Registration Note: When you register, you will be asked to provide your Casino Card number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate the free bus ride. Last day to register or cancel is September 11.*

Wednesday, September 30

7:30 – 5:30 p.m. \$40 53870

ST CROIX VALLEY BRUNCH TRAIN ☎ E

Hear the clickity-clack with a summertime ride on the rails with Osceola & St Croix Valley Dinner Train in grand old railroad tradition, while traveling down the St Croix Valley. We will enjoy all the sensations of a bygone era from the vintage turn-of-the-century railcar or in the air-conditioned comfort of a modern streamliner. Take in the stunning vistas of Bridal Veil Falls, Buttermilk Falls and the Cedar Bend Drawbridge while enjoying a delicious brunch, served on china & fine linen with your choice of champagne, sparkling juice, soft drinks or rich coffee that will complete this charming brunch. Fee includes train ride, brunch and motorcoach bus. Last day to register/cancel is September 24.

Thursday, October 8

9:45 – 3:00 p.m. \$67 53076

GLENSHEEN & FOREPAUGH'S ☎ E

Great American History Theatre

Start with Sunday brunch served family style at historic Forepaugh's. Here at Forepaugh's, you will enjoy award winning American Cuisine and service excellence in a historic and charming 19th-century setting. After brunch we head to experience another mansion at the History Theatre. Enjoy the musical *Glensheen*. An heiress, kind and generous, found dead in her bed. Her night nurse, laying lifeless on the staircase. A robbery? A clumsy break-in? A conspiracy? A scandal! The Congdon family tragedy splashed across the headlines of every newspaper in Minnesota. But what really happened on that fateful night at the Glensheen Mansion? Whodunit? Hatcher and Poling have concocted a dark musical in the vein of Sondheim's Sweeney Todd that tackles this tale with wicked dialogue and incredibly moving songs. It's the most bizarre mystery in Minnesota history! Last day to register or cancel is September 10.

Sunday, October 11

11:30 – 5:30 p.m. \$67 53083

Adult Trips & Adventures

GERITOL FROLICS ☎ E

in Brainerd

The Geritol Frolics is a musical variety show presented in vaudeville fashion by talented performers over age 55 from around the Brainerd Lakes area. Originally created as a means of promoting involvement of seniors in community theatre, the show has become an entity in its own right, delighting audiences with a fast-paced show of song, dance and comedy at the Franklin Arts Center. We think you will leave with a smile on your face and in your heart singing our theme song, "You're As Young As You Act, You're As Young As You Feel". Before we leave the Brainerd area, let's stop for a delicious seasonal buffet at Prairie Bay, including beef brisket and ¼ roasted chicken as the entrees. Chef Matt loves food, whether cooking, serving, eating, or just talking about it. Food is his profession and passion and Matt's rapport with 40 local farmers allows him to use as much local product as he can! So, don't miss this adventure northbound! Last day to register or cancel is October 1.

Thursday, October 22

12:00 noon – 8:30 p.m. \$58

53079



SISTERS OF SWING & ANTON'S SUPPER CLUB ☎ E

St. Cloud Paramount Theatre

Let's venture to the beautiful St. Cloud Paramount Theatre while they feature the signature vocal sound of Minnesota's own Andrews Sisters. While performers, Lisa Pallen, Kathy Mueller and Aimee Lee beautifully recreate the vocal stylings of the first million selling "girl group", backed by an 8-piece band led by two-time Ivey Award-winning arranger and musical director Raymond Berg, you'll be sure to enjoy "Boogie Woogie Bugle Boy", "Rum and Coca Cola", "Apple Blossom Time" and many more of their greatest hits. Bill Arnold of Triple Espresso fame serves as host. Before this high-energy nostalgic trip down memory lane, plan to relish a scrumptious meal at the renowned Anton's Supper Club, in an authentic log cabin nestled along the Sauk River known for their giant popovers. You will be welcomed with hearty laughter and sounds from the "Roaring 20's". Relax with the beautiful view and great food and your choice of **chicken almond stuffed popover, chicken boursin, pan fried walleye or their award winning BBQ ribs**. What an enchanting day with the great music of the Swing Era and the historic supper club of Anton's! Last day to register or cancel is September 25.

Tuesday, October 27

9:45– 5:00 p.m.

\$54

53082

THE THINGS THEY CARRIED & ST. PAUL GRILL ☎ E

Great American History Theatre

We start our day out at the History Theatre to see *The Things They Carried*. Based on the quintessential book about the Vietnam experience, it is the powerful telling of Tim O'Brien's personal journey from his innocent years in a small town in western Minnesota, to the jungles of Vietnam as a young American soldier, and back again. This award-winning book is adapted for stage by one of Minnesota's finest storytellers and a fellow veteran, and performed as a one-man show by Pearce Bunting (*Radio Man*). *The Things They Carried* is a powerful, clever and provocative story of loss and redemption. Following the show we stop at the St. Paul Grill for lunch. Here, enjoy the historical St. Paul Hotel's main restaurant with a choice of: **Landmark Salad (spinach & chicken plus), Black & Blue Burger, Walleye Sandwich, The Grill Charlies (2 grilled medallions of beef on buns) or Chicken Pot Pie** and finish the meal off with a Turtle Tort. Last day to register or cancel is October 1.

Thursday, November 5

9:00 – 3:00 p.m.

\$57

53071

CHURCH BASEMENT LADIES ☎ E

Plymouth Playhouse

This drive-yourself trip starts with a chicken buffet lunch and then finishes with the return of the original hit and very funny show *Church Basement Ladies*. In 2005, the first *Church Basement Ladies Musical* opened to wild enthusiasm. We're bringing the original back to celebrate ten years of laughter, toe-tapping music and touching memories that will once again make you laugh and cry all the way home. Meet in the lobby to be escorted to lunch. There is very limited seating, so please don't arrive before the designated time. Last day to register or cancel is October 22. **Meet at the Lobby of the Kelly Inn, 2705 Annapolis Ln N, Plymouth, MN 55441**

Thursday, November 12

11:30 – 3:00 p.m.

\$38

53077

ST. CROIX CASINO ☎ E

Receive \$5.00 upon your arrival to the casino... but even better... it is Senior Day today at the casino. Everyone over the age of 50 gets an additional \$5.00 too! That's \$10.00 to everyone over 50! (This is given to you on your TLC card, not in cash) Enjoy your four hour stay with the variety of gaming choices and many lunch options. Fee includes casino incentives* and motor coach. Last day to register/cancel is October 22.

**Special Registration Note: When you register, you will be asked to provide your TLC number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives.*

Wednesday, November 18

8:00 - 3:00 p.m.

\$5

53871

Adult Trips & Adventures



HORMEL HOLIDAY TEA & TOUR ☎ E

in Austin, MN

Start the Holidays with a Happy Holiday Tour in Austin, Minnesota! Treat yourself to the Hormel Holiday Tea and Tour. Discover the 1871 Hormel Historic Home stylishly decorated for the holiday and then experience a traditional holiday tea menu with seasonal entertainment. Next, stop at the Austin ArtWorks Center, a space to learn, create, display and perform in all artistic avenues. While here, preserve this memorable day by creating your own holiday ornament to take home. Lunch can't get any better than the Piggy Blue's Barbeque, including a choice of **pork, chicken or beef brisket sandwich with baked beans, cole slaw, mild sauce and iced tea, coffee, or soda and then gelati for dessert.** Before heading home, explore the one of a kind nativity house that displays over 850 complete nativity scenes from over 42 countries. Last day to register or cancel is November 4.

Friday, November 20

8:30 – 6:00 p.m.

\$59

53078

BEAUTIFUL - THE CAROLE KING MUSICAL ☎ E

Orpheum Theatre

Beautiful – The Carole King Musical tells the inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. *Beautiful* has a book by Tony Award-nominee and Academy Award-nominated writer Douglas McGrath, direction by Marc Bruni and choreography by Josh Prince. *Beautiful* is the winner of two 2014 Tony Awards. Last day to register or cancel is September 1.

Sunday, November 29, 12:00 – 4:00 p.m.

Main Floor, Side seating \$90

53073

Balcony seating \$55

53074

HOLIDAY LIGHTS ☎ E

Travel around the area, not too far to see the variety and extent of Christmas decorations that our neighbors display. Moe and Carol Klinge have escorted these tours for 20 years, and continue to perfect their locations. As usual a "pit" stop is included with home baked holiday treats. A fun not-to-miss holiday tradition! Last day to register or cancel is November 19

Wednesday, December 9

6:00 – 9:30 p.m.

\$30

53084

ST CROIX OFF BROADWAY DINNER THEATRE ☎ E

in Hudson, WI

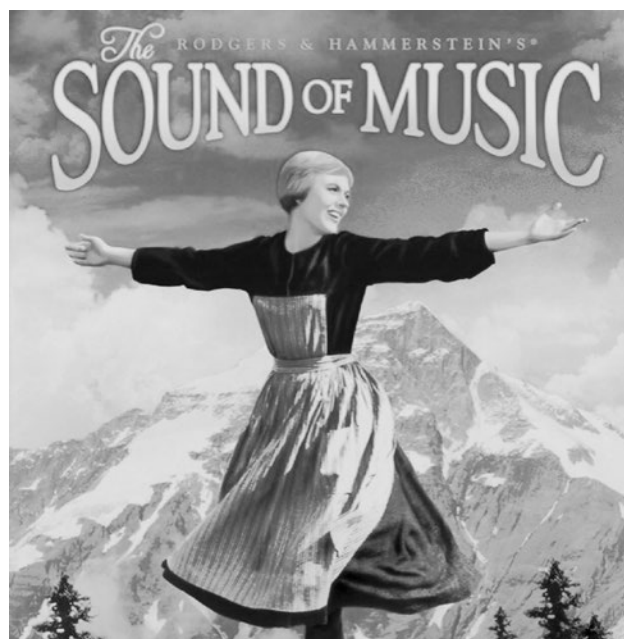
St. Croix Off Broadway Dinner Theatre at Hudson House Grand Hotel offers casual wholesome dining with the best that the St. Croix Valley has to offer in musical theatre and comedy. It's Christmas Eve 1943, and the Feddington Players are now broadcasting from a hole-in-the-wall studio in Newark, NJ, and set to present their contemporary "take" on Dickens' "A Christmas Carol". Whether it's the noisy plumbing, missed cues, electrical blackouts, or the over-the-top theatrics of veteran actor, but radio novice, William St. Claire, this radio show is an entertaining excursion into the mayhem and madness of a live radio show. The show is propelled to a simultaneously comedic and heart-wrenching dramatic climax: St. Claire has an on-air breakdown, and begins to connect his own life with that of the classic Dickens' tale. You can't help but grin and bare it with this radio routine! Last day to register or cancel is November 12.

Saturday, December 12

11:00 – 4:00 p.m.

\$54

53085



SOUND OF MUSIC ☎ E

Ordway Theatre

This holiday season, the Ordway is alive with the sounds of Rodgers & Hammerstein's beloved musical classic. Full of iconic songs such as "My Favorite Things," "Do Re Mi," and "Edelweiss," the timeless story of Maria and the musical Von Trapp family is a blockbuster family event you won't want to miss! Last day to register or cancel is October 9.

Sunday, December 27, 1:00 – 5:30 p.m.

Area 2 seating

\$91

53068

Area 4 seating

\$64

53072

Adult Trips 2016

2016 Preview

A GENTLEMAN'S GUIDE TO LOVE AND MURDER ☎ E

Orpheum Theatre

Getting away with murder can be so much fun...and there's no better proof than the knock-'em-dead hit show that's earned unanimous raves and won the 2014 Tony Award® for BEST MUSICAL - ***A Gentleman's Guide To Love & Murder!*** Coming direct from New York, where a most gentlemanly NPR critic said he'd "never laughed so hard at a Broadway musical," *Gentleman's Guide* tells the uproarious story of Monty Navarro, a distant heir to a family fortune who sets out to jump the line of succession by - you guessed it - eliminating the eight pesky relatives (all played by one fearless man) who stand in his way. All the while, Monty has to juggle his mistress (she's after more than just love), his fiancée (she's his cousin but who's keeping track?), and the constant threat of landing behind bars! Of course, it will all be worth it if he can slay his way to his inheritance...and be done in time for tea. *The Hollywood Reporter* raves, "*Gentleman's Guide* restores our faith in musical comedy" and *The New York Times* cheers, "It will lift the hearts of all those who've been pining for what sometimes seems a lost art form." Last day to register or cancel November 6.

Sunday, January 10

Noon - 4:30 p.m. \$55 53859

THE WEDDING SINGER ☎ E

Old Log Theatre

Start with lunch and your choice of **Beef Short Ribs, Pan Seared Tilapia, Vegetarian Pasta or Roasted Chicken Breast**. After lunch, enjoy your choice of comfortable seating in the theater for a new musical based on the movie of the same name. Robbie Hart is New Jersey's favorite wedding singer until his fiancée leaves him at the altar. Heartbroken, he is forced to reexamine the meaning of love and marriage with the help of Julia, a waitress from one of his wedding-singing venues. Last day to register or cancel January 12.

Wednesday, January 27

10:30 - 5:00 p.m. \$57 53866

NEWSIES ☎ E

Orpheum Theatre

They delivered the papers, until they made the headlines...Direct from Broadway comes ***Newsies***, the smash-hit, crowd-pleasing new musical from Disney. Winner of the 2012 Tony Awards® for Best Score and Best Choreography, *Newsies* has audiences and critics alike calling it "A musical worth singing about!" (*The New York Times*). Filled with one heart-pounding number after another, it's a high-energy explosion of song and dance you just don't want to miss. Based on true events, *Newsies* tells the captivating story of a band of underdogs who become unlikely heroes when they stand up to the most powerful men in New York. It's a rousing tale about fighting for what's right...and staying true to who you are. Now is the time to seize the day with *Newsies*. Last day to register or cancel December 4.

Wednesday, February 10

6:30 - 11:30 p.m. \$55 53867

Artistic Opportunities



OIL PAINTING ☎ E

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. **No prior experience is necessary.** You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. The paintings may be viewed at the Maple Grove Community Center, room 112. Supply list on request, or purchase all supplies to complete the picture from the instructor for \$15.00. Instructor, Dianne Swanson.

Maple Grove Community Center

GREEN COVERED BRIDGE

Thursdays, September 10 - October 1

1:00 - 3:30 p.m. \$40 (4 ses) 53578

6:00 - 8:30 p.m. \$40 (4 ses) 53579

ALEXANDER COUNTRY ROAD

Thursdays, October 8 - 29

1:00 - 3:30 p.m. \$40 (4 ses) 53580

6:00 - 8:30 p.m. \$40 (4 ses) 53581

MONTANA BEAR COUNTRY

November 5 - December 3 (ex Nov 26)

1:00 - 3:30 p.m. \$40 (4 ses) 53582

6:00 - 8:30 p.m. \$40 (4 ses) 53583



COLOR MIXING ☎ E

Learn the techniques of mixing and matching color in your projects. These techniques apply to all types of media and can be used with watercolor, oil, acrylics and even threads and yarn. Spend three weeks practicing mixing techniques, working on "color wheels" and creating a reference notebook. The last three sessions will be spent creating a colorful desert scene using only red, white, blue and yellow colors. Instructor: Dianne Swanson. *Up to a \$15.00 supply fee will be collected at the first class (dependent on actual purchase price).*

Maple Grove Community Center

Mondays, September 14 - October 19

1:00 - 3:30 p.m. \$60 (6 ses) 53591

6:00 - 8:30 p.m. \$60 (6 ses) 53592

Artistic Opportunities



STUDIO ARTS ☎ E

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, 'do your own thing', but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away! Instructor, Dianne Swanson.

Maple Grove Community Center

Tuesdays, September 8 – October 6

9:30 – 12:00 p.m. \$45 (5 ses) 53584

Tuesdays, October 13 – November 10

9:30 – 12:00 p.m. \$45 (5 ses) 54585

Tuesdays, November 17 – December 15

9:30 – 12:00 p.m. \$45 (5 ses) 54586



BASIC CAKE DECORATING ☎ E

Always wanted to create that special occasion cake with your own decorating? Come and learn how to do basic cake decorating. Learn simple borders, the always popular rose and drop flowers, writing and more. A supply list provided at first class. Instructor, Pauline Hoffine. A \$5.00 supply fee will be collected at the first class.

Maple Grove Community Center

Wednesdays, Sept 9 - 30

6:00 – 8:30 p.m. \$35 (4 ses) 53588

Wednesdays, Oct 7 – 28

6:00 – 8:30 p.m. \$35 (4 ses) 53589

Tuesdays, Nov 10 – Dec 1

6:00 – 8:30 p.m. \$35 (4 ses) 53590

TIME TO QUILT TOGETHER ☎ E

Share ideas, patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this group allows you to gather the first and 3rd Wednesdays to work on projects. Work on your own project or make a lap-sized quilt to donate to North Memorial Hospice. If you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Bring your own sewing machine (if needed) and project. Enjoy any part of the day that fits into your schedule!

Maple Grove Community Center, Senior Center

The first & third Wednesday of each month

9:30 – 3:00 p.m.

\$10 (yearly fee)

53593



WOODCARVING ☎ E

Come to a mutual aid society! Any level of woodcarver is invited to join this group! If you are a beginner or a master woodcarver, you are welcome to join in. The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a wood carver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and wood carving tools!

Maple Grove Community Center

Every Tuesday ongoing

12:30 – 3:00 p.m.

\$10 (yearly fee)

53594



ANYTHING GOES CRAFTERS ☎ E

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

Maple Grove Community Center

Wednesdays, Ongoing

9:00 a.m. – Noon.

\$10 (yearly fee)

53587

Food & Fellowship

CELEBRATION LUNCHEONS & DINNER ☎ E

Luncheons or dinners will be served on the 3rd Thursday monthly. This is a time to gather at the Senior Center for a meal. Come for a meal and stay for the company and entertainment. The price is determined by the menu and entertainment costs. **Registration taken immediately.**

Maple Grove Community Center

Lunch, Gather 11:30 a.m., lunch noon, entertainment follows.

Dinner, Gather 4:30 p.m., dinner 5:00, entertainment follows



LUNCHEONS ☎ E

Thursday, September 17– ‘A Tribute to the Legends’

Join us with Lynde’s Catering for a delicious Roast beef and mashed potato lunch and a fabulous apple strudel for dessert! Then, settle in with Jim Berner and remember... Frank Sinatra, Dean Martin, and those other favorites from the 40’s, 50’s and 60’s! Jim brings them back with his smooth baritone voice and stories! You will truly love the tunes of the past with Jim! Last day to register or cancel is September 14.

Thursday, September 17

\$10

53574

Thursday, October 15 - ‘Satin Dolls’

Enjoy a Baked scrod, or better known as filet of cod with wild rice catered by Lynde Catering. After this delicious meal, then meet the Satin Dolls, St. Louis Park’s senior tap dance group. For the past 22+ years, these women have been staying active, entertaining crowds and breaking down barriers. “Who would have thought at my age, in my 60s, that I’d be able to do what I love?” said a dedicated member. “It proves that you don’t have to give up the things you love just because you get older.” The group’s 12 members range in age from 55 to 83 and come from throughout the west metro. Minnesota Lynx games is among their many performance venues! Last day to register or cancel is October 12.

Thursday, October 15

\$10

53575

Thursday, December 17 – ‘Holiday Traditions’

For our special holiday lunch, Listen to the sweet sounds of the violin player while Lynde Catering delight us with their chef’s special meatloaf and buttered parmesan baby reds. Don’t forget the delicious holiday dessert to top off the special occasion. Then, you will not want to miss our holiday tradition with the fun and entertaining annual visit from the adorable Montessori Kids. Every year brings a set of new faces, personalities and sweet voices that will make the day complete! Last day to register or cancel is December 14.

Thursday, December 17

\$10

53576



DINNER ☎ E

Thursday, November 19 – ‘Rosewood Trio’

Join us for our annual turkey dinner catered by the Lookout!

They will have all the special touches that a standard Thanksgiving meal can provide! Turkey, stuffing, mashed potatoes, even cranberries and of course, we will not forget the pumpkin pie for dessert! Whether you are looking for this delicious food, great company or enjoyable entertainment, we have it all! After this very tasty meal, sit back and listen to the music from the 40s and 50s from the Rosewood Trio!

Thursday, November 19

\$10

53577



CUPCAKE CONVERSATIONS

Cupcakes and coffee will be provided at this informative session. Guest speakers with a life changing situation to inspire and encourage us in our own lives will be here! The Better Business Bureau will be here to talk about scams, identity theft and more! Today, learn how to outsmart the bad guy with a few tips from Gary with the Better Business Bureau of Minnesota.

Wednesday, October 7

10:00 a.m.

Free

MOVIES, SODA, POPCORN!

Arbor Lakes Senior Living

Mondays, October 12 & 26, November 9 & 23 and December 14

Any questions, please call Kris, 763-494-6514 or Brenda, 763-494-6499. Show times are 9:30 a.m. and 12:30 p.m. We will limit seating to 25 per time slot! Please call to reserve a seat. **You may call to reserve a seat when the monthly newsletter is mailed.**

Play Cards!

500 CLUB ☎ E

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to meet with area friends and play the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. Each round you will switch partners and move around the room to meet other players from the area. A 50¢ prize fee will be collected at the start of each game date.

Maple Grove Community Center, Senior Center
Every Thursday

1:00 - 3:30 p.m. \$10 (yearly) 53516



SOCIAL BRIDGE CLUB ☎ E

Here is an opportunity for all of you bridge players to get together and enjoy the game. This is an intermediate "party bridge" game, meeting weekly. Volunteers lead the meeting every week. You're sure to make new friends and perfect your bridge skills. No partners needed to attend this game! A prize fee of 50¢ is collected at each meeting.

Maple Grove Community Center, Senior Center
Every Wednesday

12:30 - 3:30 p.m. \$10 (yearly) 53517

DUPLICATE BRIDGE ☎ E

Challenge your mind and build your bridge playing skill level! A challenging game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris 763-494-6514 if you need a partner.

Maple Grove Community Center
Every Tuesday

12:00 - 3:30 p.m. \$10 (yearly) 53518

ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. *\$5.00 paid weekly at the game to the director.* Wireless scoring and hand records.

Maple Grove Community Center
Thursdays weekly

12:00 - 3:30 p.m. \$6 (weekly)

PINOCHLE ☎ E

Want a night out of the house to socialize and play cards? A pinochle group has formed, and they are playing weekly on Tuesday evenings. If you love to play Pinochle, come join this growing group.

Maple Grove Community Center
Every Tuesday

6:30 - 9:30 p.m. \$10 (yearly) 53519

SCRABBLE ☎ E

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal game among friends every Friday afternoon. We meet in room 112, and it is a "come when available" group. Feel free to join in a game when you find yourself looking for a fun challenge on Friday. Beginners are welcome!

Maple Grove Community Center, Senior Center
Every Friday

1:00 - 3:30 p.m. \$10 (yearly) 53521



MAH JONG ☎ E

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. We welcome you to join in the fun. Come learn the game or join with other skilled players. Call Kris at 763-494-6514 with questions.

Maple Grove Community Center

Every Thursday

9:00 a.m. - 12:00 p.m. \$10 (yearly) 53522

DOMINO'S MEXICAN TRAIN ☎ E

We've just started a "Mexican Train" game. Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play, or are new to "Mexican Train" you will have a great time!

Maple Grove Community Center

Every Tuesday

1:00 - 4:00 p.m. \$10 (yearly) 53523

HAND AND FOOT ☎ E

We have started playing this fun and challenging game here in Maple Grove. Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards – the *hand*, which is played first, and the *foot*, which is played when the hand has been used up. Come and join the group meeting each week.

Maple Grove Community Center

Tuesdays weekly

9:00 a.m. - 1:00 p.m. \$10 (yearly) 53520

CRIBBAGE ☎ E

The latest card game to be added at MGCC. Join in the fun with other avid cribbage players. Come weekly, or as it fits into your schedule.

Maple Grove Community Center

Every Monday

1:00 - 4:00 p.m. \$10 (yearly) 53524

Learn to Swim - Red Cross Certification

RED CROSS CERTIFICATION

Maple Grove Middle School
7000 Hemlock Lane North
Maple Grove Community Center
12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.**
You may purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.



LEARN-TO- SWIM

The American Red Cross offers six comprehensive course levels that teach anyone 18 months thru adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined below. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to place the swimmer in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

CLASS DESCRIPTIONS

(Look for age appropriate classes)

30 Minute Classes

Parent/Child: No requirement. For children 18 months through 5 years of age. This class is designed to inform the parent how to teach the child water adjustment and safety skills. This class requires 1 adult guardian per child in the water. Classes are 30 minutes.

Age 3: This class is for 3 year olds who are ready to be in a 30 minute class without a parent. This class will work on *American Red Cross Level 1 Introduction to Water Skills*. **If a student shows they are not ready to be without the parent, you and your child may join the Parent/Child class.** Class size is 1 teacher to 3 children.

Ages 4/5 Level 1: This class is for children who are 4 - 5 years of age. The child must have completed Parent/Child class or be well adjusted to the water. **If your child shows he or she is not ready to be without a parent in class, you and your child may join the Parent/Child class.** This class will work on *American Red Cross Level 1 Introduction to Water Skills*. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Ages 4/5 Level 2: This class is for children who are 4 - 5 years of age. The child must have completed the *American Red Cross Level 1 Introduction to Water Skills* or be able to do the *Skills for Level 1*. This class will work on *American Red Cross Level 2 Fundamental Aquatic Skills*. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Ages 4/5 Level 3: This class is for children who are 4 - 5 years of age. The child must have completed the *American Red Cross Level 2 Fundamental Aquatic Skills* or be able to do the *Skills for Level 2*. This class will work on *American Red Cross Level 3 Stroke Development*. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Semi-Private Lessons: These lessons are for 2 swimmers of similar skill level who can sign up for lessons together and be taught by 1 teacher. Lessons are for ages 3 years or older. Sign up with a partner under one course code and together make the payment. Classes are 30 minutes. Register **ONLY ONCE**; then include name, address and telephone number of the second swimmer when prompted.

Private Lessons: Lessons are for age 18 months or older with any swimming ability. Class size is 1 teacher to 1 swimmer. Classes are 30 minutes.

45 Minute Classes

The American Red Cross Levels 1 through 6: These classes are for swimmers 6 years of age and older. Children who turn 6 that have been in the Age 3 or Ages 4/5 classes are able to sign up for a 45 minute class to continue in the level they have been working on. Classes are 45 minutes long with 1 teacher to 3 - 6 children. Skills are checked the first day of lessons to determine into which level swimmers will be placed. If the class your child needs does not have the **minimum of 3 swimmers, you will be offered a refund or asked to upgrade to semi private or private lessons.**

Level 1 • Introduction to Water Skills

Purpose: Helps students feel comfortable in the water.

Level 1 participants learn to:

Enter and exit water using ladder, steps or side, blow bubbles through mouth and nose for 3 seconds, bobbing 5 times, open eyes under water and retrieve submerged objects, front and back glides and floats, recover to vertical position, roll from front to back and back to front, tread water using arm and hand actions in chest deep water, alternating and simultaneous leg actions on front and back for 2 body lengths, alternating and simultaneous arm actions on front and back for 2 body lengths, combined arm and leg actions on front and back for 2 body lengths.

Level 1 Exit Skills: 1). Enter independently, using either the ladder, steps or side, travel at least 5 yards, bob 5 times then safely exit the water. (Participants can walk, move along the gutter or "swim.") 2). Glide on front at least 2 body lengths, roll to a back float for 5 seconds and recover to a vertical position.

Learn to Swim - Red Cross Certification

Level 2 • Fundamental Aquatic Skills

Purpose: Gives students success with fundamental skills.

Level 2 participants learn to:

Enter water by stepping or jumping from the side into shoulder-deep water, exit using ladder, steps or side in chest-deep water, fully submerge and hold breath 10 seconds, bob 10 times, open eyes under water and retrieve submerged objects, float on front, in jellyfish position and tuck position for 10 seconds each, recover to vertical position, roll from front to back and back to front, change direction of travel while swimming on front and back, tread water using arm and leg actions for 15 seconds, front and back glides 2 body lengths, combined arm and leg actions on front and back for 5 body lengths and finning arm action on back for 5 body lengths.

Level 2 Exit Skills: 1). Step from the side into chest-deep water, push off the bottom, move into a treading or floating position for at least 15 seconds, swim on front and/or back for 5 body lengths, then exit the water. 2). Move into a back float for 15 seconds, roll to front, then recover to a vertical position. 3). Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front, then continue swimming for at least 5 body lengths.

Level 3 • Stroke Development

Purpose: Builds on the skills in Level 2 through additional guided practice in deeper water.

Level 3 participants learn to:

Enter water by jumping from the side fully submerged, recover to surface and go to the side, headfirst entries from the side in sitting and kneeling positions into water at least 9 feet deep, push offs in streamlined position and add kick 3-5 body lengths, bobbing while moving toward safety, rotary breathing, survival float 30 seconds, back float at least one minute, change from vertical to horizontal position on front and back, tread water, flutter, scissor kick 10 yards, dolphin and breaststroke kicks on front, front crawl 15 yards and elementary backstroke 15 yards.

Level 3 Exit Skills: 1). Jump into deep water from the side, recover to the surface, maintain position by treading or floating for one minute, rotate one full turn then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water. 2). Push off in a streamlined position, then swim front crawl for 15 yards, change position and direction as necessary, swim elementary backstroke for 15 yards, then exit the water.

Level 4 • Stroke Improvement

Purpose: Develops confidence in the skills learned and improves other aquatic skills.

Level 4 participants learn to:

Compact and stride position headfirst entry into water at least 9-feet deep, feet first surface dive submerging completely, swim under water 3-5 body lengths, tread water using 2 different kicks for 2 minutes, Flutter and dolphin kick on back, front crawl for 25 yards, breaststroke for 15 yards, butterfly stroke 15 yards, sidestroke 15 yards, survival swim for one minute, front and back crawl open turn.

Level 4 Exit Skills: 1). Perform a feet-first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards. 2). Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards. 3). Submerge and swim a distance of 3 to 5 body lengths underwater without hyperventilating, return to the surface, then exit the water.

Level 5 • Stroke Refinement

Purpose: Provides further coordination and refinement of strokes.

Level 5 participants learn to:

Shallow-angle dive from the side glide 3 body lengths and begin any front stroke, tuck and pike surface dives submerging completely, tread water 5 minutes, tread water legs only two minutes, front crawl and elementary backstroke for 50 yards each, butterfly, breaststroke, back crawl and sidestroke for 25 yards each, front and back flip turns while swimming, and standard scull for 30 seconds.

Level 5 Exit Skills: 1). Perform a shallow-angle dive into water at least 9 feet deep, swim front crawl for 50 yards, then swim elementary backstroke 50 yards using appropriate and efficient turning styles throughout. 2). Swim breaststroke for 25 yards, change direction of travel as necessary, then swim back crawl for 25 yards using appropriate and efficient turning styles throughout.

Level 6 • Swimming and Skill Proficiency

Purpose: Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with “menu” options that focus on preparing participants for more advanced courses, such as Water Safety Instructor, or other aquatic activities, such as competitive swimming or diving. Level 6 has 3 menu options in addition to specialized skills, all menus work on endurance for the following six strokes: front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. Students may wish to enroll in Level 6 multiple times to take advantage of these menu options.

Fitness Swimmer – This menu teaches how to make swimming a life long way to stay fit.

Personal Water Safety – This menu emphasizes safety skills for the individual.

Fundamentals of Diving – This menu teaches safe diving skills for diving from the side of the pool and from a diving board.

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form or contact Michelle DeBace, Program Specialist with the Maple Grove Parks & Recreation Department at 763-494-6516. This information will enable us to provide a more positive learning experience for your child.

POOL CLOSINGS

The last day of the outdoor pool season is Monday, September 7. The Maple Grove Community Center indoor pools will be closed for annual maintenance Tuesday, September 8 - Sunday, September 20. The indoor pools will reopen on Monday, September 21 at 6:00 a.m.

Learn to Swim - Red Cross Certification

MAPLE GROVE MIDDLE SCHOOL SCHEDULE ☎ E

Mondays, Sept 28 – Nov 16 (ex Oct 26) *7 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$79	53645
Age 4/5 (without parent) levels 1 - 3	6:45 – 7:15 p.m. 7:20 – 7:50 p.m.	\$82 \$82	53661 53662
Private Lessons (1 teacher/1 student)	7:55 – 8:25 p.m. 8:30 – 9:00 p.m.	\$119 \$119	53731 53732
Semi-Private Lessons (1 teacher/2 students)	7:20 – 7:50 p.m. 7:55 – 8:25 p.m.	\$197 \$197	53752 53753

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$82	53737
Levels 4 – 6 Level 6 (Fitness Swimmer)	7:35 – 8:20 p.m.	\$82	53738
Adult, Jr & Sr High	7:35 – 8:20 p.m.	\$82	53743

Mon & Wed, Nov 30 – Dec 16 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$68	53646
Age 4/5 (without parent) levels 1 - 3	6:45 – 7:15 p.m. 7:20 – 7:50 p.m.	\$71 \$71	53663 53664
Private Lessons (1 teacher/1 student)	7:55 – 8:25 p.m. 8:30 – 9:00 p.m.	\$103 \$103	53733 53734
Semi-Private Lessons (1 teacher/2 students)	7:20 – 7:50 p.m. 7:55 – 8:25 p.m.	\$175 \$175	53754 53755

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$71	53739
Levels 4 – 6 Level 6 (Fitness Swimmer)	7:35 – 8:20 p.m.	\$71	53740
Adult, Jr & Sr High	7:35 – 8:20 p.m.	\$71	53744

Wednesdays, Sept 30 – Nov 18 (ex Oct 14) *7 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$79	53647
Age 4/5 (without parent) levels 1 - 3	6:45 – 7:15 p.m. 7:20 – 7:50 p.m.	\$82 \$82	53665 53666
Private Lessons (1 teacher/1 student)	7:55 – 8:25 p.m. 8:30 – 9:00 p.m.	\$119 \$119	53735 53736
Semi-Private Lessons (1 teacher/2 students)	7:20 – 7:50 p.m. 7:55 – 8:25 p.m.	\$197 \$197	53756 53757

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$82	53741
Levels 4 – 6 Level 6 (Diving Fundamentals)	7:35 – 8:20 p.m.	\$82	53742

MAPLE GROVE COMMUNITY CENTER SCHEDULE ☎ E

Saturdays, Sept 26 – Nov 21 (ex Oct 17 & 24) *7 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:20–10:50 a.m.	\$79	53648
Age 3 (without parent)	10:20–10:50 a.m.	\$82	53712
Age 4/5 (without parent) levels 1 - 3	9:10-9:40 a.m. 9:45–10:15 a.m. 10:55–11:25 a.m.	\$82 \$82 \$82	53667 53668 53669
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	8–8:30 a.m. 8:25 – 8:55 a.m. 8:35 – 9:05 a.m.	\$119 \$119 \$119	53785 53786 53787
Private Lessons (1 teacher/1 student) All levels	9:10–9:40 a.m. 9:45–10:15 a.m. 10:20-10:50 a.m. 10:55-11:25 a.m. 11:30-noon	\$119 \$119 \$119 \$119 \$119	53788 53789 53790 53791 53792
Semi-Private Lessons (1 teacher/2 students) Levels 1 & 2 only	8-8:30 a.m. 8:35–9:05 a.m.	\$197 \$197	53758 53759
Semi-Private Lessons (1 teacher/2 students) All levels	11:30-noon	\$197	53772

45 minute group lessons (ages 6 & older)

Levels 1 & 2	8:10-8:55 a.m.	\$82	53841
Levels 3 & 4	9-9:45 a.m.	\$82	53842
Levels 5 & 6 (level 6, Fitness Swimmer)	9:50-10:35 a.m.	\$82	53843
Levels 2 & 3	10:40-11:25 a.m.	\$82	53844
Adult, Jr & Sr High	9:50-10:35 a.m.	\$82	53745



Learn to Swim - Red Cross Certification

MAPLE GROVE COMMUNITY CENTER SCHEDULE ☎ E

Mondays, Sept 28 – Nov 9 (ex Oct 26) *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	53649
Age 3 (without parent)	6-6:30 p.m.	\$71	53713
Age 4/5 (without parent) levels 1 - 3	3:40-4:10 p.m. 4:15-4:45 p.m. 5:25-5:55 p.m.	\$71 \$71 \$71	53670 53671 53711
Private Lessons (1 teacher/1 student) All levels	3:40-4:10 p.m. 4:15-4:45 p.m. 4:50-5:20 p.m.	\$103 \$103 \$103	53793 53794 53818
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	6-6:30 p.m.	\$103	53795
Semi-Private Lessons (1 teacher/2 students) All levels	3:40-4:10 p.m. 5:25-5:55 p.m.	\$175 \$175	53761 53760

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$71	53845
Levels 1 - 4	5:10-5:55 p.m.	\$71	53846

Mondays, Nov 16 – Dec 14 *5 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$57	53650
Age 3 (without parent)	6-6:30 p.m.	\$60	53714
Age 4/5 (without parent) levels 1 - 3	3:40-4:10 p.m. 4:15-4:45 p.m. 5:25-5:55 p.m.	\$60 \$60 \$60	53673 53672 53674
Private Lessons (1 teacher/1 student) All levels	3:40-4:10 p.m. 4:15-4:45 p.m. 4:50-5:20 p.m.	\$86 \$86 \$86	53796 53820 53797
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	6-6:30 p.m.	\$86	53799
Semi-Private Lessons (1 teacher/2 students) All levels	3:40-4:10 p.m. 5:25-5:55 p.m.	\$142 \$142	53762 53763

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$60	53847
Levels 1 - 4	5:10-5:55 p.m.	\$60	53848



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MAPLE GROVE COMMUNITY CENTER SCHEDULE ☎ E

Tues. & Thurs., Sept 29 – Oct 22 (ex Oct 15) *7 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$79	53651
Age 3 (without parent)	6-6:30 p.m.	\$82	53715
Age 4/5 (without parent) levels 1 - 3	3:40-4:10 p.m. 4:15-4:45 p.m. 5:25-5:55 p.m.	\$82 \$82 \$82	53676 53675 53677
Private Lessons (1 teacher/1 student) All levels	3:40-4:10 p.m. 4:15-4:45 p.m. 4:50-5:20 p.m. 5:25-5:55 p.m.	\$119 \$119 \$119 \$119	53821 53822 53823 53800
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	6-6:30 p.m.	\$119	53801
Semi-Private Lessons (1 teacher/2 students) All levels	3:40-4:10 p.m.	\$197	53764
Semi-Private Lessons (1 teacher/2 students) Levels 1 & 2 only	6-6:30 p.m.	\$197	53765

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$82	53849
Levels 1 - 4	5:10-5:55 p.m.	\$82	53850

Tuesdays & Thursdays, Nov 5 – Nov 24 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	53652
Age 3 (without parent)	6-6:30 p.m.	\$71	53716
Age 4/5 (without parent) levels 1 - 3	3:40-4:10 p.m. 4:15-4:45 p.m. 5:25-5:55 p.m.	\$71 \$71 \$71	53678 53679 53680
Private Lessons (1 teacher/1 student) All levels	3:40-4:10 p.m. 4:15-4:45 p.m. 4:50-5:20 p.m. 5:25-5:55 p.m.	\$103 \$103 \$103 \$103	53802 53803 53824 53804
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	6-6:30 p.m.	\$103	53825
Semi-Private Lessons (1 teacher/2 students) All levels	3:40-4:10 p.m.	\$175	53766
Semi-Private Lessons (1 teacher/2 students) Levels 1 & 2 only	6-6:30 p.m.	\$175	53767

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$71	53851
Levels 1 - 4	5:10-5:55 p.m.	\$71	53852

Learn to Swim - Red Cross Certification

MAPLE GROVE COMMUNITY CENTER SCHEDULE ☎ E

Tuesdays & Thursdays, Dec 1 – Dec 17 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	53653
Age 3 (without parent)	6-6:30 p.m.	\$71	53717
Age 4/5 (without parent)	3:40-4:10 p.m.	\$71	53681
levels 1 - 3	4:15-4:45 p.m.	\$71	53682
	5:25-5:55 p.m.	\$71	53683
Private Lessons (1 teacher/1 student)	3:40-4:10 p.m.	\$103	53826
All levels	4:15-4:45 p.m.	\$103	53805
	4:50-5:20 p.m.	\$103	53827
	5:25-5:55 p.m.	\$103	53828
Private Lessons (1 teacher/1 student)	6-6:30 p.m.	\$103	53829
Levels 1 & 2 only			
Semi-Private Lessons (1 teacher/2 students)	3:40-4:10 p.m.	\$175	53773
All levels			
Semi-Private Lessons (1 teacher/2 students)	6-6:30 p.m.	\$175	53774
Levels 1 & 2 only			

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Personal Water Safety)	4:20-5:05 p.m.	\$71	53853
Levels 1 - 4	5:10-5:55 p.m.	\$71	53854

Wednesdays, Sept 30 – Nov 18 (ex Oct 14) *7 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$79	53654
Age 3 (without parent)	6-6:30 p.m.	\$82	53718
Age 4/5 (without parent)	3:40-4:10 p.m.	\$82	53684
levels 1 - 3	4:15-4:45 p.m.	\$82	53685
	5:25-5:55 p.m.	\$82	53686
Private Lessons (1 teacher/1 student)	3:40-4:10 p.m.	\$119	53806
All levels	4:15-4:45 p.m.	\$119	53830
	4:50-5:20 p.m.	\$119	53807
Private Lessons (1 teacher/1 student)	6-6:30 p.m.	\$119	53831
Levels 1 & 2 only			
Semi-Private Lessons (1 teacher/2 students)	3:40-4:10 p.m.	\$197	53768
All levels	5:25-5:55 p.m.	\$197	53769

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$82	53855
Levels 1 - 4	5:10-5:55 p.m.	\$82	53856

MAPLE GROVE COMMUNITY CENTER DAYTIME ☎ E

Mondays, Sept 28 – Nov 9 (ex Oct 26) *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$68	53658
Age 3 (without parent)	9:50-10:20 a.m.	\$71	53719
	10:25-10:55 a.m.	\$71	53720
Age 4/5 (without parent)	10:25-10:55 a.m.	\$71	53687
levels 1 - 3	11:00-11:30 a.m.	\$71	53688
	11:35-12:05 p.m.	\$71	53689
	12:10-12:40 p.m.	\$71	53690
Private Lessons (1 teacher/1 student)	11:00-11:30 a.m.	\$103	53832
All levels	11:35-12:05 p.m.	\$103	53833
Private Lessons (1 teacher/1 student)	9:15-9:45 a.m.	\$103	53834
Levels 1 & 2 only			
Semi-Private (1 teacher/2 students)	12:10-12:40 p.m.	\$175	53775
All levels			
Semi-Private (1 teacher/2 students)	9:15-9:45 a.m.	\$175	53776
Levels 1 & 2 only			



Mondays, Nov 16 – Dec 14 *5 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$57	53655
Age 3 (without parent)	9:50-10:20 a.m.	\$60	53721
	10:25-10:55 a.m.	\$60	53722
Age 4/5 (without parent)	10:25-10:55 a.m.	\$60	53691
levels 1 - 3	11:00-11:30 a.m.	\$60	53692
	11:35-12:05 p.m.	\$60	53693
	12:10-12:40 p.m.	\$60	53694
Private Lessons (1 teacher/1 student)	11:00-11:30 a.m.	\$86	53835
All levels	11:35-12:05 p.m.	\$86	53836
Private Lessons (1 teacher/1 student)	9:15-9:45 a.m.	\$86	53837
Levels 1 & 2 only			
Semi-Private (1 teacher/2 students)	12:10-12:40 p.m.	\$142	53777
All levels			
Semi-Private (1 teacher/2 students)	9:15-9:45 a.m.	\$142	53770
Levels 1 & 2 only			

Learn to Swim - Red Cross Certification

MAPLE GROVE COMMUNITY CENTER DAYTIME ☎ E

Tuesdays, Sept 29 – Nov 3 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:25-10:55 a.m.	\$68	53659
Age 3 (without parent)	10:25-10:55 a.m.	\$71	53724
Age 4/5 (without parent) levels 1 - 3	11:35-12:05 p.m. 12:10-12:40 p.m.	\$71 \$71	53697 53698
Private Lessons (1 teacher/1 student) All levels	9:15-9:45 a.m. 9:50-10:20 a.m. 11-11:30 a.m. 11:35-12:05 p.m.	\$103 \$103 \$103 \$103	53809 54056 53838 53839
Semi-Private (1 teacher/2 students) All levels	9:15-9:45 a.m. 9:50-10:20 a.m. 12:10-12:40 p.m.	\$175 \$175 \$175	53771 54057 53778

Tuesdays, Nov 10 – Dec 15 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:25-10:55 a.m.	\$68	53660
Age 3 (without parent)	10:25-10:55 a.m.	\$71	53726
Age 4/5 (without parent) levels 1 - 3	11:35-12:05 p.m. 12:10-12:40 p.m.	\$71 \$71	53701 53702
Private Lessons (1 teacher/1 student) All levels	9:15-9:45 a.m. 9:50-10:20 a.m. 11-11:30 a.m. 11:35-12:05 p.m.	\$103 \$103 \$103 \$103	53810 54055 53811 53812
Semi-Private (1 teacher/2 students) All levels	9:15-9:45 a.m. 9:50-10:20 a.m. 12:10-12:40 p.m.	\$175 \$175 \$175	53780 54058 53779

MAPLE GROVE COMMUNITY CENTER DAYTIME ☎ E

Wednesdays, Sept 30 – Nov 4 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$68	53656
Age 3 (without parent)	9:50-10:20 a.m. 10:25-10:55 a.m.	\$71 \$71	53727 53728
Age 4/5 (without parent) levels 1 - 3	10:25-10:55 a.m. 11:00-11:30 a.m. 11:35-12:05 p.m. 12:10-12:40 p.m.	\$71 \$71 \$71 \$71	53703 53704 53705 53706
Private Lessons (1 teacher/1 student) All levels	11-11:30 a.m. 11:35-12:05 p.m.	\$103 \$103	53813 53814
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	9:15-9:45 a.m.	\$103	53815
Semi-Private (1 teacher/2 students) All levels	12:10-12:40 p.m.	\$175	53781
Semi-Private (1 teacher/2 students) Levels 1 & 2 only	9:15-9:45 a.m.	\$175	53782



Wednesdays, Nov 11 – Dec 16 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$68	53657
Age 3 (without parent)	9:50-10:20 a.m. 10:25-10:55 a.m.	\$71 \$71	53729 53730
Age 4/5 (without parent) levels 1 - 3	10:25-10:55 a.m. 11:00-11:30 a.m. 11:35-12:05 p.m. 12:10-12:40 p.m.	\$71 \$71 \$71 \$71	53707 53708 53709 53710
Private Lessons (1 teacher/1 student) All levels	11:00-11:30 a.m. 11:35-12:05 p.m.	\$103 \$103	53816 53817
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	9:15-9:45 a.m.	\$103	53840
Semi-Private (1 teacher/2 students) All levels	12:10-12:40 p.m.	\$175	53783
Semi-Private (1 teacher/2 students) Levels 1 & 2 only	9:15-9:45 a.m.	\$175	53784



Learn to Swim - Red Cross Certification

WATER AEROBICS ☎ E

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun and stay fit with the help and buoyancy of water to support your joints. This is a great form of exercise for water lovers.

Maple Grove Community Center Pool

Mondays & Wednesdays, September 21 – November 4

7:15 – 8:00 p.m. \$107 (14 ses) 53746

Mondays & Wednesdays, November 9 – December 16

7:15 – 8:00 p.m. \$92 (12 ses) 53747

NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6 – 18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the Metropolitan area. They are sanctioned by USA Swimming.

This is a year-round program with fall, winter, spring and summer sessions. For information about our coaches, training locations and levels, practice calendars, the assessment process prior to registration or to contact the Head Coach, please visit our website at www.teamunify.com/mnnhpc.

GROUP POOL RENTAL

The Maple Grove and Osseo Junior High School pools are available on a limited basis for group gatherings. Use of the pool and lockerrooms, including supervision and lifeguards is \$90.00 per hour on weekdays and \$135.00 per hour on Friday nights and weekends. For additional information and scheduling, contact Lisa Gedker, 763-494-6494 or lgedker@maplegrovern.gov a minimum of two weeks in advance of your requested date.

BASIC LIFEGUARD REVIEW CLASS ☎ E

Here is your opportunity to renew your lifeguarding!

This course is designed to recertify those who have current certification for Basic Lifeguard. You are required to complete the pre-course test listed under the lifeguard training full class to continue the class. There will be a lecture, video and practice time to prepare for the final written tests and scenarios. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If your certification has expired, you need to take the full course which is offered at the Maple Grove Community Center starting November 6. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. If you want to keep your waterfront certification, you need to take this course and the module offered on September 28. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions. There is a minimum requirement of 6 participants to run the program. Questions may be directed to Adrienne Vassar at 763-494-6493.

Maple Grove Community Center Pool

Friday - Sunday, October 2 - 4

4:00 – 10:00 p.m. \$150 53858

BASIC LIFEGUARD TRAINING ☎ E

Purpose

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites

1. Must be 15 years old on or before the final scheduled session of this course.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards. The face may be in or out of the water. **Swim goggles are not allowed.**
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.

Certification Requirements

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 – CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar, 763-494-6493 with questions. Minimum requirement of 6 participants for the class.

Maple Grove Community Center Pool

Thursday, November 5

7:30 – 9:00 p.m.

Fridays, November 6 & 13

5:00 – 10:00 p.m.

Saturdays, November 7 & 14

5:00 – 10:00 p.m.

Sundays, November 8 & 15

4:00 – 9:00 p.m.

\$250 53857

Maple Grove Community Center

MAPLE GROVE COMMUNITY CENTER

12951 Weaver Lake Road, Maple Grove, MN 55369

Monday-Friday 6:00 a.m. - 10:00 p.m.
 Saturday 8:00 a.m. - 10:00 p.m.
 Sunday 10:00 a.m. - 10:00 p.m.
Monday, September 7 - Labor Day 10:00 am - 6:00 pm
Thursday, November 26 - Thanksgiving... Closed

Maintenance Closures

Gymnasium, Aug. 24 - 30 Closed
 Grove Cove Aquatic Center, Sept. 8 - 20..... Closed
 Maple MAZE, Indoor Playground, Sept. 21 - 25..... Closed

Telephone numbers

Banquet Room Rental..... 763-494-5969
 Birthday Party Packages 763-494-5966
 Group Reservations 763-494-5969
 Ice Arena Dead Ice Times..... 763-494-5951
 Ice Arena Office 763-494-5968
 Ice Arena Rentals 763-494-6465
 Main Number 763-494-6500
 Meeting Room Rental..... 763-494-5969
 Membership Support Services 763-494-6508
 Website www.maplegrovecommunitycenter.org
 Facebook facebook.com/maplegrovecommunitycenter

All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

Daily Admission	Regular/Non-Res.	Resident
Single, under 1 free	\$10.00	\$9.00
Family	\$33.00	\$28.00
Coupon Book	Regular/Non-Res.	Resident
10 coupons/book-all ages	\$80.00	\$80.00

Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, or the Pool Only membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center.

All Building Memberships:

	Regular/Non-Res. Annual / Monthly	Resident Annual / Monthly
Youth/Senior	\$195.00 / \$16.25	\$175.00 / \$14.58
Adult	\$235.00 / \$19.58	\$195.00 / \$16.25
Family	\$475.00 / \$39.58	\$375.00 / \$31.25

Pool Annual Memberships:

	Regular/Non-Res. Annual / Monthly	Resident Annual / Monthly
Youth/Senior	\$160.00 / \$13.33	\$135.00 / \$11.25
Adult	\$185.00 / \$15.42	\$160.00 / \$13.33
Family	\$375.00 / \$31.25	\$325.00 / \$27.08

See Membership Sale flyer on page 5

Membership Options:

You can choose from an Annual Membership (payment is made by cash, check, credit card or direct payment) or a Continual Membership (using the direct payment option using your checking account).

You can renew your annual membership online using eConnect registration by using a Visa, MasterCard or Discover Card. Use your log-in ID and account PIN and go to:

www.maplegrovecommunitycenter.org

and look for Community Center Memberships.

Online purchases for memberships are not available if you want to do the following: (you must register in person)

- If you plan on paying by check, cash or using the Direct Payment monthly option.
- If you work full-time in Maple Grove and want to receive the resident rate you must register in person and bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- If you want to receive the MERSC rate you must register in person and bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Terms and conditions will be given to you upon purchasing the membership or mailed to you for online purchases.

Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The regular/non-resident fee will be charged to additional family members. Regular/non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

Acceptable Forms of ID

- Drivers License or State ID
- Maple Grove or Osseo Jr./Sr. High School ID
- MGCC Membership ID
- ID and current pay stub from Maple Grove business

Age Criteria

- Youth - Age 17 and under
- Adult - Age 18-61
- Senior - Age 62 and above
- Family - consists of immediate family of up to two adults and their children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate. Senior is ages 62 and older. Youth is 17 & under.

Community Center Rentals & Groups



Groups, Home Schools & Private Rentals

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

Group Rates

Group rates are available for 25 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1:10 ratio of adult/youth.

**See Pool Supervision Policy for pool ratio.*

Group Rates: single activity

Gym	\$2.50
Ice Skating	\$3.75
Maple Maze, Indoor Playground	\$3.75
Grove Cove Aquatic Center	\$5.00

Group Rates: multiple activities

Grove Cove Aquatic Center & Maple Maze	\$6.00
Grove Cove Aquatic Center & Gym	\$6.00
Grove Cove Aquatic Center & Ice Skating	\$6.00
Grove Cove Aquatic Center, Maze & Ice Skating	\$7.00
Grove Cove Aquatic Center, Maze & Gym	\$7.00
All Building Daily Admission	\$8.00

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour.

Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.



Room Rental Information

Call the Community Center room rental pre-recorded information line at 763-494-5969. The Rental Coordinator works from 8:00 a.m. - 4:30 p.m., Monday - Friday. Please leave a number where you can be reached during these hours. Call two weeks or more in advance for better availability.

Room rental requests can also be made in person, by mail, by fax (fax number is 763-494-6453) or online. You can also email the Rental Coordinator at llundquist@maplegrovern.gov.

You will receive a phone call within 1 business day to inform you if your requested date is available. Once you receive your permit, you will have 5 working days to sign the permit and return with your rental payment and damage deposit.

We understand there is a great deal of planning that you will do for your large group events. You may schedule a meeting to answer all your questions. Please call 763-494-5969 and leave a message with a preferred date and time to meet.

Meeting Rooms

From seminars and meetings to birthday parties, you'll want to schedule your next event here! Call the pre-recorded line at 763-494-5969 to reserve your room now! Leave your name, address, phone number and preferred dates and times. Cancellations require a two-week notice to receive a refund. A \$50 damage deposit is required two weeks prior to the event.

Hours: Rooms are available

Monday-Friday	6:00 a.m. - 10:00 p.m.
Saturday	8:00 a.m. - 10:00 p.m.
Sunday	1:00 p.m. - 10:00 p.m.

Fees:

	<u>Regular/Non-Res.</u>	<u>Resident</u>
(Monday-Sunday)		
Private/Business	\$30.00/hr	\$25.00/hr

***Add 7.275% Sales Tax**

The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

Decorations: You are welcome to bring in your own decorations. Tape, adhesives or confetti are not allowed. We will provide ceiling hooks or magnets to use on whiteboards.

Food/Beverage: Bring your own food or schedule our food service upon scheduling the room. Select from coffee, pop, juice, cookies and muffins. **No red beverages or alcohol.**

Lobby: Parties or gift openings are not allowed in the open lobby areas. Your party group is certainly welcome, however you will be asked by staff to store your belongings in your vehicle.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.

Community Center Large Area Rentals



Community Room

The Community Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect compliment to the large meeting room. Call 763-494-5969 to process a room rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 p.m.; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 p.m. to 10:00 p.m.

Table Set-Up: Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

Decorations: You are welcome to bring in your own decorations. Ask to see our photo book for ideas.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, Green Mill and Holy Land. A licensed caterer is required to serve your refreshments and meal for an additional fee. A portable beverage bar with dispensers is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to sell alcohol at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

Fees:	Regular/Non-Res.	Resident
Private Function		
Monday - Thursday	\$375.00	\$325.00
Friday	\$425.00	\$375.00
Saturday	\$725.00	\$675.00
Sunday	\$425.00	\$375.00
Kitchen	\$75.00	\$75.00

***Add 7.275% Sales Tax**

Room 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees:	Regular/Non-Res.	Resident
Private/Business Function		
(1-5 hours)	\$45.00/hr	\$40.00/hr
Mon-Thur (evenings)	\$270.00	\$240.00
Friday (evenings)	\$270.00	\$240.00
Sat-Sun	\$270.00	\$240.00

***Add 7.275% Sales Tax**

Gymnasium Rental

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Hoops have adjustable heights. Half court rentals are available Tuesday evenings. Full court rentals are available Saturday evenings after 8:00 p.m. and Sunday evenings after 6:00 p.m.

1/2 Court Rental Fees

Regular/Non-Res.
\$55.00 per hour

Resident
\$50.00 per hour

MGCC Membership holders will receive \$10.00 off a private rental

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

Community Center Gym & Indoor Playground

Gymnasium

Daily Admission	Regular/Non-Res.	Resident
Tots-Parents free with Tot*	\$3.00	\$2.50
Single	\$7.00	\$4.00
Home School **	\$2.50	\$2.50
Coupon Book	\$35.00	\$35.00
10 coupons/book-all ages		
*Parents are free during scheduled tot time only.		
**Home School rate during designated times during the school year only.		

Everyone 9 and older MUST register to use the gym. All gym users must pay for and wear a wristband. The gymnasium schedule has specific times for drop-in basketball & pickleball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

A zero tolerance policy is enforced.

Registration: The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit. **Be Prepared:** Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

Residency as referred to on the gym schedule is defined as people who live in Maple Grove, have full-time employment in Maple Grove, or currently attends Maple Grove/Osseo Middle or Senior High School.

Acceptable Forms of ID to Register

- Drivers license with current address.
- Non-residents working full time in Maple Grove are to bring a current pay stub and drivers license.
- MGCC Resident ID.
- MN ID with photo with current address.
- State ID and utility billing in the patron's name.

Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership Holders will scan their ID's at the gym desk. All patrons must wear a wristband.

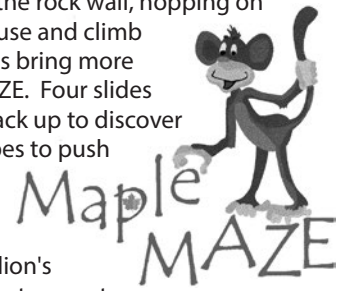
Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

www.maplegrovecommunitycenter.org.

Maple Maze - Indoor Playground

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. The toddler area for three and under has been expanded. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!



Hours of Operation

Monday – Saturday	9:00 a.m. – 8:00 p.m.
Sundays	10:00 a.m. – 6:00 p.m.
*Monday - Saturday	8:00 a.m. - 8:00 p.m.
(June 9 - September 5)	

Daily Admission	Regular/Non-Res.	Resident
Youth ages 1-12	\$5.50	\$4.50
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair

Coupon Book	Regular/Non-Res.	Resident
10 Coupons/all ages	\$40.00	\$40.00

Specials

Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

Indoor Playground Rules

- **Socks must be worn.**
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- No pushing or rough play.
- The toddler area is restricted to children 3 and under.
- Wristband must be worn.
- Groups visiting the Indoor Playground with reservations are posted.
- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.

**The MAPLE MAZE will be closed
September 21 - 25 for annual maintenance**

**The GYM will be closed
August 24 - 30 for annual maintenance**

Community Center Birthday Party Packages

Birthday Party Packages

Celebrate your child's birthday or bring a group of children to party at the Community Center!

Call the Birthday Party Hot Line at 763-494-5966. State your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period.

Basic Package

The cost is \$100 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities: playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 p.m. and Saturdays & Sundays 1:00 - 2:30 p.m. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

Reservation Information

Packages are offered Friday, Saturday and Sunday. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

A \$50.00 damage/security deposit is required within 48 hours of booking the event. Full payment is accepted on the event day. Cancellations must be received ten business days prior to the event in order for the security/damage deposit to be returned. Deposit will be processed for no shows.

Additional Options that can be added to any package:

- \$3.50 per person for a hot dog and chips
- \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- \$5.00 for extra paper supplies for up to 15 adults
- \$4.00 per pitcher of pop
- \$4.50 per adult to swim
- \$2.00 per adult for ice skating & \$2.50 for skate rental
- \$15.00 for a 10" white or chocolate cake
- \$25/hour & tax for Residents and \$30/hour & tax for Non-Residents for additional room time.

***Add 7.275% Sales Tax**



Super Hero Party

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$130 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 p.m., Saturdays & Sundays from 1:00 - 2:30 p.m. Skate rental is not included. Your party includes a decorated private room for 90 minutes, a 5" blue & green colored cake with ten cupcakes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes), super hero masks for all children and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$130.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities; swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 p.m. and Saturdays & Sundays, 1:00-2:30 p.m. Skate rental is not included. Parties include a private party room for 90 minutes, decorated in the princess theme, a royal 5" pink and purple colored cake and ten cupcakes, tiaras and crowns for every child, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes).



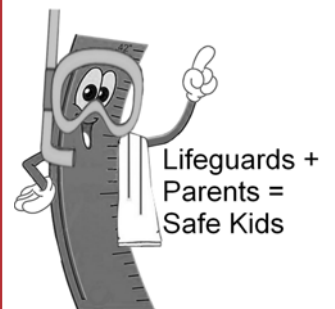
Call the birthday party hotline at 763-494-5966 to reserve.

Teen Center Birthday Celebrations (Grades 7-12) See page 28

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS =
SAFE KIDS!**



Community Center Ice Arenas

Ice Arena

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

Daily Admission	Regular/Non-Res.	Resident
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$2.50	\$2.50
*Not valid during school release days. (Youth 4 and under are free)		
Adult Open Hockey	\$6.50	\$6.50
Low Test Freestyle	\$6.50	\$6.50
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
10 coupons/book-all ages		

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

Skating Services

Skate Rentals	\$2.50 per pair
(sizes youth 8 to adult 12)	
Skate Sharpening	\$4.00 per pair

Ice Rental Rates

<i>Prime Time Ice (Sept. - May)</i>	\$190.00/hour + tax
Mon - Fri	2:00 p.m. - 11:00 p.m.
Sat & Sun	6:00 a.m. - 11:00 p.m.
<i>Non-Prime Time Ice (June-August)</i>	\$155.00/hour + tax
Mon - Fri	11:01 p.m. - 1:59 p.m.
Sat - Sun	11:01 p.m. - 5:59 a.m.

***For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice area office at 763-494-5968.**



Weekday Open Skate*

Beginning September 8
Tuesday & Thursday 11:30 a.m. – 1:00 p.m.

Youth ages 4 and under are free. Adult supervision is required.

Weekend Open Skate*

Fridays 7:15 p.m. – 8:45 p.m.
Saturdays 1:00 p.m. – 2:30 p.m.

(Beginning September 5)

Sundays 1:00 p.m. – 2:30 p.m.

Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey*

Sundays 11:15 a.m. – 12:45 p.m.

Fridays 11:30 a.m. – 1:00 p.m.

**Helmets and shin pads are required. Skaters must be 18 years or older.*

Low Test Freestyle*

Sundays 9:30 a.m. – 11:00 a.m.



School Vacation and Release Days Open Skate

\$5.00 resident & \$6.00 non-resident.

Youth ages 4 and under are free. Adult supervision is required.

Thursday, October 15	11:30 a.m. – 1:00 p.m.
Friday, October 16	11:30 a.m. – 1:00 p.m.
Monday, October 26	11:30 a.m. – 1:00 p.m.
Friday, November 27	11:30 a.m. – 1:00 p.m.

Senior Open Skate* (ages 50 and older)

Tuesdays & Thursdays 9:00 a.m. – 10:00 a.m.

(beginning September 8)

No Charge

2015 Fall Open Skate Specials*

Friday, September 25 7:15 p.m. - 8:45 p.m.

'Fall Colors' - Wear orange and receive a 50% discount on admission.

Friday, October 30 7:15 p.m. - 8:45 p.m.

'Scary Skate' - Free admission for skaters in Costume. Skate to the fun sounds of Halloween mixed with chilling and creepy music. \$2.00 for skaters not in costume. Win fun prizes!

Friday, November 27 7:15 p.m. - 8:45 p.m.

'A Thanksgiving Donation' - Bring in one can of non-perishable food to donate to a local food shelf and receive a 50% discount on admission. Bring in two cans of food and skate free!

Ice Arena Concession Stand

Thanks to OMGHA for providing volunteers and quality services with a friendly smile. Stop in for a cup of hot coffee, hot dog, cookies, french fries and more items at the lower level concession stand.



MAPLE GROVE COMMUNITY CENTER



Admission fee provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. The pool schedule is listed on page 65. Patrons under the age of 1 are free with a paying adult.

Daily Admission	Regular/Non-Res	Resident
Single - under 1 free	\$7.00	\$6.00
Family	\$25.00	\$22.00

Coupon Book	Regular/Non-Res	Resident
10 coupons/book-all ages	\$55.00	\$55.00

Hours of Operation

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs.

Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at www.maplegrovecommunitycenter.org

Flotation Fun!

During designated times, the lap pool will have fun flotation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and will be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time!

Please check at the pool customer service desk for dates and times.

The climbing wall, rope swing and volleyball net will not be available during float times.

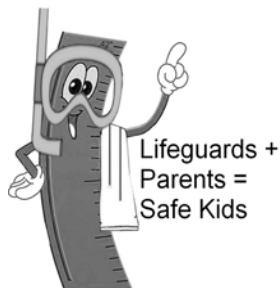
Group Rates

Group rates are available for 25 or more swimmers at \$5.00 per person. A two (2)-week advance reservation is required and you must pay with one (1) transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12 p.m., or after hours any night of the week. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now.

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS =
SAFE KIDS!**



Special Events and Family Fun

Friday Family Fundays!

Every Friday from September 25 - December 18 will be a **Friday Family Funday!** Discounted admission rates and great concession specials make each Friday a great family day at the pool. There may be drawings or give-aways for pool patrons throughout the day. Come in and check it out - specials will run all day, every Friday this Fall!

♦ Special Saturdays at the Grove Cove

♦ Marathon Weekend - October 3

Anyone who has participated in any organized race of any length can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your race number to receive the discount.

♦ Love Your Library Day - October 10

All book lovers can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your library card to receive the discount.

♦ Education Appreciation Day - October 17

All teachers, principals, school staff and their families can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your school ID to receive the discount.

♦ Scout Day - October 24

All Girl Scouts, Boy Scouts, troop leaders and their families can visit the Grove Cove for discounted daily admission of \$5.00/individual or \$19.00/family. Wear a piece of your uniform to receive the discount.

Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

Pool Rules

- ♦ US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, blue waterslide or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- ♦ Parents are **required** to be in the water with all children under 42" tall.
- ♦ Swim diapers are required for all non-trained swimmers, and are for sale at the lower level customer service desk.
- ♦ Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- ♦ No diving in any of the pools.
- ♦ No diving masks with glass lenses are allowed in the pool.
- ♦ No glass, street shoes, food or beverages in the pool area.
- ♦ No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

**The Grove Cove Pools will be closed
Sept. 8 - 20 for annual maintenance.
The indoor pools will reopen on Sept. 21 at 6:00 a.m.**

Please bring your life jackets and diving masks to the pool office to be checked before using!

THE GROVE COVE AQUATIC CENTER FALL SCHEDULE

Come in and join the fun at the Grove Cove Aquatic Center! There are activities and features for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities including a teacup, water curtain, umbrella jet water geysers and a bubble bench. This pool also includes a twisting 130-foot long waterslide that empties into 3½ feet of warm water. The Lap Pool features 25-yard lap lanes, volleyball net, and a rope swing and climbing wall that both drop into 12½ feet of water.

FALL SCHEDULE - BEGINNING SEPTEMBER 21, 2015

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am		
8:00 am	Arthritis / Open		Sr Swim / Open		Arthritis / Open	Lessons / Open	
9:00 am	Lessons / Open	Arthritis / Lessons	Lessons / Open	Arthritis / Lessons	Open Swim	8:00am-12:00 pm	
10:00 am	9:15am-12:40pm	Lessons / Open	9:15am-12:40pm	Open Swim	(Groups may use		Open Swim
11:00 am		9:15am-12:40pm		(Groups may use	Pools from 10am-		10:00am-12:00pm
12:00 pm				12pm. Pools will be	12pm. Pools will be		
1:00 pm	Sr Swim / Open	Open Swim	Sr Swim / Open	Open Swim	(Groups may use	Open Swim with	Open Swim with
2:00 pm	Open Swim	12:40pm-3:45pm	Open Swim	(Groups may use	open to Public)	Waterslide	Waterslide
3:00 pm	Lessons / Open	Lessons / Open	Lessons / Open	Lessons / Open		12:00pm-8:00pm	12:00pm-6:00pm
4:00 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm			
5:00 pm					Open Swim with		
6:00 pm	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Waterslide		Pool Closed
7:00 pm	Waterslide	Waterslide	Waterslide	Waterslide	5:00pm-9:00 pm		
8:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm		Pool Closed	

NOTE: The Leisure Pool will remain open to the Public during swim lessons and classes. We ask that open swim patrons please be respectful of classes. Instructional equipment is for class use only. **PLEASE NOTE:** The water spray features may be turned OFF during classes! On dates when lessons or classes are not in session, the entire Leisure Pool will be available for Open Swim.

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
7:00 am	6:00am-9:15am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am		
8:00 am		Sr Swim Fitness		Sr Swim Fitness		LTF Aerobics	
9:00 am	LTF Aerobics	Lap Swim	LTF Aerobics	Lap Swim	LTF Aerobics	Lessons / Lap	
10:00 am	9:15am-10:30am	9:00am-3:40pm	Lap Swim	Groups***	Groups***	9:00am-12:00pm	Lap Swim
11:00 am	Lap Swim		10:00am-3:40pm	10:00am-12:00pm	10:00am-12:00pm		10:00am-1:00pm
12:00 pm	10:30am-3:40pm			Lap Swim	Lap Swim	Lap Swim	
1:00 pm				12:00pm-3:40pm	12:00pm-5:00pm		
2:00 pm						Open Swim with	Open Swim with
3:00 pm						*Rope Swing /	*Rope Swing /
4:00 pm	Lessons / Lap	Lessons / Lap	Lessons / Lap	Lessons / Lap		Climbing Wall	Climbing Wall
5:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	Open Swim with	1:00pm-8:00pm	1:00pm-6:00pm
6:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	*Rope Swing /		
7:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	Open	Climbing Wall		Pool Closed
8:00 pm	Lap Swim	Tri Trng/Lap	Lap Swim	Lap Swim	5:00-9:00 pm	Pool Closed	

NOTE: At least one Lap Lane will remain open during afternoon swim lessons, and at least three Lap Lanes will remain open during Saturday morning swim lessons. The Lap Pool will NOT be available during Aerobics classes! On dates when lessons or classes are not in session, the Lap Pool will be open for Lap Swim. ***On Thursday and Friday mornings, when NO GROUPS are scheduled, all Lap Lanes will be available for Lap Swim. Weekly Lap Swim schedules are available at the Customer Service desks or in the literature racks located around the Community Center. *During these times, the Rope Swing and Climbing Wall will be open on an alternating basis as determined by staff.

The Pools will have **Special Hours** on the following dates due to Holidays or District #279 No School Days:

9/8/15 – 9/20/15 Pools Closed for Annual Shut-Down and Maintenance.
9/21/15 Indoor Pools re-open at 6:00 am.
10/15/15 Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00–9:00 pm.
10/16/15 Rope Swing / Climbing Wall from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.
10/26/15 Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00–9:00 pm.
11/26/15 POOLS & COMMUNITY CENTER CLOSED.
11/27/15 Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.
12/4/15 Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.

Five Easy Ways To Register!

Reg. Dates



ONLINE WITH eCONNECT

Log on to
www.maplegrovern.gov
Place icon on Parks & Recreation tab.
Click on eConnect Registration pull-down.
E Indicates electronic registration accepted.



TOUCH TONE PHONE

763-420-3662
Call the registration line and follow the instructions.

All registration (except swim) begins on Wednesday, August 19 at 9:00 am. This includes online, touch-tone, mail, fax and walk-in. Swim and evening Water Aerobics registration begins on Thursday, August 20 at 9:00 a.m.

You need to have an account established before registration for ONLINE or TOUCH TONE. Fill out the family form below to set up an account. If you don't remember your log-in ID and account PIN number, call 763-494-6500, Monday-Friday, 8:00 a.m.-4:30 p.m to retrieve your



account codes.

MAIL-IN (processed at random)

Fill out form below
Mail to: Maple Grove Parks & Recreation
12951 Weaver Lake Rd, Maple Grove, MN 55369-9409. Make checks payable



to Maple Grove Parks/Rec. Visa, Mastercard and Discover accepted.

FAXED (processed at random)

Fill out form on page 67.
Fax to secure printer 763-494-6456



Visa, Mastercard and Discover accepted.

WALK-IN REGISTRATION

Registrations can be handled Monday through Friday, 7:00 a.m. - 6:00 p.m. at the Maple Grove Community Center, 12951 Weaver Lake Rd, Maple Grove. Make checks payable to Maple Grove Parks/Rec. Visa, Mastercard and Discover accepted.

Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.



To receive your family account PIN and individual Login ID, fill out the following form and return to: Maple Grove Parks and Recreation, 12951 Weaver Lake Road, Maple Grove, MN 55369

Household - Family Information

Master Contact (whoever most often deals with Parks and Recreation services)

Master Contact: _____ Date of Birth: _____

Street: _____

City: _____ State: _____ Zip: _____

Home phone (include area code) _____ work phone (include area code) _____

Email: _____

List all other individuals (adult and children) living in your household

Last Name (if different)	First Name	Birthdate	Gender M/F	Work #	Special Need?



MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM

NAME _____ GENDER ____ AGE ____ BIRTHDATE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE: HOME _____ BEST DAY NUMBER _____ CELLPHONE _____

E-MAIL _____

ACTIVITY CODE _____ ACTIVITY TITLE _____ SKILL LEVEL (if applicable) _____

LOCATION _____ DATE _____ TIME _____ AMOUNT _____

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

Parent's Signature (if minor) or Participant's Signature

CREDIT CARD AUTHORIZED SIGNATURE _____

CHECK NO. _____ VISA/DISCOVER/MASTERCARD # _____ EXPIRATION DATE _____

MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM

NAME _____ GENDER ____ AGE ____ BIRTHDATE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE: HOME _____ BEST DAY NUMBER _____ CELLPHONE _____

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CHECK NO. _____ VISA/DISCOVER/MASTERCARD # _____ EXPIRATION DATE _____

Maple Grove Parks and Recreation Board
12951 Weaver Lake Road
Maple Grove, MN 55369

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CENTRAL PARK

OF MAPLE GROVE

12000 Central Park Way
(formerly 81st Ave N)
Maple Grove, MN 55369
763-494-6474

Two blocks east of the Maple Grove Library

Opening Soon!

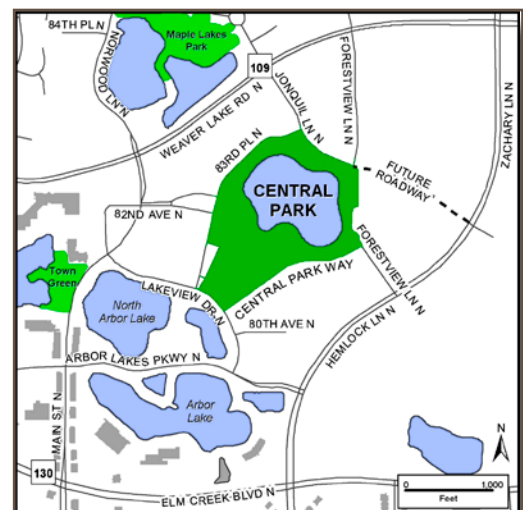


- Park hours 6:00 am - 11:00 pm
- Walking Trails
- Gardens & Labyrinth
- Interactive Fountain 10:00 am-9:30 pm
- Pickleball & Sport Courts
7:00 am - 10:00 pm (some league play)
- Concession Stand (hours TBD)

Look for official opening date and more information at
maplegrovmn.gov/parks-and-recreation

There's more to come!

- Playground - opens late fall 2015
- Ice Skating Trail - opens winter 2015



This park is still under construction and is not yet ready for visitors. Please visit maplegrovmn.gov/parks-and-recreation for opening date and more information.